

Ana Teresa Flores Ledesma, MSW

2117 Cathedral of Learning
4200 Fifth Avenue, Pittsburgh, PA 15260
anaflores@pitt.edu

EDUCATION

PhD	University of Pittsburgh, School of Social Work	2019 - Present
MSW	University of Pittsburgh, School of Social Work	2018 - 2020
BA	California State University, San Bernardino <i>Major: Psychology, Dean's List 2007-2011, Graduated with Departmental Honors</i>	2007 - 2011

RESEARCH INTERESTS

- Mental health services for schizophrenia and psychosis and the impact of ethnoracial identities, culture, community context, and structural racism
- Latinx mental health and intersectional disparities in SMI
- Early psychosis services and cognitive interventions
- Cross-cultural measurement and cultural adaptations
- Community-engaged mixed methods research and critical quantitative methodology

PUBLICATIONS

Peer-Reviewed Publications

1. **Flores, A. T.**, Hogarty, S.S., Mesholam-Gately, R., Barrio, C., Keshavan, M.S., & Eack, S.M. (2022). Cognitive Gains as a Mechanism of Functional Capacity Improvement in Schizophrenia: Results from a Multi-Site Randomized Controlled Trial. *Journal of Psychiatric Research*.
2. Fussell-Ware, D.J., Ballentine, K.L., **Flores, A.T.**, Ashcraft, L.E., Mangum, L., MacKenzie, K.T., Thyberg, C.T., Ballard, A.J., & Omowale, S.S. (2022). Using the Consolidated Framework for Implementation Research to promote anti-racism in social work higher education. *Advances in Social Work*.
3. Wojtalik, J., **Flores, A. T.**, Keshavan, M.S., & Eack, S.M. (2022). Premorbid Sociality Moderates Social Adjustment Change During Cognitive Enhancement Therapy for Adults with Early Schizophrenia. *Journal of Clinical Child & Adolescent Psychology*.
4. Labrum, T., Newhill, C., Simonsson, P., & **Flores, A.T.** (2022). Family Conflict and Violence by Persons with Serious Mental Illness: How Clinicians Can Intervene During the COVID-19 Pandemic and Beyond. *Clinical Social Work Journal*.
5. Labrum, T., Petros, R., Jacobs, L. A., & **Flores, A.** (2021). Supportive and Problematic Interactions Between Sexual Minorities with Serious Mental Illness and Non-intimate Partner Relatives. *Journal of Psychosocial Rehabilitation and Mental Health*.
6. Radovic, A., Odenthal, K., **Flores, A. T.**, Miller, E., & Stein, B. D. (2020). Prescribing Technology to Increase Uptake of Depression Treatment in Primary Care: A Pre-

implementation Focus Group Study of SOVA (Supporting Our Valued Adolescents). *Journal of Clinical Psychology in Medical Settings*.

7. McDougall, S. A., Pothier, A. G., Der-Ghazarian, T., Herbert, M. S., Kozanian, O. O., Castellanos, K. A., & **Flores, A. T.** (2011). Importance of associative learning processes for the one-trial behavioral sensitization of preweanling rats. *Behavioural Pharmacology*.

Under Review

8. **Flores, A. T.**, Yu, L., Barrio, C., Eack, S. M., Pinkham, A. (2023) Cross-Cultural Psychometric Properties of Social Cognition Measures in U.S. Latinxs with Schizophrenia.
9. Murphy, S. M., **Flores, A. T.**, Wojtalik, J. A., Keshavan, M. S., & Eack, S.M. (2023). Symptom Contributors to Quality of Life in Schizophrenia: Exploratory Factor and Network Analyses.
10. Newhill, C., Jacobs, L., **Flores, A. T.**, Yuan, Y. (2023). Clinician-Client Congruence in Perceptions Among Clients with Cluster-B Personality Disorders.
11. Aquino-Adriatico, G., **Flores, A.**, Adams, V., & Mangum, L. A modified duoethnography of racially diverse women doctoral students and faculty on transforming social work education. *International Journal of Qualitative Studies in Education*.

