

**EDUCATION**

*Doctor of Philosophy*, Candidate, GPA 4.0  
University of Pittsburgh, Pittsburgh, PA, *expected May 2021*  
Gender, Sexuality, and Women's Studies Doctoral Certificate, *expected May 2021*

*Master of Social Work*, GPA 4.0  
University of Pittsburgh, Pittsburgh, PA, 2017

*Master of Arts in Teaching*, Special Education, GPA 4.0  
North Carolina State University, Raleigh, NC, 2012

*Bachelor of Science*, Health Policy and Administration, GPA 3.96  
The Pennsylvania State University, University Park, PA, May 2008  
Schreyer Honors Scholar, Minor in Economics  
Honors Thesis: The Impact of Parenting Quality on Outcomes in Therapeutic Foster Care

**JOURNAL  
ARTICLES**

Woo, J., **Ballentine, K. L.**, Shook, J., Engel, R., & Goodkind, S. (In press). Relationships among material hardships, perceived stress, and health among low-wage hospital workers. *Health and Social Work*.

**Ballentine, K. L.** & Woo, J. (In press). A structural equation model of emotional labor, work-home interaction, and well-being. *Social Work Research*.

**Ballentine, K. L.**, Goodkind, S., & Shook, J. (2020). From scarcity to investment: The range of strategies used by low-income parents with "good" low-wage jobs. [Special Issue]. *Families in Society: The Journal of Contemporary Social Services*, 101(3), 260-274

Shook, J., Goodkind, S., Engel, R., Wexler, S. & **Ballentine, K. L.** (2020). Moving beyond poverty: Effects of low-wage work on individual, social, and familial well-being. [Special Issue]. *Families in Society: The Journal of Contemporary Social Services*, 101(3), 249-259.

**Ballentine, K. L.** (2019). Understanding racial differences in diagnosing ODD versus ADHD using Critical Race Theory. *Families in Society: The Journal of Contemporary Social Services*, 100(3), 282-292.

Goodkind, S. & **Ballentine, K. L.** (2017). Feminist social work and political engagement: Working toward social justice through local policy. *Affilia*, 32(4), 425-431.

Farmer, E. M. Z, Murray, M., **Ballentine, K. L.**, Rautkis, M. & Burns, B. J. (2017). Would we know it if we saw it? Assessing quality of care in group homes for youth. *Journal of Emotional and Behavioral Problems* 25(1), 28-36.

Morris, A., **Ballentine, K. L.**, & Farmer, E. M. Z., (2012). Learning for and from the field: The experience of being a research interviewer. *Residential Treatment for Children and Youth*, 29(4), 265-281.

**Ballentine, K. L.**, Morris, A., & Farmer, E. M. Z. (2012). Following youth after out-of-home placement: Navigating a data collection obstacle course. *Residential Treatment for Children and Youth*, 29(1), 32-47.

Murray, M., Southerland, D., Farmer, E. M. Z., & **Ballentine, K. L.** (2010). Enhancing and adapting treatment foster care: Lessons Learned in trying to change practice. *Journal of Child and Family Studies*, 19, 393-403.

**ARTICLES  
UNDER REVIEW**

Woo, J., Shook, J., Goodkind, S., **Ballentine, K. L.**, Engel, R., Kim, S., Wexler, S., & Petracchi, H. (under review). Does it help? The effects of wage increases on low-wage hospital workers.

Engel, R., Wexler, S., Kim, S., Shook, J., Woo, J., **Ballentine, K. L.**, Goodkind, S., & Petracchi, H. (under review). When is enough income really enough? Differences in material hardships by a living wage threshold.

