

Yodit Betru, DSW, LCSW
Curriculum Vitae

EDUCATION

2013 D.S.W., School of Social Policy and Practice, University of Pennsylvania
2006 M.S.W., School of Social Work, University of Oklahoma
B.A., College of Arts and Sciences, University of Oklahoma

PROFESSIONAL EXPERIENCE

University of Pittsburgh, PA, (2012-Present)
School of Social Work, Child Welfare and Research Programs (CWERP)
Assistant Clinical Professor and Agency Coordinator

Agency coordinator entails the following administrative roles in CWERP, the second largest Title IV-E Program in the United States

- Work with 67 counties in the commonwealth of Pennsylvania that participate in the Child Welfare Education for Leadership (CWEL) and Child Welfare Baccalaureate Program (CWEB)
- Manage the contractual process for incoming and active CWEL students (200 students)
- Serve as fiscal contact and process invoices for counties with CWEL students
- Liaise between counties, university, and students in the bachelors and masters program who particulate in the CWERP program
- Develop and train CWEB students in integrative seminar on trauma informed leadership for child welfare students
- Annually visit 14 partner schools in Pennsylvania who participate in the CWERP programs and conduct meetings and focus groups

Independent Consultant, Pittsburgh PA

Various Projects (2013 to Present)

- Provide clinical supervision for license eligible social workers
- Provide therapeutic services for adolescents and adults
- Provide housing and programming consultation for YWCA Northcentral PA
- Develop a grant proposal to support the implementation of trauma-informed services using the Sanctuary Model

YWCA Northcentral PA, Williamsport, PA

Program Manager for Liberty House (2011-2012)

- Managed all aspects of a 30 unit transitional shelter that provides housing and supportive services for homeless women and children

- Supervised and provided clinical guidance for service providers with focus on creating standards of practice using evidence supported guidelines
- Provided clinical and administrative support to core programs of the agency including domestic violence shelter program and CASA program
- Provided individual and group interventions for clients
- Developed and evidence supported responsive programming focusing on measurable outcomes using reliable, valid, and adaptive tools for assessment, treatment, and discharge services
- Wrote grants and reports to secure and maintain program funding, including \$250,00 grant to Housing and Urban Development
- Worked collaboratively with community providers to enhance services and visibility of agency
- Co-investigator with researcher from Lock Haven University on Community Based Participatory Research to better understand the needs of clients in current setting
- Social work field instructor: Prepared and participated in weekly supervisory conferences, assigned cases/tasks that coordinate with student's educational program, and provided immersive experiences to cultivate skills consistent with social work core competences and ethical code of conduct
- Supervised internships and volunteers

Clinton County, Lock Haven, PA

School-Based Outreach Worker (2010 -2011)

- Worked with 5 public schools to provide preventive and direct clinical intervention services as liaison between schools, families, and Children and Youth Services
- Serve as the gatekeeper for the school district's truancy elimination program
- Assisted in the development of baseline outcome measures for the position and assisted in developing a grant proposal to continue and expand the position
- Social work field instructor for MSW student: Focused on developing clinical skills consistent with graduate study, connected course study with field work, provided weekly supervision

PrimeCare Medical, Selinsgrove, PA

Staff Psychologist, Mental Health Clinician, (2010)

- Provided clinical and therapeutic services to 30% of inmates at Snyder County Jail
- Enforced, supported, and supervised suicide prevention policy and protocol for all inmates

- Worked collaboratively with entire medical team, particularly psychiatrist, for screening, treatment, and discharge planning
- Supervised and coordinated social and group programs

Oklahoma City Public Schools, Oklahoma City, OK

Guidance Counselor and Social Worker, (2007 – 2010)

- Began as school social worker for special education department and promoted to a guidance counselor
- Provided academic, behavioral, and discipline interventions a low SES school
- Worked collaboratively with administrative team to increase attendance from 89% to 95%
- Wrote Supplemental Service Grant worth \$150,000 for assistive technology and staff training

Counseling and Behavioral Services, Tulsa, Norman, and Oklahoma City, OK

Therapist, (2006 – 2010)

- Assessed, diagnosed, and wrote psycho-social reports for children, adolescents, adults, and families in office and home-based settings
- Provided individual and family therapy for children and adults
- Collaborated with staff and community agencies

TEACHING EXPERIENCE

Assistant Clinical Professor, University of Pittsburgh, School of Social Work, Pittsburgh, PA (2012-Present)

MSW Course: Social Work Practice and Traumatic Stress

MSW Course: Drug and Alcohol Abuse

MSW Course: Child and Family Policy

MSW Course: Human Behavior Social Environment: Children and Families at Risk

MSW Course: Intimate Partner Violence

MSW Course, Directed Study

MSW Course, Field Liaison

University of Oklahoma, School of Social Work, Norman, OK

MSW Course, Advance Direct Practice (March 2008)

