

Emil K. Smith, PhD, MSW, LCSW

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EDUCATION AND TRAINING

Postdoctoral Fellowship	University of Pittsburgh, School of Medicine Clinical and Translational Science Institute (CTSI) TL1/T32 National Center for Advancing Translational Sciences	2025-Present
Ph.D.	University of Pittsburgh, School of Social Work <i>Dissertation:</i> Primary Care Providers' Perspectives on Eating Disorder Prevention, Treatment, and Recovery <i>Committee:</i> Danny Rosen (co-chair), Rachel E. Gartner (co-chair), Sara Goodkind, Erin Harrop	2025
Predoctoral Fellowship	University of Pittsburgh, School of Medicine Clinical and Translational Science Institute (CTSI) TL1/T32 National Center for Advancing Translational Sciences	2024-2025
Teaching Fellowship	University of Pittsburgh, Dietrich School of Arts and Sciences Gender, Sexuality, and Women's Studies Teaching Fellowship	2023-2024
M.S.W.	Smith College School for Social Work <i>Master's Thesis:</i> Perspectives on Emerging LGBTQ Affirmative Social Services and Psychotherapy 1960-1987; Oral History Study	2017
B.I.S.	University of Minnesota - Twin Cities <i>Major:</i> Art, Social Justice, and Global Studies <i>Magna Cum Laude</i>	2009

RESEARCH INTERESTS

- Integrated Behavioral Health in Primary Care
- Stigmatized Health & Mental Health Concerns (e.g., eating disorders, suicidality)
- Trans and Gender Diverse Health and Wellbeing
- Co-Design and Community-Engaged Intervention Development
- Critical and Psychodynamic Theory
- Disability Justice
- Relational Mental Health Crisis Assessment and Intervention
- Midlife and Older Adult Health
- Implementation Science

1. **Smith, E. K.**, Gartner, R. E., Sterzing, P., Coulter, R. W. S. (2026) Understanding multi-victimization: Identifying socioecological supports among adolescents. *Journal of School Health*. 96(7), e70179. <http://dx.doi.org/10.1111/josh.70179>
2. **Smith, E. K.**, Silverstein, S., Kidd, K., Gartner, R. E., Rofey, D. (2026). Prevention and early detection of eating disorders in trans-affirming primary care: Two vignettes of transgender patients. *Health Promotion Practice*. Online First. <https://doi.org/10.1177/15248399251414646>
3. **Smith, E. K.**, Hipple, E., Updyke, A. (2025). Simulation-based learning and relational suicide assessment skills: Embodying social work values in education and clinical practice. *Studies in Clinical Social Work: Transforming Practice Education and Research*. 95(3-4), 289-311. <https://doi.org/10.1080/28376811.2025.2569547>
4. Coulter, R. W. S., Gartner, R. E., Cramer, C., **Smith, E. K.**, Abebe, K. Z., & Miller, E. (2024). Universal sexual violence intervention effects in a cluster-randomized trial: Moderation by sexual orientation. *Journal of Interpersonal Violence*. 40(3-4), 582-606. <https://doi.org/10.1177/08862605241253031>
5. **Smith, E. K.**, & Harrop, E. N. (2024). “That’s not at all what I needed” Trans adults’ perspectives on trans-affirming primary care and eating disorders. *Social Science & Medicine*, 348, 116836. <https://doi.org/10.1016/j.socscimed.2024.116836>
6. Gartner, R. E.* & **Smith, E. K.***, Panichelli, M., & Ballard, A. J. (2024). Campus sexual violence and the cost of protecting institutions: Carceral systems and trans student experience. *Affilia*. 39(4), 701-718. <https://doi.org/10.1177/08861099241245951>
7. Urban, B., **Smith, E. K.**, Adams, M., Sharpe, S. L., Silverstein, S. (2024). Guidelines for research with transgender, gender diverse, and intersex individuals with eating disorders: Recommendations from trans and intersex researchers. *Eating Disorders*, 32(4), 341–352. <https://doi.org/10.1080/10640266.2024.2306436>
8. Gartner, R. E., Ballard, A. J., **Smith, E. K.**, Risser, L. R., Chugani, C. D., & Miller, E. (2023). “There’s no safety in these systems”: Centering trans and gender diverse students’ campus climate experiences to prevent sexual violence. *Journal of Diversity in Higher Education*. 18(4), 382-392. <https://doi.org/10.1037/dhe0000512>
9. Sharpe, S. L., Adams, M., **Smith, E. K.**, Urban, B., & Silverstein, S. (2023). Inaccessibility of care and inequitable conceptions of suffering: A collective response to the construction of “terminal” anorexia nervosa. *Journal of Eating Disorders*, 11(1), 66. <https://doi.org/10.1186/s40337-023-00791-2>
10. **Smith, E. K.** (2023). Strategies to survive: Engaging transgender and gender diverse older adults experiencing suicidality and dissociative states. *Clinical Social Work Journal*, 51(3), 262–272. <https://doi.org/10.1007/s10615-023-00867-1>
11. Byers, D. S., Vider, S., **Smith, E. K.** (2019). Clinical activism in community-based practice: The case of LGBT affirmative care at the Eromin Center, Philadelphia, 1973–1984. *American Psychologist*, 74(8), 868–881. <https://doi.org/10.1037/amp0000523>

