## JULY 13, 2021 -- 12-1:15PM

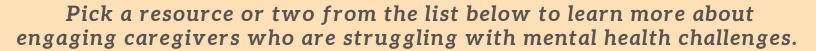
## ENGAGING PARENTS WITH MENTAL HEALTH CHALLENGES

Intensive Family Coaching Project
Lunch n' Learn Sessions



Many caregivers involved with the child welfare system are struggling with mental health challenges. These may range from common issues, such as depression or anxiety, to less prevalent ones, such as schizophrenia or bipolar disorder. Further, such challenges may co-occur with substance abuse. Poor parental mental health can negatively impact child development. It can also make it more difficult for you as a child welfare professional to engage and build a relationship with that parent. This is our focus for June's Lunch n' Learn.

Stronger Collaboration with Intensive Family Coaching: A Pilot Project
A joint project with:
University of Pittsburgh, School of Social Work
Wesley Family Services
Allegheny County Office of Children, Youth, and Families





Depression and anxiety during and after pregnancy may harm childhood development, study finds (cnn.com)

https://tinyurl.com/4fpap725

Parents with Serious Mental Illnesses May Face More Scrutiny from Child Protective Services (National Rehabilitation Information Center) https://tinyurl.com/rv8babr9



Supporting Parents with Co-Occurring Disorders in Child Welfare (Center for Advanced Studies in Child Welfare) https://tinyurl.com/36jfr6mj



How do I identify and help clients with depression? (Florida Institute for Child Welfare) https://tinyurl.com/6tcmv2