**FUNDING**

Research Director, Understanding the Effects of the Benefits Cliff on Low-wage Workers and their Young Children, Robert Wood Johnson Foundation, \$90,000, 2019-2021

Research Associate, Pittsburgh Wage Study: The Effects of Wage Increases on Hospital Workers' Lives and Work, Heinz Endowments, \$250,000, 2017-2020

Eileen Blackey Doctoral Fellow, An Examination of How Parents in Low-Wage Hospital Jobs Navigate Home, Work, and Their Children's School, NASW Foundation, \$6,500, 2019-2020

Principal Investigator, An Examination of How Parents in Low-Wage Hospital Jobs Navigate Home, Work, and Their Children's School, School of Social Work Student Research Fund, University of Pittsburgh, \$500

Principal Investigator, An Examination of How Parents in Low-Wage Hospital Jobs Navigate Home, Work, and Their Children's School, Gender, Sexuality, and Women's Studies Department Student Research Fund, University of Pittsburgh, \$960, 2019

Funded Leader, Allegheny County Jail Medical Neglect Documentation Project, Sprout Fund Seed Fund Award, \$1,000, 2016

**REFEREED  
PRESENTATIONS**

**Ballentine, K. L.**, Woo, J., & Goodkind, S. Symposium. A qualitative study of work-family conflict among low-wage parents: The role of workplace climate. Society for Social Work Research, 25<sup>th</sup> Annual Conference, January 2021. (Abstract accepted).

Goodkind, S, Hyde, C., Haley, A., **Ballentine, K. L.**, & Allmang, S. Roundtable. Social work's role in addressing precarious, undervalued work across labor sectors. Society for Social Work Research, 25<sup>th</sup> Annual Conference, January 2021. (Abstract accepted).

Woo, J., **Ballentine, K. L.**, Engel, R., Shook, J., & Goodkind, S. (2020, November 12-15). Relationships among Material Hardships, Perceived Stress, and Health among Low-Wage Workers. Paper to be presented at the 66th CSWE Annual Program Meeting. Denver, Colorado. (Abstract accepted).

**Ballentine, K. L.** & Woo, J. Symposium. A qualitative study of work-family interaction among low-income hospital workers with a "high road" employer. Work Family Research Network, New York City, June 2020. (Conference postponed).

Woo, J. & **Ballentine, K. L.** Oral Paper. More money? More problems?: Good jobs do not prevent workers' stress from spilling over to their health. Work Family Research Network, New York City, June 2020. (Conference postponed).

**Ballentine, K. L.** (2020). Oral Paper. A Holistic View of Single Parenting: Navigating Low-Wage Jobs, Elementary Schools, and Home. National Association of Social Workers National Conference. Washington, D.C., June 2020. (Oral papers cancelled).

**Ballentine, K. L.** Symposium. "I could have been there to help him more": A qualitative study of work-family conflict among low-wage hospital workers with dependent children. Society for Social Work Research, 24<sup>th</sup> Annual Conference, Washington, DC, January 2020.

**Ballentine, K. L.** & Woo, J. Oral Paper. Using structural equation modeling to understand the pathway between work-home interaction and well-being among social workers. Society for Social Work Research, 24<sup>th</sup> Annual Conference, Washington, DC, January 2020.

Goodkind, S., **Ballentine, K. L.**, Wexler, S., Waton, A., Shook, J., & Engel, R. Oral Presentation. The social construction of deserved wage: How do low-wage hospital workers respond to income inequality. Society for Social Work Research, 24<sup>th</sup> Annual Conference, Washington, DC, January 2020.

Kim, S., Woo, J., Shook, J., **Ballentine, K. L.**, Goodkind, S., Engel, R., & Wexler, S. Oral Paper. Is \$15 enough? Understanding the struggles of low-wage workers. Society for Social Work Research, 24<sup>th</sup> Annual Conference, Washington, DC, January 2020.

Farmer, E. M. Z. & **Ballentine, K. L.** Poster Presentation. Listening to youth: The importance of youth perspectives in understanding perceptions of safety and outcomes in group homes. Society for Social Work Research, 24<sup>th</sup> Annual Conference, Washington, DC, January 2020.

**Ballentine, K. L.**, MacKenzie, K. & Goodkind, S. Oral Presentation. What happens when the fight for \$15 is won? Strategies to cope with hardship among low-wage parents. Society for Social Work Research, 23<sup>rd</sup> Annual Conference, San Francisco, CA, January 2019.

Shook, J., Goodkind, S., Engel, R., **Ballentine, K. L.**, Wexler, S., Petracchi, H. & Woo, J. Oral Presentation. Raising wages of low wage workers: Does it help? Society for Social Work Research, 23<sup>rd</sup> Annual Conference, San Francisco, CA, January 2019.

