

## Gerontology Resources

### FILM AND DVD RESOURCES

Title	Publishing	Format / Length	Possible Courses	Summary
And Thou Shalt Honor	PBS  Director: Harry Wiland  2002	Video  120 minutes	HBSE Practice	This video examines caregiving in a warm and caring manner chronicling the increase in caregiving which results from advances in medical technology. Individuals survive for years with diseases and chronic conditions that would have resulted in death only a few years earlier. The benefits of medical advances have created a new population of persons in need of care as well as a new population of caregivers. Many, if not most of us, will be in both roles during our lifetime—caregiver and cared-for. Joe Mantegna hosts and narrates.
As Time Goes By  (Sexuality and Aging)	Fanlight Productions  1998	Video  23 minutes	HBSE Diversity Practice	<p>Expressing and receiving affection, companionship and love, are things that we all crave. Yet there is a common misconception that our needs for intimacy and romance fade as we grow older. This film actively challenges the cultural assumptions that along with age comes a disinterest in sex and intimacy. It reminds us that sexuality remains a part of our lives until the very end.</p> <p>The men and women, couples and singles profiled in this documentary openly share their experiences with love, romance and growing old. Their discussion of the place of sexuality in their lives is in vivid counterpoint to society's perceptions of sex among the Elderly. <i>As Time Goes By</i> shows us a community of vital, social people who want what most of us want: love and affection, whether it takes the form of hand-holding, cuddling, or intercourse. Perhaps the way these seniors see themselves will change the way we see them and, eventually, how we see ourselves.</p>
Betting on Older Adults: A Problem Gambling Prevention Clinical manual for Service Providers	Lemay, A., Bakich, E., and Fontaine, A.  Sault Area Hospital, St. Joseph's Care Group Centretown Community Health Centre  2006	Manual with DVD	DVD Length 16 minutes  Manual 45 pages	<ul style="list-style-type: none"> <li>• Product is Canadian</li> <li>• DVD is for older adults themselves.</li> <li>• Manual contains screening tools and a harm reduction model.</li> </ul>

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Big Mama	Producer/Director: Tracy Seretean  California Newsreel  2000	Video  40 minutes	HBSE Practice Policy	<p><b>Big Mama</b> follows 18 months in the lives of Viola Dees, an African American grandmother, and Walter, her grandson, as she tries to raise him alone in South Central Los Angeles. Dees has taken care of Walter since the age of four, when his father (Viola's son) died. Walter appears in the documentary as bright and sweetly loving to his grandmother, but also profoundly troubled, affected by his mother's prenatal drug intake. In the documentary, Walter is nine, and Dees is turning 90.</p> <p>The film focuses on the continuous battle against age discrimination faced by Dees and many like her. While contending with her own declining health and a bureaucratic and legal system that continually threatens to force them apart, Dees fights the misconception that age supersedes one's ability to love and care for a child.</p> <p>Winner of the 73<sup>rd</sup> Documentary Short Subject Academy Award.</p>
Family Lost, Family Found  From Prime Time Live	ABC News  Executive Editor: David Sloan Reporter: Cynthia McFadden  May 26, 2005	Video  40 minutes	HBSE Practice Policy	<p>They are a generation of children whose parents have essentially vanished, lost to drug abuse, incarceration, mental illness and other social problems. Filling the void for an estimated 4.5 million of these American kids are their grandparents, often forced into duty armed with few resources beyond their wisdom and devotion. In a powerful hour-long report, 'Primetime Live' explores the stories of four of these families living in Newark, New Jersey, a city that has one of the nation's highest concentrations of youth being reared by grandparents -- many in poverty and with little outside help. For nearly four years, 'Primetime' has followed these families' struggles. Cynthia McFadden talks with the children about their parents' absence, and speaks with the grandmothers about their remarkable efforts and why they think this troubling cycle of abandonment and broken lives continues.</p>
For Better or for Worse: A Celebration of Enduring Relationships	Producer: David Collier Co-Producer: Betsy Thompson  Distributed by: Direct Cinema Limited  1993	Video  55 minutes	HBSE Diversity Practice	<p>This entertaining documentary is an honest look at five culturally diverse couples married for fifty years or longer. <i>For Better or For Worse</i> attempts to answer questions that focus on issues of long-term commitments. In candid interviews, each couple discusses their private lives, covering the good and bad times during their relationships. In addition to how they met, each couple openly discusses sensitive topics such as their devotion to each other, sex, Alzheimer's disease, life and death. Drawing on rich storehouses of wisdom, they share stories of their journeys that range from living room jam sessions, to a gay pride parade, to an off-Broadway gay theatre in New York, and the backwoods of northern California. Reflecting on the diversity and fullness of the American experience, their comments offer insight into what is one of the most rewarding undertakings in life, for better or for worse.</p>