Guest Lecturer: School-based social work and macro practice

- Lecture on history of serving vulnerable children in school-based settings and the function of advocacy in creating legislative changes
- Shared local school-based areas of need and the role social workers can play in meeting needs

University of Oklahoma, School of Social Work, Norman, OK

MSW Course, Populations At-Risk, (November, 2008)

Guest Lecturer: Direct practice in urban settings

- Lectured on cultural competency and the dynamics of class, race, and ethnicity in practice settings
- Presented a case study and led small group discussion to create a safe environment to facilitate experiential and mutual-aid learning

LICESNSURE

Licensed Clinical Social Worker Pennsylvania, 2010

Licensed Clinical Social Worker Oklahoma, 2008

PUBLICATIONS & PRESENTATIONS

Armoring students to thrive in child welfare: Trauma- informed/ race conscious interventions, The Association of Baccalaureate Social Work Program Directors, 2018.

Race Conscious Trauma Informed Pedagogical Model for Professional Development in Child Welfare, International Society for Traumatic Stress, 2017.

Race Conscious and Trauma Informed Professional Training: Preparing Social Work Students to Address Disproportionality in Public Child Welfare: Year of Diversity Poster Presentation. University of Pittsburgh, 2017

Trauma-informed leadership: A pedagogical model for professional development and sustainability in child-welfare: Council on Social Work Education Annual Program Meeting, 2015

Trauma-Informed Principled Leadership: An Integrative Model for BASW Child Welfare Students, The Association of Baccalaureate Social Work Program Directors Conference, 2015

Trauma in the School Setting, Home and School Visitor Conference, University of Pittsburgh, 2015

Child Welfare Curriculum, National Title IV-E Roundtable, The Center for Advance Studies in Child Welfare, 2015

Trauma Informed Case Management, Pennsylvania Council of Children, Youth, & Family Service Conference, 2014

Trauma Informed Case Management, National Association of Social Workers Pennsylvania Conference, 2014

Retention & Recruitment: Lessons Learned From Child Welfare Education Programs, National Association of Social Workers –Pennsylvania Conference, 2014.

Publications

Betru, Y. (2016). Traumatic stress and racism: Asking the right questions. In Copeland, V. (Ed). *People of color in the United States. Contemporary issues in education, work, communities, health, immigration. Vol. 3* (pp. 373-381). Santa Barbra, CA: ABC-CLIO.

Erdely-Kass, S., & **Betru, Y.** (2015). Bringing sanctuary to dialysis, *Journal of Nephrology Social Work*, 39 (2), 19-31.

Grants

- University of Pittsburgh, Office of Provost, “Race Conscious and Trauma Informed Professional Training: Preparing Social Work Students to Address Disproportionality in Public Child Welfare”, \$2972 (2016-2017)
- Accepted and invited to apply with First Community Foundation of Pennsylvania for \$50,000 grant for YWCA Northcentral PA
- Lycoming County United Way Allocation, contributing author, \$37,000 (2012-2013)
- HUD: Special Needs Assistive Program, primary author, \$250,000 (2012-2014)
- Blue Ribbon, primary author, \$10,000, (2010)
- Junior League of Williamsport, contributing author, \$500, (2010)

PROFESSIONAL MEMBERSHIP AND SERVICE

Professional Affiliation

National Association of Social Workers (NASW)
Counsel of Social Work Association (CSWE)
The Association of Baccalaureate Social Work Program Directors (BPD)
International Society for Traumatic Stress Studies (ISTSS)
School Social Work Association of America (SSWA)
School Social Work Association of Oklahoma (SSWA-OK)

Committee Participation

University of Pittsburgh (2013-Present)
Deans Search Committee
Faculty Senate
Subcommittee of faculty Senate, Faculty Affairs, Co-Chair
Direct Practice Committee
International Committee
Academic Integrity Committee
Budget Committee

Council on Social Work Education Minority Fellowship Reviewer (2016- Present)
YWCA Northcentral PA
 Strategic planning committee (2011-2012)
 Programming committee (2011 -2012)
Keystone School District
 Truancy elimination committee (2010- 2011)
Oklahoma City and Tulsa Public Schools
 Positive behavioral intervention services committee (2007 - 2010)
School Social Work Association of Oklahoma
 Founding board member (2006- 2007)

COMMUNITY SERVICE

Pittsburgh Action Against Rape, Secretary (2014- Present)
Sojourner House, Board Member, Chair of Governance Committee (2016- Present)
A Second Chance, Advisory board member (2013-2017)
Homewood Children's Village, Mentor (2014)
Junior League of Pittsburgh, Chair Research Development (2014)
Favors Forward Foundation of Williamsport (2012)
American Red Cross, Flood victim assistance (2011)
Lycoming County United Way, Citizens review panel (2010)
Big Brothers Big Sisters, Mentor (2008 -2010)
Junior League of Williamsport, board member (2010-2012)