Goodkind, S., **Ballentine, K. L.**, Hill, H., Shook, J., Engel, R. & Allard, S. Roundtable. Studying the Impact of Raising Wages of Low-Wage Workers. Society for Social Work Research, 22<sup>nd</sup> Annual Conference, Washington, D.C., January 2018.

Farmer, E. M. Z, Murray, M., **Ballentine, K. L.**, Morris, A. & Burns, B. J. Symposium. Improving Usual Care: The Care of Treatment Foster Care. A System of Care for Children's Mental Health Annual Conference, Tampa, FL, March 2011.

Farmer, E. M. Z., Murray, M., Kelsey, K., **Ballentine, K. L.**, Morris, A. & Burns, B. J. Quality of Care in Group Homes, Teaching Family Association Annual Meeting, Charleston, SC, November 2009.

**RESEARCH  
BRIEFS,  
REPORTS, &  
POPULAR  
ARTICLES**

**Ballentine, K. L.**, Jones-Casey, G., Goodkind, S., & Shook, J. (2020). The power of organizing: Micro meets macro. *Social Work Today*, 20(4), 6-7.

Woo, J., Shook, J., **Ballentine, K. L.**, Kim, S., Goodkind, S., Engel, R., Petracchi, H., & Wexler, S. (2020). Research brief: *Raising wages of low wage workers: Does it help?*

Woo, J., Shook, J., **Ballentine, K. L.**, Kim, S., Goodkind, S., Engel, R., Petracchi, H., Wexler, S. (2020). Research brief: *Public transit helps essential hospital workers get to work.*

Engel, R., Wexler, S., Kim, S., Tabachnick, M, **Ballentine, K. L.**, Woo, J., Goodkind, S., Petracchi, H., & Shook, J. (2020). Research brief: *Can healthcare workers' family incomes support their families?*

**Ballentine, K. L.**, Goodkind, S., Waton, A., Wexler, S., Woo, J., Kim, S., Shook, J., Engel, R., & Petracchi, H. (2020). Research brief: *"Without us the hospitals wouldn't stay open": Essential contributions of service workers.*

Kim, S., Woo, J., Shook, S., **Ballentine, K. L.**, Goodkind, S., Engel, R., & Wexler, S. (2020). Research brief: *Is \$15 enough? Understanding the struggles of low wage workers.*

Shook, J.J., Engel, R., Goodkind, S., **Ballentine, K. L.**, Linardi, S., Wexler, S., Petracchi, H., Bialick, L., Woo, J., Jacobson, D., & Fusco, R. (2017). Research brief: *Pittsburgh Wage Study preliminary findings.*

Murray, M., Dorsey, S., Farmer, E. M. Z., Burns, B. J., & **Ballentine, K. L.** (2015). *Together Facing the Challenge: A Therapeutic Foster Care Resource Toolkit*, 2<sup>nd</sup> Edition.

**INVITED  
PRESENTATIONS**

Low-wage work and parenting: Evidence from the Pittsburgh Wage Study. Psychology Outreach Lunch Series, Psychology Department, University of Pittsburgh, Pittsburgh, PA, March 2019

We are the future of SSWR: Building a strong network of social work doctoral students. Society for Social Work Research, 23<sup>rd</sup> Annual Conference, San Francisco, CA, January 2019

What is the effect of wage increases on worker well-being? Pittsburgh Wage Study Symposium, Pittsburgh, PA, September 2018

Common Disabilities and Community Services, 12<sup>th</sup> Annual UPMC Child Maltreatment Conference, Pittsburgh, PA, 2017

Best Practices in Disability Services, 12<sup>th</sup> Annual UPMC Child Maltreatment Conference, Pittsburgh, PA, 2017

**RESEARCH  
EXPERIENCE**

*Research Director – Understanding the Effects of the Benefits Cliff on Low-wage Workers and their Young Children* January 2020 - Present

School of Social Work, University of Pittsburgh, Pittsburgh, PA

Design and operationalize research method. Recruit and interview participants. Collaborate with Principal Investigators to analyze data, write manuscripts, and disseminate findings to key stakeholders and the broader community.