BOOK CHAPTERS AND REPORTS

1. **Smith, E. K.**, Silverstein, S. (In Press). Body Becoming. In Segal, E., Hoff, C., Cho, J. (Eds.) *An Encyclopedia of Radical Helping*, 2nd edition. Washington, D.C.; Thick Press.
2. Harrop, E.N, **Smith, E. K.**, Sullivan, S. A., Gratson, D., Stennes, J. (In Press). Supporting trans and gender diverse patients with body image, disordered eating, and weight stigma concerns. In Kattari, S. K., Walls, N. E., Kattari, L., & Kinney, M. (Eds). *Social work and healthcare practice with transgender and nonbinary individuals and communities*, 2nd edition. London: Routledge.
3. Harner, V., Johnson, I., **Smith, E. K.** (In Press). At the intersection of trans and disabled. In Kattari, S. K., Walls, N. E., Kattari, L., & Kinney, M. (Eds). *Social work and healthcare practice with transgender and nonbinary individuals and communities*, 2nd edition. London: Routledge.
4. Silverstein, S., **Smith, E. K.**, Raimondo, M. (2024). The impact of discrimination on eating disorders in LGBTQI+ Populations. In A Seubert & P. Virdi (Eds.), *Trauma informed approaches to eating disorders* (2nd ed.) New York: Springer.
<https://doi.org/10.1891/9780826147981.0030>
5. Gartner, R. E., Ballard, A. J., **Smith, E. K.**, Risser, L. R., Chugani, C. D., Miller, E. (2022). Trans and gender diverse students' perspectives on campus climate and sexual violence: Report and recommendations. University of Pittsburgh. Available from:
https://www.socialwork.pitt.edu/sites/default/files/gartner_et_al_-_2020_-_trans_and_gender_diverse_students_perspectives_on_campus_climate_and_sexual_violence_report_and_recommendations_compressed.pdf
6. Smith, E. K. (2017). It takes a village: Perspectives on emerging LGBTQ affirmative social services and psychotherapy. Master's Thesis, Smith College, Northampton, MA.
<https://scholarworks.smith.edu/theses/1946/>

MANUSCRIPTS UNDER REVIEW

1. **Smith, E. K.**, Sullivan, S., Harrop, E.N. Weight stigma as a barrier to care for transgender adults: Findings from a state-wide survey.
2. Simqu, K. Migliori, O., Paulino M. P., **Smith, E. K.** Escobar-Viera C. G., Coulter, R. W. S., Ragavan, M. I. Exploration of how Hispanic caregivers and adolescents culturally and linguistically conceptualize gender identity.
3. Gartner, R. E., **Smith, E. K.**, Ballard, A. J., Risser, L. R., Chugani, C. D., VonVille, H., Coulter, R.W.S., Miller, E. Preventing violence against sexual and gender minority students in U.S. and Canadian educational settings: A scoping review.