In Preparation

12. **Flores, A. T.**, Barrio, C., Eack, S. M., Pinkham, A. (2023). The Role of Acculturation in the Relationship between Social Cognition and Functional Outcomes in Schizophrenia
13. **Flores, A. T.**, Eack, S. M., & Jones, N. (2023). Exploring the Social Determinants of Cognition in Schizophrenia.
14. **Flores, A. T.**, Figuereo, V., Barrio, C., Eack, S. M. (2023). Ethnocultural Disparities in Functional Outcomes for Adults with Schizophrenia Receiving Mental Health Services in the U.S.
15. Hussain, M. A., **Flores, A. T.**, Tibiriçá, L., Barrio, C., & Palmer, B. W., (2023). Acculturation and Cognition in Schizophrenia among Latinx Adults in the United States.

REFEREED PRESENTATIONS

1. **Flores, A. T.**, Babusci, C., Davis, B. (October 2023). Equitable and Inclusive Early Psychosis Services: Considering Ethnoracial Marginalized Identities and Culture. American Psychiatric Association Mental Health Services Conference. (Panel Session)
2. **Flores, A. T.**, Pinkham, A., Eack, S. M. (May 2023). *Cross-Cultural Measurement of Social Cognition in U.S. Latinxs with a Schizophrenia Diagnosis*. The 2023 Congress of the Schizophrenia International Research Society, Toronto, Canada. (Poster)
3. **Flores, A. T.**, Figuereo, V., Barrio, C., Eack, S. M. (January 2023). *Ethnocultural Disparities in Functional Outcomes for Adults with Schizophrenia Receiving Mental*

Health Services in the U.S. Society for Social Work Research 27th Annual Conference, Phoenix, AZ. (Oral Presentation)

4. **Flores, A. T.**, Barrio, C., Figuereo, V., Eack, S. M. (January 2023). *Cultural Adaptations of Psychosocial Interventions for Latinxs with Schizophrenia: A Systematic Review Using the Ecological Validity Framework to Identify Key Cultural Elements*. Society for Social Work Research 27th Annual Conference, Phoenix, AZ. (Oral Presentation)
5. Figuereo, V., **Flores, A. T.**, Rosales, R. (November 2022). *Psychological Distress at the Intersection of Race and Gender among U.S. Latinx Adults*. Council on Social Work Education 68th Annual Program Meeting, Anaheim, CA. (Oral Presentation)
6. Aquino-Adriatico, G., **Flores, A. T.**, Adams, V. (November 2022). "If not now, when?": *Racially Diverse Women Doctoral Students on Transforming Social Work Education*. Council on Social Work Education 68th Annual Program Meeting, Anaheim, CA. (Poster)
7. Fernandez, L. **Flores, A. T.**, Abarca-Millán, E. (October 2022). *Graduate Latinx Students' Mentoring and Advising Experiences in Higher Education*. Latinx Connect 2nd Annual Conference, Virtual Conference. (Oral Presentation)
8. **Flores, A. T.**, Newhill, C., Eack, S. M. (January 2022). *Implementation of Cognitive Enhancement Therapy: Preliminary Assessment of Barriers and Facilitators Using the Consolidated Framework for Implementation Research*. Society for Social Work Research 26th Annual Conference, Washington, DC. (Poster)
9. Wojtalik, J., **Flores, A. T.**, Keshavan, K., Eack, S. M. (January 2022). *Preliminary Study of Baseline Demographic Moderators of Behavioral Change during Cognitive Enhancement Therapy for Early Course Schizophrenia*. Society for Social Work Research, 26th Annual Conference, Washington, DC. (Oral Presentation)
10. Newhill, C., Labrum, T., Yuan, Y., **Flores, A. T.**, Mulvey, E. (January 2022). *Dynamics of Violent Incidents Involving Individuals with Serious Mental Illness*. Society for Social Work Research, 26th Annual Conference, Washington, DC. (Oral Presentation)
11. **Flores, A. T.**, Wojtalik, J., Keshavan, M. S., Eack, S. M. (November 2021). *Premorbid Sociality Moderates Social Adjustment Change During Cognitive Enhancement Therapy for Adults with Early Schizophrenia*. In S. W. White (Chair), *Identifying Mechanisms of Effective Treatment: Transparency and Experimental Therapeutics in Intervention Research*. Association for Behavioral and Cognitive Therapies 55th Annual Convention, Virtual Conference. (Symposium)
12. **Flores, A.T.**, Keshavan, M. S., Eack, S. M. (April 2021). *Cognitive Gains as a Mechanism for Functional Capacity Improvements in Schizophrenia: Results from a Multi-Site Randomized Controlled Trial*. The 2021 Congress of the Schizophrenia International Research Society, Virtual Conference. (Oral Presentation)
13. **Flores, A.T.**, Newhill, C., Eack, S. M. (January 2021). *Emotion Regulation Mechanisms of Cognitive Improvement in a Multisite Trial of Cognitive Enhancement Therapy for Schizophrenia*. Society for Social Work Research, 25th Annual Conference, Virtual Conference. (Oral Presentation)
14. **Flores, A.T.**, Newhill, C. (January 2021). *Families as Partners in Reducing Violence*, Society for Social Work Research, 25th Annual Conference, Virtual Conference. (Poster)