*Research Associate – Pittsburgh Wage Study* June 2015 - Present

School of Social Work, University of Pittsburgh, Pittsburgh, PA

Complete qualitative and quantitative data analysis with the Pittsburgh Wage Study data. Contribute to publications and presentations for a variety of audiences, including community stakeholders, funders, and researchers. Maintain study website. Train and supervise research interviewers and master's level analysts. Serve as research coordinator, responsible for participant recruitment, interview protocol and coordination, and data management.

*Research Assistant* August 2015 - May 2015

School of Social Work, University of Pittsburgh, Pittsburgh, PA

Participated in Child Welfare Resource Center research team. Completed a literature review and transcribed focus groups.

*Training Manual Developer and Editor* October 2014 - September 2015

Services Effectiveness Research Program, Department of Psychiatry and Behavioral Sciences  
Duke University Medical Center, Durham, NC

Applied feedback of social work supervisors and researchers to optimize implementation fidelity of Together Facing the Challenge Training Manual, a train-the-trainer model for Therapeutic Foster Parents. Collaborated with national leaders in Therapeutic Foster Care to create documents, manuals, checklists and promotional materials for print and e-publication.

*Research Interviewer and Data Technician* June 2008 - August 2011

Services Effectiveness Research Program, Department of Psychiatry and Behavioral Sciences  
Duke University Medical Center, Durham, NC

Collected and managed data for an NIMH-funded, statewide study of group home care for youth. Interviewed and developed professional relationships with staff of twelve agencies across North Carolina and over 800 children and their families. Participated in data analysis and management. Contributed to research publications and conference presentations.

**TEACHING  
EXPERIENCE**

*Teaching Fellow* August 2019 - December 2019  
Foundations of Social Welfare, BASW  
School of Social Work, University of Pittsburgh, Pittsburgh, PA  
Served as instructor of record for 35 diverse undergraduates. Designed engaging class activities using research-based pedagogical approaches.

*Co-Instructor* January 2019 - May 2019  
Foundations of Social Welfare, MSW  
School of Social Work, University of Pittsburgh, Pittsburgh, PA  
Collaborated with the lead instructor for the course to rework the syllabus and curriculum, selecting new readings to expose students to a more inclusive and holistic understanding of social welfare problems and policies. Updated lesson plans to clarify specific lesson objectives and increase student engagement through close reading and collaborative group activities. Completed 50% of teaching, test design, and all grading.

*Teaching Assistant* August 2018 - December 2018  
Foundations of Social Welfare, MSW  
School of Social Work, University of Pittsburgh, Pittsburgh, PA  
Provided learning support to 49 students in Foundations of Social Welfare. Taught weekly recitations. Gave two lectures. Contributed to enhancing pedagogical effectiveness.

*Guest Lecturer*  
School of Social Work, University of Pittsburgh, Pittsburgh, PA  
Queer Theory, Feminist Social Work, MSW, November 2019  
Women as Workers and Mothers, Feminist Social Work, MSW, October 2019  
Domestic Violence and Feminist Social Work Approaches, Feminist Social Work, MSW  
October 2018  
Intersectionality and Social Work Practice, Feminist Social Work, MSW, September 2018  
Examining the Use of Best Practices in Pedagogical Training for Doctoral Students, Seminar for Social Work Education, PhD, November 2017  
Professionalization of Social Work, Foundations of Social Welfare, BASW, October 2017  
The Dilemmas and Challenges of Sex Work for Social Workers, Feminist Social Work, MSW, October 2017

**RELEVANT  
EXPERIENCE**

*Program Development Specialist* May 2016 - August 2017  
Office of Children, Youth, and Families, Allegheny County Department of Human Services, Pittsburgh, PA  
Worked to develop specialized foster care programs to improve outcomes and reunification stability for children and families. Consulted on policy and practice development related to foster care provision.

*MSW Intern* January - August 2017  
Community Living and Support Services, Pittsburgh, PA  
Provided direct services to adults with disabilities including instruction in day treatment and community settings. Evaluated instructional competencies of Program Specialists in Day Treatment Program using observational and survey data to inform staff trainings. Presented to local conferences regarding best practices for working with individuals with disabilities.

*MSW Intern* October 2015 - May 2016  
Office of Children, Youth, and Families, Allegheny County Department of Human Services, Pittsburgh, PA  
Wrote a program proposal to implement enhanced foster care services for children and youth with emotional and behavioral problems. Researched best practices. Observed and interviewed caseworkers and foster care agency staff.

