



AUGUST 10, 2021 -- 12-1:15PM

HEALTHY START

*Intensive Family Coaching Project
Lunch n' Learn Sessions*



Healthy Start is a federal program dedicated to reducing disparities in maternal and infant health status in high risk communities. Healthy Start supports women before, during, and after pregnancy by addressing their health and service needs, strengthening family resilience, and engaging community partners to enhance systems of care (<https://www.healthystartepic.org/healthy-start/program-overview/>). This month, we'll learn more about the comprehensive programming provided by Healthy Start Pittsburgh.



Stronger Collaboration with Intensive Family Coaching: A Pilot Project

A joint project with:

University of Pittsburgh, School of Social Work

Wesley Family Services

Allegheny County Office of Children, Youth, and Families

Pick a resource or two from the list below to learn more about Healthy Start and the services they provide.



Healthy Start Infographic
(mchb.hrsa.gov)
<https://tinyurl.com/2zpx6vmx>

**Infant Mortality, Preterm Birth, Low Birthweight, and
Racial Disparities**
(www.nationalhealthystart.org)
<https://tinyurl.com/cxrkj3zb>



Healthy Start is...
(www.healthystartepic.org)
<https://tinyurl.com/3j5ezzb2>

Healthy Start Men of Standards
(healthystartpittsburgh.org)
https://youtu.be/_uA1Lyatk88



Baltimore Healthy Start Podcast: Come to the Well
(baltimorehealthystart.org)
<https://tinyurl.com/bzjjbss4>