MANUSCRIPTS IN PROGRESS

1. **Smith, E. K.**, Cruce, A., Peña, F., Sansone, H., Ramon, J. Hazel, C., Gartner, R. E., Coulter, R. W. S. Visioning eating disorder aware trans-affirming primary care: Centering trans adults' perspectives.
2. Gartner, R. E., **Smith, E. K.**, Campbell, W., Hayostek, D., Benson, C. Circle Up: Preventing campus sexual violence through community building and connection.

RESEARCH GRANTS

National Institute of Mental Health (NIMH), National Institutes of Health (NIH). Extramural Clinical Research Loan Repayment Program Award 1L30MH146375-01 <i>Transforming Primary Care Support for Eating Disorders Through Universal Education, Principal Investigator.</i>	\$40,738	2026-2028
Hernandez and Health: Understanding Disordered Eating Among Aging Trans Latina Women Principal Investigator The Trans Latin@ Coalition	\$15,000	2026-2027
LGBTQIA+ Endowed Research and Outreach Fund University of Pittsburgh <i>Trans-Affirming Primary Care Providers' Perspectives on Eating Disorders, Principal Investigator</i> Dissertation Study: Qualitative study of trans-affirming primary care providers' (N=22) experiences providing care to trans patients with disordered eating and eating disorders.	\$500	2023
LGBTQIA+ Endowed Research and Outreach Fund University of Pittsburgh <i>Transgender and Gender Diverse Adults with Eating Disorders: Experiences in Primary Care, Principal Investigator</i> Capstone Study: Qualitative, focus group study of transgender and gender diverse adults with disordered eating (N=22) about their experience in trans affirming primary care.	\$950	2022-2023

RESEARCH APPOINTMENTS

Centering gender Affirming Resources through Education (CARE)

Graduate Student Assistant

University of Pittsburgh School of Social Work (2023-2025)
 RO1AA023260; PI: Liz Miller, Supervising Faculty: Rachel E. Gartner
 Co-develop a stakeholder-informed e-learning intervention to enhance ability of college health centers to provide sexual violence prevention education to transgender and gender diverse college students in collaboration with a community advisory board.

Translating TGQN Campus Climate Findings into Practice

Graduate Student Assistant

University of Pittsburgh School of Social Work (2021-2023)
 PI: Rachel E. Gartner
 Analyze qualitative focus group data, conduct scoping review, develop report of findings.

Research Assistant

Smith College School of Social Work and Bryn Mawr School for Social Welfare and Social Research (2016-2018)
 PI: David Byers, Stephen Vider
 Recruit participants and conduct oral history interviews with social service providers worked with LGBT communities from 1960-1987 in Philadelphia, PA and Minneapolis, MN.

REFEREED PRESENTATIONS

1. **Smith, E. K.,** Chang, J. (2026). *Communication About Eating Disorders and Disordered Eating in Trans-Affirming Primary Care*. International Conference for Communication in Healthcare. Belfast, Northern Ireland. [Oral Work-in-progress]
2. **Smith, E. K.** (2026). *Trans-affirming primary care providers' perspectives on addressing disordered eating*. Society for Social Work Research. Washington, DC. [Oral]
3. **Smith, E. K.,** Sullivan, S., Harrop, E. N. (2026). *Weight stigma as a barrier to healthcare access among transgender and gender diverse adults*. Society for Social Work Research. Washington, DC. [Flash Talk]
4. **Smith, E. K.,** Flores, A., Suslovic, B., Silva, C., Shelton, J. (2025). *Bodily autonomy in social work: Ethics and action for justice across systems*. Council of Social Work Education Annual Meeting. Denver, Colorado. [Roundtable]
5. Sullivan, S. A., Harrop, E. N., **Smith, E. K.,** & Holloway, B. (2025). *Prevalence, disability, and mental health correlates with eating disorders in trans-nonbinary Coloradans*. Council of Social Work Education Annual Meeting. Denver, Colorado. [Oral]
6. **Smith, E. K.** (2025). *Trans adults' perspectives on improving trans-affirming primary care for patients with disordered eating*. GLMA: Healthcare professionals advancing LGBTQ+ Equality Annual Conference. Minneapolis, Minnesota. [Oral]
7. **Smith, E. K.** (2025). *"Are they gonna come back?": Trans-affirming primary care providers' concerns about addressing disordered eating*. International Conference on Communication in Healthcare (ICCH). Ottawa, Ontario. [Oral]
8. **Smith, E. K.** (2025). *"The coolest patients in the world": Primary care providers perspectives on trans-affirming primary care*. LGBTQ+ Research Symposium. Virtual Conference. [Oral]
9. , R. E., **Smith, E. K.,** Cruce, A. (2025). *Centering queer and trans voices: Co-design for sexual and gender minority health*. LGBTQ+ Research Symposium. Virtual Conference. [Workshop/Training]
10. Gartner, R., Futch, R., **Smith, E. K.,** Haney, C., Coulter, R. W. S., & Miller, E. (2025, May 12). *Community Co-Design and Implementation of a Trans-Affirming Provider Training for College Health and Counseling Centers*. 14th Annual Rainbow Research Symposium. Pittsburgh, PA. [Poster]
11. Gartner, R. E., Futch, R., **Smith, E. K.,** Coulter, R., Miller, L. (2025). *Intervention co-design: Community collaboration to build trans-affirming provider training for college health and counseling centers*. Community Engaged Scholarship Forum. Pittsburgh, P.A. [Poster]
12. **Smith, E. K.,** Gzesh, A., Kattari, K. S., Gartner, R. E., Harner, V., Cuneo, J. (2025). *Trans-affirming care: The role of social work research and practice*. Society for Social Work Research. Seattle, W.A. [Roundtable]