15. **Flores, A.T.**, Newhill, C., Jacobs, L. (January 2020). *What Can Deinstitutionalization Teach Us about Decarceration?* Society for Social Work Research, 24th Annual Conference, Washington, DC. (Poster)
16. **Flores, A.T.**, Radovic, A. (March 2019). *SOVA: Community dissemination of a social media website for adolescents experiencing depression or anxiety.* Community-Engaged Scholarship Forum, University of Pittsburgh. (Poster)
17. **Flores, A.T.**, Radovic, A. (March 2019). *SOVA: Community dissemination of a social media website for adolescents experiencing depression or anxiety.* Annual Adolescent and Young Adult Health Research Symposium, University of Pittsburgh Medical Center, Children's Hospital. (Poster)

INVITED PRESENTATIONS

1. **Opening Remarks**, 1st Annual Latinx Graduation, representing the *Latin American Graduate Organization of Students (LAGOS) Executive Board*, University of Pittsburgh, Pittsburgh, PA, April 2023.
2. **Co-host**, "Who are the Black Revolutionaries? Black Cuban Politics and Activism Across the Diaspora," University of Pittsburgh Center for Race and Social Problems Latinx and Hispanic Heritage Month Lecture, Virtual Presentation, October 2021.
Speaker: Danielle Clealand, PhD (UT Austin)
3. **Presenter**, "Between Two Cultures," University of Pittsburgh Library System and Hispanic Latino Professional Association's Hispanic Round Table Discussions, Virtual Presentation, October 2021.
4. **Organizer and Moderator**, "Present and Represented: Latinx MH Research, Service, and Experience in Pittsburgh," The Office of Diversity and Inclusion's Town Hall Series to Commemorate Hispanic Heritage Month, virtual presentation, September 2020
Panelists: Patricia Documet, MD, DrPH; Daniela García Zubieta, LCSW; Diego Chaves-Gnecco, MD, MPH, FAAP; Ana Vidina Hernández, MSSW, MA
5. **Presenter**, "Treating Teen Mental Health in 2019," Pittsburgh Science and Technology Academy, Pittsburgh, PA, January 2019.

FUNDING AND AWARDS

**F31 Ruth L. Kirschstein National Research Service Award Individual
Predoctoral Fellowship to Promote Diversity in Health-Related
Research** 2022
Awarded

National Institutes of Health – National Institute of Mental Health

Description: "Social Cognition in Latinxs with Schizophrenia" proposes to be the first study to assess the psychometric properties of field-standard measures of social cognition in schizophrenia in a Latinx sample

Research Harmonization Award (RHA): Social Cognition 2022
Awarded
Schizophrenia International Research Society

Description: The purpose of the RHA is to produce methods for sharing and/or comparing data across countries. The topic is social cognition for the award year and the team-based award is led by Dr. Amy Pinkham.

Role: Trainee

<p>Summer Mentoring Fellowship for Doctoral Students Conducting Latinx Research <i>The Michigan Center for Urban African American Aging Research and Program for Research on Black Americans</i> <u>Description:</u> Identifies and mentors promising graduate investigators committed to conducting research with ethnic-racially minoritized populations. Topics include NIH proposals, conducting and publishing research, responsible conduct of research, and professional development</p>	<p>2022 Awarded</p>
<p>Provost Dissertation Year Fellowship for Historically Underrepresented Doctoral Students <i>Office of the Provost, University of Pittsburgh</i> <u>Description:</u> Reviewed based on the quality of proposed dissertation research plan, significance of research to the applicant's field and society, and applicant's future potential contributions to scholarship and society, including work toward greater diversity, equity, and inclusion</p>	<p>2022-2023 Awarded</p>
<p>Leadership and Service Award <i>Graduate and Professional Student Government, University of Pittsburgh</i> <u>Description:</u> Recognizes current graduate and professional students for their service or leadership to the University of Pittsburgh, the surrounding community, and the world at large</p>	<p>2021 Awarded</p>
<p>WORDOUT: Community Research Dissemination Grant <i>Clinical and Translational Science Institute, University of Pittsburgh</i> <u>Description:</u> Platform for sharing evidence-based science knowledge with the McKees Rocks community by involving young community members in the dissemination process of mental health and digital literacy research</p>	<p>2019 Awarded</p>

