

## Emil K. Smith, PhD, MSW, LCSW

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### EDUCATION

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<b>Ph.D.</b>	<b>University of Pittsburgh, School of Social Work</b> <i>Dissertation:</i> Primary Care Providers' Perspectives on Eating Disorder Prevention, Treatment, and Recovery <i>Committee:</i> Danny Rosen,* Rachel E. Gartner,* Sara Goodkind, Erin Harrop	8/2025
<b>M.S.W.</b>	<b>Smith College School for Social Work</b> <i>Master's Thesis:</i> Perspectives on Emerging LGBTQ Affirmative Social Services and Psychotherapy 1960-1987; Oral History Study	8/2017
<b>B.I.S.</b>	<b>University of Minnesota - Twin Cities</b> <i>Major:</i> Art, Social Justice, and Global Studies <i>Magna Cum Laude</i>	5/2009

### RESEARCH INTERESTS

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- Integrated Behavioral Health in Primary Care
- Trans Midlife and Older Adult Health
- Eating Disorders & Disordered Eating
- Mental Health Crisis Assessment and Intervention
- Community-Engaged Intervention Development
- Disability Justice

### COMPETITIVE FELLOWSHIPS AND GRANTS

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<b>Postdoctoral Fellow (TL1)</b> Clinical and Translational Science Institute (CTSI) University of Pittsburgh	\$74,632/year	2025-present
<b>Predocctoral Fellow (TL1)</b> Clinical and Translational Science Institute (CTSI) University of Pittsburgh	\$28,224 + tuition/year	2024-2025
<b>Gender Sexuality and Women's Studies Teaching Fellowship</b> University of Pittsburgh	\$22,780+ tuition	2023-2024
<b>LGBTQIA+ Endowed Research and Outreach Fund</b> University of Pittsburgh	\$500	2023

*Trans-Affirming Primary Care Providers' Perspectives on Eating Disorders, Principal Investigator*

Dissertation Study: Qualitative study of trans-affirming primary care providers' (N=22) experiences providing care to trans patients with disordered eating and eating disorders.

**LGBTQIA+ Endowed Research and Outreach Fund**

\$950

2022-2023

University of Pittsburgh

*Transgender and Gender Diverse Adults with Eating Disorders: Experiences in Primary Care, Principal Investigator*

Capstone Study: Qualitative, focus group study of transgender and gender diverse adults with disordered eating (N=22) about their experience in trans affirming primary care.

**REFEREED PUBLICATIONS**

\*indicates co-first authors

1. **Smith, E. K.**, Silverstein, S., Kidd, K., Gartner, R. E., Rofey, D. (2026). Prevention and early detection of eating disorders in trans-affirming primary care: Two vignettes of transgender patients. *Health Promotion Practice*. Online First. <https://doi.org/10.1177/15248399251414646>
2. **Smith, E. K.**, Hipple, E., Updyke, A. (2025). Simulation-based learning and relational suicide assessment skills: Embodying social work values in education and clinical practice. *Studies in Clinical Social Work: Transforming Practice Education and Research*. 95(3-4), 289-311. <https://doi.org/10.1080/28376811.2025.2569547>
3. Coulter, R. W. S., Gartner, R. E., Cramer, C., **Smith, E. K.**, Abebe, K. Z., & Miller, E. (2024). Universal sexual violence intervention effects in a cluster-randomized trial: Moderation by sexual orientation. *Journal of Interpersonal Violence*. 40(3-4), 582-606. <https://doi.org/10.1177/08862605241253031>
4. **Smith, E. K.**, & Harrop, E. N. (2024). "That's not at all what I needed" Trans adults' perspectives on trans-affirming primary care and eating disorders. *Social Science & Medicine*, 348, 116836. <https://doi.org/10.1016/j.socscimed.2024.116836>
5. Gartner, R. E.\* & **Smith, E. K.\***, Panichelli, M., & Ballard, A. J. (2024). Campus sexual violence and the cost of protecting institutions: Carceral systems and trans student experience. *Affilia*. 39(4), 701-718. <https://doi.org/10.1177/08861099241245951>
6. Urban, B., **Smith, E. K.**, Adams, M., Sharpe, S. L., Silverstein, S. (2024). Guidelines for research with transgender, gender diverse, and intersex individuals with eating disorders: Recommendations from trans and intersex researchers. *Eating Disorders*, 32(4), 341–352. <https://doi.org/10.1080/10640266.2024.2306436>
7. Gartner, R. E., Ballard, A. J., **Smith, E. K.**, Risser, L. R., Chugani, C. D., & Miller, E. (2023). "There's no safety in these systems": Centering trans and gender diverse students' campus climate experiences to prevent sexual violence. *Journal of Diversity in Higher Education*. 18(4), 382-392. <https://doi.org/10.1037/dhe0000512>

