



JULY 13, 2021 -- 12-1:15PM

ENGAGING PARENTS WITH MENTAL HEALTH CHALLENGES

***Intensive Family Coaching Project
Lunch n' Learn Sessions***



Many caregivers involved with the child welfare system are struggling with mental health challenges. These may range from common issues, such as depression or anxiety, to less prevalent ones, such as schizophrenia or bipolar disorder. Further, such challenges may co-occur with substance abuse. Poor parental mental health can negatively impact child development. It can also make it more difficult for you as a child welfare professional to engage and build a relationship with that parent.

This is our focus for June's Lunch n' Learn.



Stronger Collaboration with Intensive Family Coaching: A Pilot Project

A joint project with:

University of Pittsburgh, School of Social Work

Wesley Family Services

Allegheny County Office of Children, Youth, and Families

Pick a resource or two from the list below to learn more about engaging caregivers who are struggling with mental health challenges.



Depression and anxiety during and after pregnancy may harm childhood development, study finds
(cnn.com)

<https://tinyurl.com/4fpap725>

Parents with Serious Mental Illnesses May Face More Scrutiny from Child Protective Services
(National Rehabilitation Information Center)

<https://tinyurl.com/rv8babr9>



Supporting Parents with Co-Occurring Disorders in Child Welfare

(Center for Advanced Studies in Child Welfare)

<https://tinyurl.com/36jfr6mj>



How do I identify and help clients with depression?
(Florida Institute for Child Welfare)

<https://tinyurl.com/6tcmv2>