RESEARCH EXPERIENCE

<p>Provider Perspectives on the Implementation and Adaptation of Early Psychosis Services in Diverse Settings</p> <ul style="list-style-type: none"> - <u>Role:</u> Co-principal Investigator with Nev Jones - Using in-depth interviews, this study aims to understand how providers are supporting client's functional goals and provider views on socioeconomic and ethnoracial disparities, and adaptation of CSC models to better serve culturally diverse populations. 	<p>2023 - Present</p>
<p>Optimizing Disability Benefit Decisions and Outcomes in First Episode Psychosis</p> <ul style="list-style-type: none"> - <u>Role:</u> Lead on Latinx and Spanish-language Methodology Oversee Spanish-language translation of consents and data collection tools, develop survey and interview questions to capture the ethnoracial and cultural factors that affect client outcomes - NIMH R01 MH125868 'Optimizing Disability Benefit Decisions and Outcomes in First Episode Psychosis' (2022-2027) <i>PIs: Nev Jones, Lisa Dixon, Howard Goldman</i> 	<p>2022 - Present</p>

2019 - Present

Cognitive Enhancement Therapy for Neurodevelopmental Disorders

- Community Implementation of Cognitive Enhancement Therapy for Neurodevelopmental Disorders
Role: Co-principal Investigator with Shaun Eack
- Cognitive Enhancement for Persistent Negative Symptoms in Schizophrenia
NIH/NIMH, R01 MH118267, \$3,521,230, PI: Shaun M. Eack
Role: Intervention delivery, analyst
- Cognitive Enhancement Therapy for Adult Autism Spectrum Disorder
NIH/NIMH, R01 MH106450, \$3,242,082, PI: Shaun M. Eack
Role: Intervention delivery, analyst

Functional Outcome Disparities in Ethnoracial Minoritized Adults Receiving Mental Health Services in the US

2022 - Present

- **Role: Lead and analyst**
Oversee Spanish-language translation of consents and data Using SAMHDA Mental Health Client-Level Data (MH-CLD)

Informed Consent for Latinos with Schizophrenia

2023 - Present

- **Role: Analyst for acculturation and cognition study (secondary analysis)**
- R01 MH097274-01, "Informed Consent for Latinos with Schizophrenia," B. Palmer, Co-PI, Department of Psychiatry, University of California, San Diego; Awarded on 1st submission; Amount: \$1,400,000.

Supporting Our Valued Adolescents (SOVA)

2018 - 2019

- **Role: Community outreach, recruitment, analyst**
- Division of Adolescent and Young Adult Medicine at the University of Pittsburgh, School of Medicine
- PI: Ana Radovic, MD, MSc

Behavioral Neuroscience Lab

2009 - 2011

- PI: Sanders McDougall, PhD
- **Role: Ran experiments, analyst**
- *Psychology Department Honors Thesis: Importance of associative learning processes for the one-trial behavioral sensitization of preweanling rats*

CLINICAL AND FIELD EXPERIENCE

Post-MSW Experience

Lived Experience Research Academy Graduate Student Mentor

2023

Center for Research on Innovations, Services, and Equity in Mental Health (RISE-MH) at the University of Pittsburgh | Pittsburgh, PA
Supervisors: Nev Jones, PhD; Shaun M. Eack, PhD

Autism Health Disparity Scholars Summer Internship Liaison

2022

Center for Excellence in Autism Research (CeFAR) at the University of Pittsburgh | Pittsburgh, PA
Supervisor: Shaun M. Eack, PhD

Cognitive Enhancement Therapy Coach and Trainer 2020-
University of Pittsburgh | Pittsburgh, PA Present
Supervisors: Susan S. Hogarty, RN, MSN; Shaun M. Eack, PhD

Pre-MSW Experience

Social Work Intern 2019-2020
UPMC Western Psychiatric Hospital | Pittsburgh, PA
Within the psychosis unit, conducted clinical intake assessments, collateral consultation with family members or caregivers, discharge planning, service coordination, collaborative treatment planning with mental health providers, completed applications for housing and other community support services
Supervisors: Briana Whitehead, LCSW; Laima Spokas, MD