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Having Our Say: The Delany Sisters' First One Hundred Years	Producers: Camille O. Cosby, Judith R. James  Directed by Lynne Littman  Columbia Tristar Television Inc.  1999	Video  94 minutes	HBSE Diversity History Research	Based on the best-selling book by Sarah L. Delany and A. Elizabeth Delany with Amy Hill Hearth, which was later adapted into a Broadway play, <i>Having Our Say</i> tells the true story of the Delany Sisters, two African-American women who were fathered by a former slave, went on to attend college, and witnessed the slow but steady advance of civil rights in America before a reporter for The New York Times sat down with them to record their story. In the film version, 103-year-old Sadie (Diahann Carroll) is a polite and soft-spoken woman who deals cheerfully with the questions of journalist Amy Hill Hearth (Amy Madigan). Sadie's considerably more feisty 101-year-old sister (and housemate) Bessie (Ruby Dee) grumbles about "white people who ask you to explain the obvious to them," but soon adds her own stories as the Delanys discuss their quietly remarkable lives as career women and racial pioneers who not only survived Jim Crow laws, they <i>outlived</i> Jim Crow, as well. Produced for CBS Television, <i>Having Our Say</i> was first aired April 18, 1999. Incidentally, Bessie Delany died in 1995 at age 104, while Sadie, at 110, passed on in 1999, only a few months before this was first aired.
I'd Rather Be Home	Terra Nova Films  1997	Video  29 minutes	HBSE Practice Family Violence	With a primary theme of elder abuse, this film follows Norman for seven years as he suffers repeated abuse from an adult son. He is unwilling to take legal action and chooses to return home even after a severe beating resulted in a broken hip, a stroke and a temporary nursing home stay. The household consists of Norman, his wife and two adult sons. The piece courageously exposes the circle of violence, denial and tragedy of abuse toward frail adults.
If These Walls Could Talk 2	HBO  2000	Video  30 minutes	HBSE Diversity Policy/History Death & Dying	Set in the early 1960s, the world of a retired school teacher, who had been living discreetly with her life partner for many years, unravels when the partner suddenly dies. The hospital denies her access as she is not "family." Despite being "widowed" she has no protection under the law to maintain her home or assets. The film stars Vanessa Redgrave, Paul Giamatti and Elizabeth Perkins.

