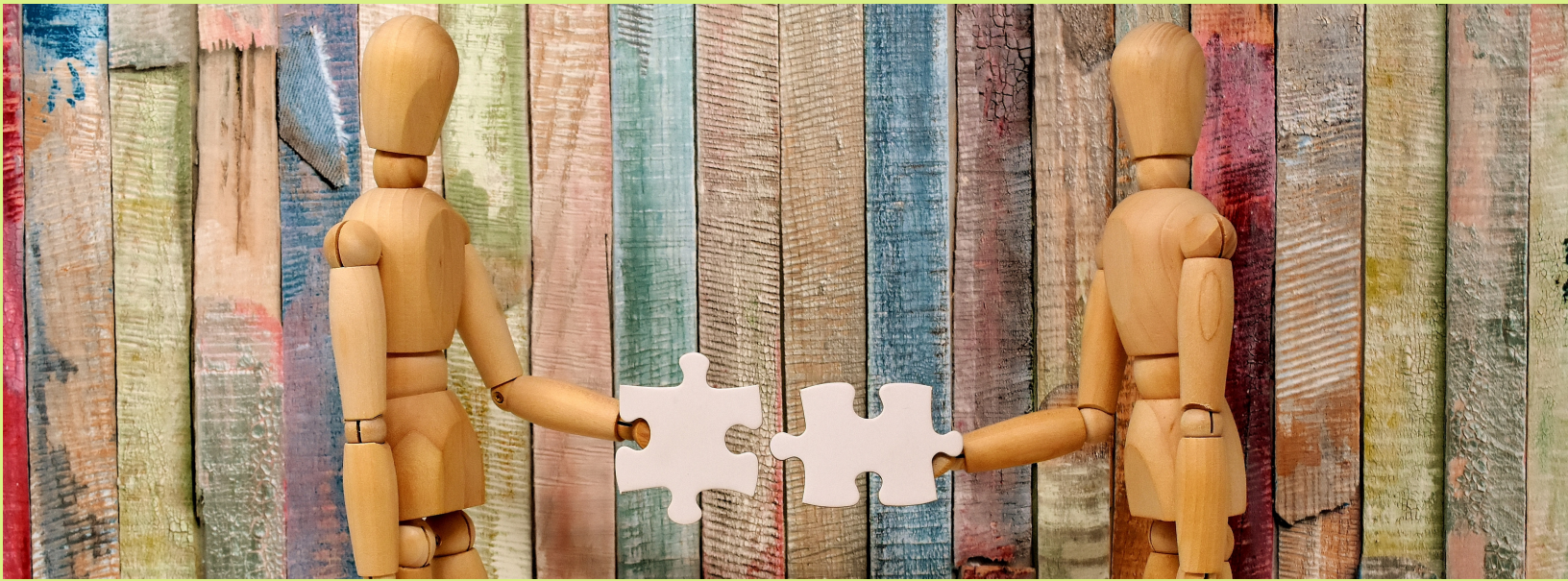


FEBRUARY 9, 2021, 12-1:15PM

NAVIGATING THE MANAGED CARE PUZZLE

*Intensive Family Coaching Project
Lunch n' Learn Sessions*



The managed care system is designed to help children and families access physical and behavioral health services. However, it can also be a complicated and overwhelming system, especially if you're a parent of a young child who is already managing multiple stressors. A resource that families may find helpful is the Allegheny Family Network (<https://www.alleghenyfamilynetwork.org/>), which is staffed by parents who have experienced similar circumstances.

This week, we're focusing on how to help parents navigate the complexities of managed care, as well as the benefits of collaboration between child welfare and behavioral health providers. For our Lunch n' Learn session, we will be joined by representatives from Community Care Behavioral Health Organization (CCBHO).

Stronger Collaboration with Intensive Family Coaching: A Pilot Project

A joint project with:

University of Pittsburgh, School of Social Work

Wesley Family Services

Allegheny County Office of Children, Youth, and Families

Pick a resource or two from the list below to learn more about the how to help parents navigate the managed care puzzle and/or to learn about the benefits of cross-system collaboration.



**Quick Read: The First 1,000 Days: Medicaid's Critical Role
(Center for Health Care Strategies)**

<https://tinyurl.com/y3qxxzsp>

**Longer Read: Using Medicaid to Help Young Children and
Parents Access Mental Health Services
(National Center for Children in Poverty)**

<https://tinyurl.com/y5gotdkp>



**The Family Voice
(Community Care Behavioral Health)**

<https://youtu.be/mjy7upQ9Osk>



**Collaborating Between Child Welfare & Mental Health
(Child Welfare Information Gateway)**

<https://tinyurl.com/yxkdc977>

