



DECEMBER 8, 2020, 12-1:15PM

THE IMPACT OF TRAUMA ON EARLY BRAIN DEVELOPMENT

*Intensive Family Coaching Project
Lunch n' Learn Sessions*



WHAT IS MEANT BY "SERVE & RETURN"?

Back and forth interactions with an attentive adult help to form the building blocks for a baby's developing brain. These interactions are often referred to as "serve and return." This can occur with something as simple as responding to an infant's coo or with something more complex, such as following a child's lead with pretend play. If these interactions occur inconsistently -- or not at all -- a child's brain cannot develop appropriately.



Stronger Collaboration with Intensive Family Coaching: A Pilot Project

A joint project with:

University of Pittsburgh, School of Social Work

Wesley Family Services

Allegheny County Office of Children, Youth, and Families



Quick Read: 5 Steps for Brain-Building Serve and Return (Center on the Developing Child)

<https://tinyurl.com/y5dhmda8>

Longer Read: A Guide to Toxic Stress (Center on the Developing Child)

<https://tinyurl.com/y37umo9p>



The Science of Neglect (Center on the Developing Child)

<https://youtu.be/bF3j5UVCSCA>

Coping with Early Adversity and Mitigating its Effects (Center for Advanced Studies in Child Welfare)

<https://youtu.be/eS13oNQNAOg>



Serve & Return: Supporting the Foundation (The Brain Architects Podcast)

<https://tinyurl.com/y5vwcoqm>