13. Gartner, R. E., **Smith, E. K.**, Fatcher, R., Coulter, R. W. S., Miller, L. (2025). *Centering gender affirming Resources in Education (CARE): Intervention co-design*. Society for Social Work and Research. Seattle, W.A. [Roundtable]
14. **Smith, E. K.** (2025). *Improving trans-affirming primary care for patients with eating disorders: Co-design strategies for participant-engaged thematic analysis*. Society for Social Work Research. Seattle, WA. [Poster]
15. Chisholm, A. D., **Smith, E. K.**, Rofey, D. L. (2024). *Disordered eating and the gender diverse experience*. Transforming Care Conference. Pittsburgh, P.A. [Oral].
16. **Smith, E. K.**, (2024). *Co-design as a methodological tool for qualitative analysis: Improving trans-affirming primary care for patients with eating disorders*. International Transgender Studies Conference. Evanston, IL. [Oral]
17. **Smith, E. K.** (2024). *Trans-affirming primary care and eating disorders: Lived experience of transgender and gender diverse adults*. Society for Social Work Research. Washington, D.C. [Oral]
18. Gartner, R. E., **Smith, E. K.**, Klein, L.B., Cruys, C., Kattari, S. K. (2024). *Advancing anti-carcer approaches to campus sexual violence prevention*. Society for Social Work Research. Washington, D.C. [Roundtable]
19. Gartner, R. E. & **Smith, E. K.**, Panichelli, M., Ballard, A. J. (2024). *Campus sexual violence and the cost of protecting institutions: Carceral systems and trans student wellbeing*. Society for Social Work Research. Washington, D.C. [Oral]
20. **Smith, E. K.** (2023). *Trans-affirming primary care and eating disorders: Lived experience of transgender and gender diverse adults*. American Public Health Association. Atlanta, GA. [Oral]
21. **Smith, E. K.**, Rofey, D. (2023). *Eating disorders in transgender and gender diverse youth*. University of Pittsburgh Medical Center (UPMC) Trans Health Conference. Pittsburgh, PA. [Oral]
22. Bohrman, C., **Smith, E. K.**, Panichelli, M., Jones, N. (January 2023). *Abolitionist mental health: A roundtable discussion*. Society for Social Work Research. Phoenix, AZ. [Roundtable]
23. Gartner, R. E., Ballard, A. J., **Smith, E. K.**, Chugani, C. D., Miller, E. (2023). *Centering trans students' climate experiences to transform campus sexual violence prevention and response*. Society for Social Work Research. Phoenix, AZ. [Poster]
24. **Smith, E. K.**, Panichelli, M. (2022). *Teaching collaborative, trauma-informed, critical suicide assessment*. Council for Social Work Education Annual Program Meeting. Anaheim, CA. [Interactive Workshop]
25. **Smith, E. K.**, Rofey, D. (2022). *Eating disorders in transgender and gender diverse youth*. University of Pittsburgh Medical Center (UPMC) Trans Health Conference. Pittsburgh, PA. [Oral]

