



The Center for Parents and Children: The Family Check-Up

MSW FIELD PLACEMENT

Location: Center for Parents and Children
University of Pittsburgh
210 South Bouquet St. 1409 SENSQ
Pittsburgh, PA 15260

Director: Daniel S. Shaw, PhD
Co-Director: Anne M. Gill, PhD

Field Instructor: Adriana A. Chung, LCSW, MS Ed.
aac96@pitt.edu
(412) 302-8329

Supervision: Weekly individual & group supervision

Experience: The Family Check-Up (FCU) is an evidence-based, home-visiting intervention that improves child well-being and behavior by motivating parents to engage in practices and services that enhance family management and strengthen family relationships. Research has shown that the FCU initiated in early childhood leads to positive child outcomes through adolescence.

Students will be trained in administering a comprehensive and ecological assessment that includes questionnaires and videotaped family interaction tasks. Students will then offer families data-based and video-based feedback to identify family strengths and areas of concern. Parents will have the opportunity to identify areas they would like to see change, set goals and decide if they would like to engage in follow-up intervention sessions. The FCU is designed to improve child behavior by improving parenting and identifying issues that compromise optimal caregiving quality (e.g., parental well-being, parental conflict, social support). Therefore, follow-up intervention sessions may focus on parenting skills and/or improving parents' own emotional well-being and adjustment, managing stress effectively and improving co-parenting skills.

Students will be part of a large-scale implementation study, The Pittsburgh Study, which offers a tiered menu of interventions to families with infants and toddlers. They will have a caseload of 10-15 families over the course of the year.

Training Opportunities:

- Students will complete 4-5 weeks of intensive training in the evidence-based **Family Check-Up** (FCU) model, with the added opportunity to become certified in the FCU.
- Students will be trained in a parent training program, the **Everyday Parenting Curriculum**.

Requirements: Students must be 2nd year MSW students. Prefer students who are able to commit to at least 2 academic terms (8-12 months). Must be comfortable conducting home-visits. Clearances required.

If you are interested in this opportunity, please contact your field coordinator at the School of Social Work.