

Mental Health Certificate Concentration Field Competencies

The concentration field placement for Mental Health Certificate students should be in an approved mental health setting PLUS meet **all** of the required practice skill areas (assessment and treatment planning discharge planning and evaluation of practice) as well as 3 intervention modalities listed below.

Assessment and Treatment Planning (required)

DSM V (diagnostic work, optional)

EP2.1.10 Engagement

- A) Prepare for action with individuals, families, and groups;
- B) Use empathy, validation and other interpersonal skills;
- C) Develop mutually agreed upon focus of work and desired outcomes.

EP2.1.10 Assessment

- (A) Collect, organize and interpret client data; (make appropriate DSM diagnosis under supervision when appropriate)
- (B) Assess client strengths and limitations;
- (C) Develop mutually agreed upon intervention goals and objectives;
- (D) Select appropriate intervention strategies based on informed consent of client.

Intervention as characterized by a minimum of 3 of the following:

- Behavior Modification
- Couples Treatment
- EAP Counseling
- Group/Family Treatment
- Individual Treatment
- Crisis Intervention

EP2.1.10 Intervention

- (A) Initiate actions to achieve client directed goals;
- (B) Implement prevention interventions that enhance client capacities;
- (C) Build on client strengths to continue to solve problems;
- (D) Empower clients in negotiating and advocating for themselves;

Discharge Planning (required)

- (E) Facilitate mutually agreed upon transitions and endings.

Evaluation of Practice (required)

EP2.1.10 Evaluation

- (A) Direct practice social workers critically evaluate their own program and practice interventions.