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Legacy	Filmmaker: Tod Lending  Distributor: Docurama  1999	DVD  90 minutes	HBSE Diversity Policy	<p>Academy Award-nominated LEGACY is the unflinching chronicle of one family's triumphant journey out of poverty and despair. Touchingly narrated by Nickcole Collins, a teenage girl wise beyond her years, the film follows the Collins family over five years as they slowly pull themselves out of a haze of poverty, drug addiction, and violence that plagues their public housing project in Chicago.</p> <p>Stereotype-busting and open-minded, LEGACY paints the American Dream in honest colors to rousing effect. Improbably, the senseless killing of 14-year-old Terrell, a straight-A student and role model for the neighborhood, spurs the family to seek a better life against impossible odds. Nickcole's mother, a high school dropout, moves in fits and starts to find a meaningful job. Aunt Wanda, mother of Terrell and longtime crack addict, enrolls herself in a drug treatment program. Nickcole catapults herself out of the inner-city trap to a college degree and a comfortable life. It's impossible not to cheer for these incredible real-life people as they cry and laugh, stumble and get back up again on their way to something better.</p>
Living Longer . . . Aging Well	Films for the Humanities & Sciences  2000	Video  29 minutes	HBSE Diversity Practice	<p>Although many cultures venerate their elders, looking to them as living repositories of wisdom and experience, America, with its "forever young" self-image, does not. Lacking societal support, how are Americans supposed to age well—to grow older with grace and understanding—and make life's final decades a meaningful experience? This program features the stories of exemplary individuals who, despite the inhospitable social climate, are growing older with courage and dignity. The video is similar to <i>Living Longer . . . Living Better</i>. Focus is more on what seniors have to offer.</p>
Living Longer . . . Living Better	Films for the Humanities & Sciences  2000	Video  29 minutes	HBSE Diversity Practice	<p>Thanks to recent advances in medicine, longevity is on the rise. But will America's youth-oriented society finally develop the maturity to respect its elders? And will the Medicare and Social Security infrastructures be able to meet the needs of the Baby Boomers? In this program, experts, including ethicist David Solmon, the directors of the Aging with Dignity Institute and of the Forever Learning Institute, and the author of <i>Another Country . . . Navigating the Emotional Terrain of Elders</i>, examine these and other pressing quality-of-life questions. Video is similar to <i>Living Longer . . . Aging Well</i>. Focus is more on the impact of changing demographics on families, communities and the nation.</p>
Man Alive: Aging and Saging	Producer: CBC  Films for the Humanities and Sciences 1998	Video  24 minutes	HBSE Generalist	<p>Man Alive Series Visits a weekend Elder Circle held at the Omega Institute in upstate New York led by Rabbi Zalman Schachter-Shalomi and Ram Dass. Participants explore cultural perceptions of aging, share experiences, and work on developing role models for healthy and graceful aging. Includes interviews with Dass, Schachte-Shalomi, and participants, and shows clips from gatherings in which discussion centers around the spiritual aspect of becoming an elder.</p>

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To Be Old, Black and Poor	Distributor: Films for the Humanities, FFH  1990	Video  58 minutes	Social Welfare  Practice Health	Old age and poverty have robbed Leonard and Sara Bass of everything but each other. They have \$200 a month in income and \$100 of that pays the rent for their cockroach infested room. Sara is no longer able to care for herself. Increasingly, Leonard cannot provide the care she needs, yes he does not want to be separated from her. Health and social service professionals intervene. Eventually Sara is placed in a nursing home while Leonard must live elsewhere.
Voices From the Field: Social Work with Older Adults	Director: Jean Schuldberg, EdD, LCSW  Produced by: Dept. of Academic Technologies, California State University, Chico Distributed by: Gero Ed Initiative  2003	DVD  18 minutes	Introduction for students or professionals to the possibility of aging services	This innovative video provides the personal perspective from individuals who are providing services to older adults as well as consumers. The video provides footage from: <ul style="list-style-type: none"> <li>• Four BSW students</li> <li>• Two MSW students</li> <li>• Four administrators</li> <li>• Five BSW practitioners</li> <li>• Nine MSW practitioners</li> <li>• One psychiatrist</li> <li>• Three social service workers who work with social workers</li> <li>• Eight consumers</li> </ul>
When Gambling is No Longer Fun	Illinois Department on Aging  2006	VHS  14 minutes	HBSE, Addictions	Targeted toward older adults, the video discusses problem gambling, its potential consequences, and how to recognize if the older adult has developed a problem. The accounts of the recovering gamblers can be informative for students.
When We are Asked  APPEAL: <u>A</u> Progressive Palliative Care Educational Curriculum for the Care of <u>A</u> frican Americans at <u>L</u> ife's End	Duke Institute o Care at the End of Life  2003	DVD  105 minutes	HBSE Death and Dying Health Care	This DVD contains short videos segments of people (including professionals, patients, and family members) discussing experiences in palliative care, death and dying for African Americans. The segments are grouped topically to fit with the APPEAL curriculum (see the Power Point resources and training manual listed below). The DVD can easily be used in short segments to supplement or enhance a class. Modules include: <ul style="list-style-type: none"> <li>• Comprehensive Patient Evaluation</li> <li>• Quality End-of-Life Care</li> <li>• Culturally Appropriate Communication</li> <li>• Pain Treatment &amp; Racial Disparities</li> <li>• Patient-Centered Decision Making</li> <li>• Fundamentals of Hospice Care</li> <li>• Spirituality in the End-of-Life Care</li> </ul>

