PROJECT OVERVIEW

Travel simulation through three-part activity:

• Presentation on destinations for education & enjoyment
• Engaging memories of travel & facilitating discussion amongst residents
• Craft to engage resident creativity

Desired Outcomes:

• Facilitate resident-to-resident connection in long-term care setting
• Provide residents with feelings of awe and gratitude
• Stimulate autobiographical memories
• Impact on Older Adults: Research Covid-19—Effects of Isolation & PPE
  Loss of connection
  Inability to travel
  Decline of psychosocial wellbeing
Activity Part 1: Reminiscing Travel Experiences with the Map
Activity Part 2: Destination Experience and Sensory Stimulation
Activity Part 3: Individualized Postcards
RESPONSES

Average response:
• Residents felt connection with other residents: 4
• Residents reminisced on positive memories: 4.7
• Residents learned new exciting information: 4
Please circle the number that best represents how you felt during this activity – 1 being strongly disagree and 5 being strongly agree

I felt connected to other residents: 1 2 3 4 5

I reminisced on positive memories: 1 2 3 4 5

I learned exciting new information: 1 2 3 4 5

with love
WHAT WORKED?

Reminiscing on memories
Opportunity to talk about self
Viewing destinations and sensory portion
IMPROVEMENTS FOR NEXT TIME

Preparedness for the unexpected!
Focus on one destination—less overwhelming
Communication with assistants
Working Subtitles & sound quality for inclusivity
Thank you

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