Learn & Earn: Mental Health Literacy Worksite Supervisor 2019
Focus on Renewal | McKees Rocks, PA
Designed and facilitated a mental health literacy training program for adolescent youth, provided career mentorship, supervised individual projects, acted as liaison between University of Pittsburgh research programs and community organization
Supervisors: Cindy Haines, MSSA; Ana Radovic, MD, MSc

Social Work Intern 2018-2019
UPMC Adolescent and Young Adult Clinic | Pittsburgh, PA
Community outreach and collaboration with local organizations focused on mental health of youth, facilitated and attended community meetings and partnered with local high schools to promote mental health service use and awareness
Supervisor: Ana Radovic, MD, MSc; Kayla Odenthal, MSW

Senior Behavioral Health Specialist 2015-2018
Inland Empire Health Plan | Rancho Cucamonga, CA
Care coordination for Medicaid and Medicare members, supervised the behavioral health call center which provided mental health screenings and provided referrals and authorizations for services, designed and implemented projects to improve the provider network for behavioral health services
Supervisor: Jeannette Cervantes, MSW

Case Manager / Mental Health Worker II 2012-2015
Pacific Clinics TAY Full Service Partnership | Rancho Cucamonga, CA
For transitional-aged youth experiencing serious mental illness (i.e., schizophrenia, bipolar disorder) provided resources and referrals to housing, substance abuse services, vocational rehabilitation, advocacy in criminal justice system
Supervisor: Maria Ortega, PT

Lead Behavioral Therapist 2010-2012
California PsychCare | Riverside, CA
Provision of applied behavior analysis for children with ASD and other developmental disabilities, parent training, advocacy and outreach
Supervisor: Denise Caceres, MSW

TEACHING

Guest Lecturer (March 2023) “Group Designs in Social Work Research”
SocW460 Research I: Social Work Research
MSW Program, *University of Illinois Chicago Jane Addams College of Social Work*

***Adjunct Faculty (Summer 2022)**

SWGEM 2080: Race and Social Problems

MSW Program, *University of Pittsburgh School of Social Work*

Guest Lecturer (January 2022) “Cross-Cultural Measurement in Social Work Research”

SWRES 2021: Generalist Social Work Research

MSW Program, *University of Pittsburgh School of Social Work*

***Teaching Assistant (Fall 2021)**

SWGEM 2034: Social Work Practice with Diverse Populations

Lead Instructor: Victor Figuereo, PhD

MSW Program, *University of Pittsburgh School of Social Work*

Guest Lecturer (November 2020) “Group Designs in Social Work Research”

SOCWRK 1020: Introduction to Social Work Research

BASW Program, *University of Pittsburgh School of Social Work*

Guest Lecturer (November 2019) “Quantitative Methods in Social Work Research,”

SOCWRK 1020: Introduction to Social Work Research

BASW Program, *University of Pittsburgh School of Social Work*

PROFESSIONAL AFFILIATIONS

Member, Society of Social Work and Research (SSWR)

Member, Council for Social Work Education (CSWE)

Member, Association of Latina/Latino Social Work Educators (ALLSWE)

Member, Schizophrenia International Research Society (SIRS)

INSTITUTIONAL & PROFESSIONAL SERVICE

Social Work in Mental Health	Editorial Board	2023
Schizophrenia Bulletin	Ad Hoc Reviewer	2021
Workshops and Programming Committee Latinx Connect Inaugural Conference	Co-chair	2021
Latinx Cluster Hire Search Committee University of Pittsburgh, School of Social Work	Member	2020-2021
Hispanic Heritage Month Planning Committee University of Pittsburgh and Pittsburgh Community	Member	2020-Present
Anti-Racist Doctoral Program Student Committee University of Pittsburgh, School of Social Work	Founding Member	2020-Present

Latin American Graduate Organization of Students
University of Pittsburgh

Business Manager	2022-2023
President	Spring 2022
Mental Health Liaison	Fall 2021
Programming Chair	2020-2021
President	2019-2020

Doctoral Student Organization
University of Pittsburgh, School of Social Work

Vice President	2020-2021
Doctoral Committee Representative	2019-2020
Doctoral Committee Representative	2023-2024

SPECIAL SKILLS

Statistical software proficiency: R, Stata, Mplus, SPSS

Languages: Fluent in Spanish (read, write, speak)