## OTHER CLASSROOM RESOURCES

<b>Title</b>	<b>Publishing</b>	<b>Format</b>	<b>Length</b>	<b>Summary or Details</b>
<p>APPEAL: <u>A</u> Progressive <u>P</u>alliative Care <u>E</u>ducational Curriculum for the Care of <u>A</u>frican Americans at <u>L</u>ife's End</p> <p>Participant's Manual</p>	<p>Duke Institute o Care at the End of Life</p> <p>2006</p>	<p>Power Point Presentations and PDFs of slides and accompanying manual</p>	<p>About 300 slides divided into curriculum modules</p>	<p>Power Point materials for an interdisciplinary training in caring for African Americans at Life's end. Modules include:</p> <ul style="list-style-type: none"> <li>• Comprehensive Patient Evaluation</li> <li>• Quality End-of-Life Care</li> <li>• Culturally Appropriate Communication</li> <li>• Pain Treatment &amp; Racial Disparities</li> <li>• Patient-Centered Decision Making</li> <li>• Fundamentals of Hospice Care</li> <li>• Spirituality in the End-of-Life Care</li> </ul>
<p>Behavioral and Psychosocial Symptoms of Dementia</p>	<p>International Psychogeriatric Association</p> <p>Gardiner-Caldwell Communications Limited. 1998</p>	<p>Educational Pack</p>	<p>7 Module workbooks about 20 pages each</p>	<ul style="list-style-type: none"> <li>• Introduction to BPSD</li> <li>• Clinical issues</li> <li>• Etiology</li> <li>• Role of Caregivers</li> <li>• Non-pharmacological management</li> <li>• Pharmacological management</li> <li>• Cross-Cultural and transnational considerations</li> </ul>
<p>Betting on Older Adults: A Problem Gambling Prevention Clinical manual for Service Providers</p>	<p>Lemay, A., Bakich, E., &amp; Fontaine, A.</p> <p>Sault Area Hospital, St. Joseph's Care Group Centretown Community Health Centre 2006</p>	<p>Manual with DVD</p>	<p>DVD Length 16 minutes</p> <p>Manual 45 pages</p>	<ul style="list-style-type: none"> <li>• Product is Canadian</li> <li>• DVD is for older adults themselves.</li> <li>• Manual contains screening tools and a harm reduction model.</li> </ul>
<p>CSWE/SAGE – SW Faculty Development Institute</p>	<p>CSWE / SAGE</p> <p>2002</p>	<p>PowerPoint Presentations</p>	<p>From 13 to 38 slides per presentation</p>	<ul style="list-style-type: none"> <li>• 2—Bio-Psycho-Social Myths and Fallacies</li> <li>• 5—FDI Health &amp; Mental Health</li> <li>• Achieving Cultural Competence</li> <li>• Aging Demographics</li> <li>• Challenges to Infusion</li> <li>• Family Caregiving</li> <li>• Life Course Perspective</li> <li>• SW Practice with Older Adults</li> </ul>