*Exceptional Children's Teacher and Department Chair* July 2013 - May 2015  
North Graham Elementary School, Graham, NC

Implemented research-based curricula and instructional techniques to address the individualized needs of students with disabilities in a rural Title I school. Created and provided training on a school-wide behavior intervention manual. Completed functional behavioral analyses and developed behavioral intervention plans. Served in leadership role as Department Chair and member of the following committees: District Strategic Planning Committee, the school Leadership Committee, the Positive Behavioral Intervention Support Committee, and the Response to Intervention Committee. Teacher of the year nominee.

*Second Grade Teacher* August 2012 - June 2013  
Voyager Academy Elementary School, Durham, NC  
Instructed a second grade Exceptional Children's inclusion classroom. Applied knowledge of effective instructional strategies to implement Workshop and Project-Based Learning Models with a collaborative team. Served on the Literacy Committee.

*Founder and Executive Director* September 2009 - November 2012  
Latino Educational Achievement Partnership, Durham, NC  
Founded and managed the first individualized tutoring and bilingual kindergarten readiness programs for Latinx youth in the Triangle Area. Recruited and trained volunteers to be effective instructors and inspiring mentors. Presented to local funders. Created promotional and training materials. Developed organizational structure.

*Domestic Violence and Sexual Assault Survivor's Advocate*  
Durham Crisis Response Center, Durham, NC January 2009 - October 2010  
Centre County Women's Resource Center, State College, PA August 2007 - May 2008  
YWCA of the Greater Harrisburg Area, Harrisburg, PA May - August 2007  
Provided telephone counseling. Facilitated prevention education as an educator and prevention program designer. Designed informative, multi-media materials for distribution to the public.

*Resident Assistant* August 2006 - May 2008  
Pennsylvania State University, State College, PA

*Center for Women Students Peer Educator* August 2005 - May 2008  
Pennsylvania State University, State College, PA

*English as a Second Language Tutor* January 2005 - December 2006  
Mid-State Literacy Center, State College, PA

*Policy Research and Analysis Intern* May - August 2006  
Department of Public Welfare, Medical Assistance, Harrisburg, PA May - August 2005  
Researched, analyzed and presented on federal and state policies and practices for evaluating quality of care measurements for Commonwealth Medicaid Programs. Addressed consumer and provider concerns regarding pharmaceuticals and durable medical equipment.

**REVIEWER**

*Affilia*  
*Children and Youth Services Review*  
*Families in Society*  
*Human Service Organizations: Management, Leadership, & Governance*

**SERVICE**

Member, Anti-Racist Doctoral Program Student Committee, University of Pittsburgh, 2020-Present  
Doctoral Student Representative on Inclusion and Diversity Committee, University of Pittsburgh, 2020-Present  
Doctoral Student Representative on Faculty Doctoral Committee, Doctoral Student Organization, University of Pittsburgh, 2018-2019, 2020-Present

Chair, Mentoring Subcommittee of the Doctoral Student Committee for the Society of Social Work Research, 2017-Present

Member, Leadership Subcommittee of the Doctoral Student Committee for the Society of Social Work Research, 2017-Present

Organizer, Graduate Student Organizing Committee, University of Pittsburgh, 2017-Present

Member, Post Hoc PhD Advisory Committee, Provost Office, University of Pittsburgh, 2019-2020

Interviewer, Schreyer Honors College Prospective Student Interview Program, Pennsylvania State, University, 2011-2019

Campaign Member, Allegheny County Jail Health Justice Project, 2015-2017

**AWARDS AND  
HONORS**

Dean's Scholar Award, School of Social Work, University of Pittsburgh, 2018

Achievement in Pedagogy, Center for Teaching and Learning, University of Pittsburgh, October 2017

Doctoral Paper Award: A Theoretical Analysis of Differential Diagnosis of Oppositional Defiance Disorder and Attention-Deficit and Hyperactivity Disorder by Race, Center for Race and Social Problems, University of Pittsburgh, 2017

**PROFESSIONAL  
MEMBERSHIPS**

National Association of Social Workers

Society for Social Work Research

Work and Family Researchers Network