26. **Smith, E. K.**, Rosenstein, H., Kiesnowski, A., Hollomon, J. (2020). *Come for the pizza...Stay for the medical, mental health, and social services*. Collaborative Family Healthcare Association Annual Conference. Philadelphia, PA. [Oral]
27. **Smith, E. K.**, Whitman L. (2019). *Intersectional eating disorder treatment for the LGBTQ+ community: Identification, considerations, and patient-centered treatment*. Transforming Care Conference. Columbus, OH. [Oral]
28. Byers, D. S., Vider, S., & **Smith, E. K.** (2019). *Emergent understandings of LGBTQ+ affirmative care at the Eromin Center, Philadelphia, 1973-1983*. Council of Social Work Education (CSWE) Denver, CO. [Oral]
29. **Smith, E. K.**, Whitman L. (2019). *Intersectional eating disorder treatment for the T/NB/GNC community: Identification, considerations, and patient-centered treatment*. Philadelphia Trans Wellness Conference (PTWC) Philadelphia, PA. [Oral]

INVITED PRESENTATIONS (Select)

1. Silverstein, S., **Smith, E. K.** (2026). *Treating eating disorders in a gendered and politicized body*. Presented at The Academy of Eating Disorders. Virtual.
2. **Smith, E. K.** (2026). *Disordered eating in diverse trans populations*. Presented at Thomas Jefferson University Hospital—Department of Psychiatry and Human Behavior Grand Rounds. Philadelphia, PA.
3. **Smith, E. K.** (FEDUP Collective) (2023). *Identifying and treating eating disorders among transgender and gender diverse clients: Early detection, diagnosis, and tips for healthcare professionals*. Presented at The Dorm Treatment Center.
<https://thedorm.com/blog/eating-disorders-transgender-youths/>
4. **Smith, E. K.**, Rofey, D. (2022). *Eating disorders in transgender and gender diverse youth*. Presented at University of Pittsburgh Medical Center (UPMC) Continuing Education Series. Pittsburgh, PA.
5. **Smith, E. K.** (2022). *Supporting LGBTQ+ patients in substance use treatment*. Presented at Great Lakes Recovery Centers, Inc. Marquette, MI.
6. *Panelist: Treating substance use disorder in LGBTQ populations (2022)*. University of Pittsburgh Coalition for Opioid and Addiction Leadership (COAL) Fellowship. Pittsburgh, PA.
7. *Panelist: COVID-19 and the intersections of being a professional and a family member (2021)*. PA-NASW Social Justice Symposium. Pennsylvania (Virtual).
8. **Smith, E. K.** (2021). *Clinical considerations in working with trans/gender non-conforming youth in primary care*. Presented at St. Christopher's Hospital for Children. Philadelphia, PA.

CLINICAL EXPERIENCE

Owner and Psychotherapist

2021-present

Embodied Healing, LLC

Private-practice outpatient therapy focusing on supporting trans clients and trauma recovery.

Intensive Outpatient Program (IOP) Therapist

2020-2021

Sanare Today

Developed and led the first LGBTQ+ Mental Health IOP in Southeastern PA. Provided in both virtual and in-person formats. Provided trainings and consultation on LGBTQ+-related topics.

Behavioral Health Consultant (BHC)

2018-2021

Mazzoni Community and Family Medicine

Clinical Specialties: Youth Drop-in Clinic, PACTS (Pediatric and Adolescent Trans Care Team)

Delivered short-term behavioral health interventions in a LGBTQ+ health center. Advised administration on behavioral health-related systems and data collection. Served as liaison to the behavioral health community at large. Developed and facilitated trainings for agency staff (i.e., medical providers, care services, and behavioral health).