Title	Publishing	Format	Length	Summary or Details
GeroRich Project Evaluation Tools and Resource Fair Materials	CSWE Gero-Ed Center  2003	Microsoft Word Documents  and  PowerPoint Presentations	Varies by file	<p>This CD-Rom contains evaluation tools and documents used in geriatric initiatives.</p> <ul style="list-style-type: none"> <li>○ Attitudes Knowledge and Competencies <ul style="list-style-type: none"> <li>● Faculty and Affiliate Faculty – 1 tool <ul style="list-style-type: none"> <li>✓ Focus Group Questions – 7 tools</li> <li>✓ Surveys – 15 tools</li> </ul> </li> </ul> </li> <li>○ Course Content <ul style="list-style-type: none"> <li>● Course or Syllabi Audits – 6 tools</li> <li>● Faculty and Field Instructors on Content Inclusion <ul style="list-style-type: none"> <li>✓ Focus Group Questions – 4 tools</li> <li>✓ Surveys – 4 tools</li> </ul> </li> <li>● Students on Content Inclusion – <ul style="list-style-type: none"> <li>✓ Focus Group Questions – 4 tools</li> <li>✓ Surveys – 7 tools</li> </ul> </li> </ul> </li> <li>○ GeroRich Project Evaluation <ul style="list-style-type: none"> <li>● 3 tools</li> </ul> </li> <li>○ Service Learning <ul style="list-style-type: none"> <li>● 4 tools</li> </ul> </li> <li>○ Resource Fair Material <ul style="list-style-type: none"> <li>● 71 documents and/or PowerPoint presentations</li> </ul> </li> </ul>
What Will you be Doing in 2020?	CSWE Gero-Ed Center  2008	CD Rom  Microsoft Word Documents, PowerPoint Presentations, & Pdf files	Varies by file	<ul style="list-style-type: none"> <li>● Welcome to the Gero-Ed Center</li> <li>● Programs and Projects</li> <li>● Gero social work competencies</li> <li>● Curricular and Organizational Change Strategies</li> <li>● Teaching Resources <ul style="list-style-type: none"> <li>○ HBSE Syllabus</li> <li>○ Gero-infused syllabi</li> <li>○ Role-play vignettes</li> <li>○ Case studies</li> <li>○ Teaching modules</li> <li>○ Assignments</li> </ul> </li> <li>● Publications and Reports <ul style="list-style-type: none"> <li>○ <i>Aging Times</i> e-newsletter</li> <li>○ A Blueprint for the New Millennium</li> <li>○ Infusion of Gerontology Content in 2005 and 2006 Bachelor and Master of Social Work Accreditation Reports: A Content Analysis</li> </ul> </li> </ul>

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National Institute on Aging Publications	U.S. Department of Health and Human Services  November 2004	CD-Rom  PDF files of NIA publications	Varies by file (15 to 85 pages)	<ul style="list-style-type: none"> <li>• Aging Under the Microscope a Biological Quest. 2002</li> <li>• Alzheimer's Disease Progress Report. 2003</li> <li>• Alzheimer's Disease: Unraveling the Mystery. 2002</li> <li>• Exercise Guide. 2001</li> <li>• Making Your Website Senior Friendly. 2002</li> <li>• Menopause Booklet and Update. 2001 and 2003</li> <li>• Portfolio for Progress. 2001</li> <li>• What's Your Aging IQ. 2003</li> <li>• Working with Your Older Patient: A Clinician's Handbook. 2004</li> </ul>
Teaching Aging: Syllabi, Resources & Infusion Materials for the Social Work Curriculum	Kropf, N.P. and Tompkins, C.J.  CSWE 2002	Book	219 pages	<ul style="list-style-type: none"> <li>• Course Syllabi</li> <li>• Assignments</li> <li>• Exercises</li> <li>• Modules</li> <li>• Case Studies</li> </ul>
Teaching Resource Kit  V. 2.0	SAGE-SW  2003	CD-Rom  Power Point presentation, PDF Files and Links to websites	Varies	<p>This CD contains geriatric teaching resources. Some of the websites are no longer valid. Some topics similar to v 1.0. Resources include:</p> <ul style="list-style-type: none"> <li>• infusion modules</li> <li>• special topic curriculum materials</li> <li>• infusion materials</li> <li>• exercises</li> </ul>
Teaching Resource Kit  v. 1.0	SAGE-SW  2002	Three Ring Binder	500 + pages	<p>Topics include:</p> <ul style="list-style-type: none"> <li>• curriculum modules and examples</li> <li>• life course perspective</li> <li>• diversity</li> <li>• caregiving and kinship care</li> <li>• health and mental health</li> <li>• case studies</li> <li>• communication</li> <li>• elder abuse</li> <li>• substance abuse</li> <li>• policy and legislation</li> <li>• assessment</li> </ul>
Workers 50+	AARP  2006	Information Packet	4 booklets of various lengths	<ul style="list-style-type: none"> <li>• Resource Guide for Employers</li> <li>• Phased Retirement and Flexible Retirement Arrangements: Strategies for Retaining Skilled Workers</li> <li>• Age Discrimination: What Employers Need to Know</li> <li>• A Business Case for Workers Age 50+: Planning for Tomorrow's</li> </ul>

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