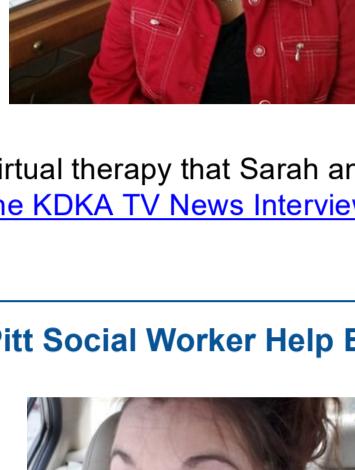




School of Social Work Alumni take leading role in fight against COVID-19

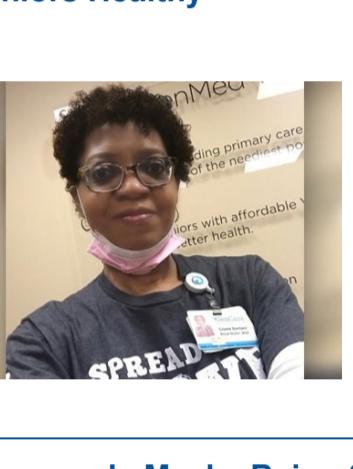
Social Work Alumna Shares Advice for Good Mental Health During Pandemic



In a recent KDKA TV news interview, Sarah Souri (SOC WK '94), a psychotherapist and Licensed Clinical Social Worker (LCSW) explained that the pandemic is a challenge as well as an opportunity for growth. She says maintaining a regular schedule, getting outside for a walk, and acknowledging the losses and disappointments brought about by the pandemic can be helpful. And those seeking emotional support should consider

virtual therapy that Sarah and many therapists are now providing. [Watch the KDKA TV News Interview](#)

Pitt Social Worker Help Extends Beyond the Workday



Miranda Simunic (UPJ '04, SOC WK '07) has put her Pitt education in psychology and social work to good use during the COVID-19 pandemic. The licensed clinical social worker, who is certified to treat children who have experienced trauma, has gotten very creative in ways to help her clients, friends, and neighbors during the pandemic. [Read more.](#)

This Pitt Social Work Grad is Taking the “Extra Step” to Keep Seniors Healthy



Celeste Stanback (SOC WK '96) continues to offer patient care in clinic and from home during the COVID-19 outbreak. She says when dealing with seniors, you need to spend a little more time with them because they are not always ready to ask for help even when they need it. And she says the need is great. [Read more.](#)

Homemade Masks Being Sent to Medical Professionals Across the Nation



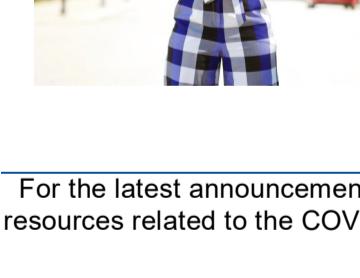
Kyoko Henson (SOC WK '01) and a friend are working every evening to sew masks for healthcare workers. They have already shipped hundreds to states across the nation. [Read more.](#)

MSW alum offers mental health support during COVID-19 outbreak



MSW alumnus Julius Boatwright's organization Steel Smiling launched a free virtual weekly mental health and wellness program this week so that Pittsburghers can get the support they need during the COVID-19 outbreak. Read more about their efforts and how to join in the [City Paper](#).

Alumnus working with families in need



Alumnus David Morris, a counselor at New Directions Counseling, offers advice to families struggling with the loss of routine for special needs children. [Read more.](#)

For the latest announcements, as well as faculty, staff, student, and community resources related to the COVID-19 pandemic please visit the Pitt School of Social Work [website](#).

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