Bilingual Primary Care Behavioral Health Clinician

2017-2018

Behavioral Health Network

Baystate Medical Center- Mason Square Neighborhood Health Center

Provided consultation, referrals, crisis services and weekly therapy to LGBTQ and Spanish speaking patients. Collaborated with interdisciplinary specialty teams; ob-gyn, diabetes, HIV, suboxone clinic, and a clinic to support Puerto Rican families displaced by Hurricane Maria. Facilitated weekly support groups in English and Spanish.

Social Work Clinical Intern

2016-2017

Drexel University College of Medicine Outpatient Psychiatry Service

Provided brief interventions, assessments, and referrals at a perinatal clinic for patients diagnosed with HIV. Conducted individual therapy, assessments, and group therapy in an outpatient psychiatry clinic. Participated in multi-disciplinary teams including attending psychiatrist, staff clinicians, psychiatry residents, and other trainees.

Clinical Intern- Team Counselor

2015-2016

Windhorse Integrative Mental Health- Northampton

Provided mental health counseling on multidisciplinary treatment teams for adults with a range of acute psychosocial presenting problems, and facilitated groups (sexuality & dating, yoga).

SCHOLARSHIPS AND ACADEMIC RECOGNITIONS

Fellow, Accelerating Discovery, Vision and Advancement in Career Excellence and Research (ADVANCER) <i>University of Pittsburgh Institute for Clinical Research Education</i> Career development fellowship for health science scholars.	2025-present
Awardee, Wynne Korr Doctoral Student Research Fund <i>University of Pittsburgh School of Social Work</i> Funds outstanding social work dissertations.	2025
Awardee, SSWR Conference Scholarship <i>Caucus of LGBTQ Faculty and Students (Q-Caucus)</i> Funds travel and registration for SSWR annual meeting.	2023
Awardee, Joseph and Helen Eaton Scholarship <i>University of Pittsburgh</i> Best single-author work written by a first- or second-year doctoral student.	2022
Finalist, Health Policy Research Scholar (HPRS) <i>Robert Wood Johnson Foundation</i> Equips diverse doctoral students with advanced training to advance health equity.	2022
Awardee, Dean's Award for Social Justice <i>Smith School for Social Work</i> Awarded for extensive experience that demonstrates an extraordinary capacity and commitment to serve communities of color and work for social justice.	2015-2017
Awardee, Community Engagement Scholar <i>University of Minnesota</i> Recognizes a commitment to community engagement by completing over 400 hours of community engagement work and completion of a capstone project.	2009
Awardee, Undergraduate Teaching Opportunity Grant <i>University of Minnesota</i> Supports development of future instructors in higher education through supervised teaching and curriculum development.	2009
Awardee, Undergraduate Research Opportunity Grant <i>University of Minnesota</i> Supports undergraduate-faculty research partnerships. Conducted a qualitative project to raise awareness about mental health among undergraduate students.	2008
Awardee, National Scholarship <i>University of Minnesota</i> Awarded for outstanding academic achievement.	2005-2009

TEACHING EXPERIENCE

Instructor

University of Pittsburgh School of Social Work- MSW

Program

1. Psychopharmacology
 2. Mental Health Policy
 3. Human Behavior & the Social Environment (HBSE): Mental Health
- *all courses involved curriculum development and implementation

Fall 2026
Spring 2026
Fall 2025

Teaching Fellowship

University of Pittsburgh Dietrich School of Arts and Sciences

Undergraduate Sex and Sexualities (seated)

2023-2024
Academic Year

- Independently taught two 20-student recitations.
- Participated in development of course content on multi-disciplinary teaching team
- Lectured on health equity and gender diversity related topics

Invited Guest Lecturer/Instructor

Client-Centered, Trauma-Informed Suicide Assessment, West Chester University School of Social Work. Graduate Course: Advanced Practicum. (virtual)

Spring 2025

Looking Back/Looking Forward: Challenges and Tools for a Sustainable Career. Behavioral Health Scholars Program (BHSP). University of Pittsburgh School of Social Work. (seated)

Fall 2024

Collaborative, Trauma-Informed Suicide Assessment, West Chester University School of Social Work. Graduate Course: Advanced Practicum. (virtual)

Spring 2024

Eating Disorders and Trans-Affirming Primary Care, University of Pittsburgh Dietrich School of Arts and Sciences, Undergraduate Course: Body Image Across the Globe. (seated)

Spring 2024

Eating Disorders and Disordered Eating Among Youth. Graduate Fellowship Program: Behavioral Health Scholars Program (BHSP). University of Pittsburgh School of Social Work. (seated)

Fall 2023

Mindfulness and Clinical Social Work Practice, University of Pittsburgh School of Social Work. Course: Cognitive Behavioral Therapy. (seated)

Spring 2023

Looking Back/Looking Forward: Challenges and Tools for a Sustainable Career. Coalition for Opioid and Addiction Leadership. University of Pittsburgh School of Social Work. (virtual)

Spring 2023

Collaborative, Trauma-Informed, Suicide Assessment, West Chester University School of Social Work. (virtual)
Courses: BSW & MSW Practice Courses.

Spring 2022

<i>Collaborative, Trauma-Informed, Suicide Assessment</i> , University of Pittsburgh School of Social Work. Course: Models of Intervention. (hybrid)	Spring 2022
<i>Suicide Assessment</i> , Bryn Mawr School for Social Work and Social Research. (virtual)	Spring 2021

ACADEMIC SERVICE AND COMMUNITY ADVOCACY

Ad Hoc Peer Reviewer

Social Science and Medicine: Medical Sociology	2026
BMC Psychology	2025
MIT Science Policy Review	2025
PLOS One	2024
Transgender Health	2024
American Journal of Preventive Medicine	2023
Clinical Social Work Journal	2023-2025

Student Representative to Diversity, Equity, and Inclusion Committee

2022-2023

University of Pittsburgh School of Social Work

Represent the interests of social work doctoral students, develop programming and apply for funding to support anti-oppression curricula in the doctoral program, co-developed guidance to promote gender inclusion in the classroom, develop and implement school-wide climate survey.

Co-Director of Research and Adjunct Member

2021-2023

FEDUP (Fighting Eating Disorders in Underrepresented Populations)

Consult and collaborate with researchers from various disciplines to support an approach to eating disorders that centers the impacts of intersectional oppression on symptomatology, mentor citizen scientists, facilitate monthly collective meetings, provide support for weekly live support groups, develop content such as harm reduction guide for eating disorders, and provide training and support to increase trans competency among providers.

Collective Member and Organizer

2015-2017

Black and Pink- Western Massachusetts

Collaborated with Boston, MA chapter to establish Western Massachusetts chapter. Presented report on LGBTQ+ incarceration at local universities and conferences, organized logistical and recruitment efforts to expand a pen pal matching program, organized events to raise awareness about the harms of mass incarceration on the LGBTQ+ community.

Working Inaugural Board Member, Yoga Teacher

2011-2015

RECLAIM!

Supported transition to non-profit organization, worked to increase racial diversity through establishing BIPOC clinical mentorship cohort, organized fundraisers, drafted personnel policies and oversaw budget. Taught trauma

informed yoga classes for LGBTQ+ youth and emerging adults (ages 13-25)
as member of the integrative health services team.

PROFESSIONAL AFFILIATIONS

Academy of Communication in Healthcare (ACH)	2025-present
Society for Social Work Research (SSWR)	2021-present
Council for Social Work Education (CSWE)	2022-present
World Professional Association for Transgender Health (WPATH)	2024-present
Transgender Professional Association for Transgender Health (TPATH)	2024-present
American Public Health Association (APHA)	2023-2024
Academy of Eating Disorders (AED)	2021-2023

CLINICAL LICENSURE

Pennsylvania: Licensed Clinical Social Worker	2018-Present
Massachusetts: Licensed Certified Social Worker	2017-2019

SKILLS AND TRAINING

Post-Graduate Clinical Training: Sensorimotor Psychotherapy (Level 1), Trauma Focused CBT, Solution Focused Brief Therapy

Methodological Training: Co-designing with Care (KA McKercher), Human-Centered Design (Luma Institute)

Languages: English (native), Spanish (proficient)

Certificate: Achievement in Pedagogy (University of Pittsburgh Center for Teaching and Learning), Advancing Access in Higher Education (University of Pittsburgh Writing Institute)