8. Sharpe, S. L., Adams, M., **Smith, E. K.**, Urban, B., & Silverstein, S. (2023). Inaccessibility of care and inequitable conceptions of suffering: A collective response to the construction of “terminal” anorexia nervosa. *Journal of Eating Disorders*, 11(1), 66. <https://doi.org/10.1186/s40337-023-00791-2>
9. **Smith, E. K.** (2023). Strategies to survive: Engaging transgender and gender diverse older adults experiencing suicidality and dissociative states. *Clinical Social Work Journal*, 51(3), 262–272. <https://doi.org/10.1007/s10615-023-00867-1>
10. Byers, D. S., Vider, S., **Smith, E. K.** (2019). Clinical activism in community-based practice: The case of LGBT affirmative care at the Eromin Center, Philadelphia, 1973–1984. *American Psychologist*, 74(8), 868–881. <https://doi.org/10.1037/amp0000523>

## BOOK CHAPTERS AND REPORT

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1. **Smith, E. K.**, Silverstein, S. (In Press). Body Becoming. In Segal, E., Hoff, C., Cho, J. (Eds.) *An Encyclopedia of Radical Helping*, 2<sup>nd</sup> edition. Washington, D.C.; Thick Press.
2. Harrop, E.N, **Smith, E. K.**, Sullivan, S. A., Gratson, D., Stennes, J. (In Press). Supporting trans and gender diverse patients with body image, disordered eating, and weight stigma concerns. In Kattari, S. K., Walls, N. E., Kattari, L., & Kinney, M. (Eds). *Social work and healthcare practice with transgender and nonbinary individuals and communities*, 2<sup>nd</sup> edition. London: Routledge.
3. Harner, V., Johnson, I., **Smith E.K.** (In Press). At the intersection of trans and disabled. In Kattari, S. K., Walls, N. E., Kattari, L., & Kinney, M. (Eds). *Social work and healthcare practice with transgender and nonbinary individuals and communities*, 2<sup>nd</sup> edition. London: Routledge.
4. Silverstein, S., **Smith, E. K.**, Raimondo, M. (2024). The impact of discrimination on eating disorders in LGBTQI+ Populations. In A Seubert & P. Viridi (Eds.), *Trauma informed approaches to eating disorders* (2<sup>nd</sup> ed.) New York: Springer. <https://doi.org/10.1891/9780826147981.0030>
5. Gartner, R. E., Ballard, A. J., **Smith, E. K.**, Risser, L. R., Chugani, C. D., Miller, E. (2022). Trans and gender diverse students’ perspectives on campus climate and sexual violence: Report and recommendations. University of Pittsburgh. Available from: [https://www.socialwork.pitt.edu/sites/default/files/gartner\\_et\\_al\\_-\\_2020\\_-\\_trans\\_and\\_gender\\_diverse\\_students\\_perspectives\\_on\\_campus\\_climate\\_and\\_sexual\\_violence\\_report\\_and\\_recommendations\\_compressed.pdf](https://www.socialwork.pitt.edu/sites/default/files/gartner_et_al_-_2020_-_trans_and_gender_diverse_students_perspectives_on_campus_climate_and_sexual_violence_report_and_recommendations_compressed.pdf)

## MANUSCRIPTS UNDER REVIEW

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1. Gartner, R. E., **Smith, E. K.**, Ballard, A. J., Risser, L. R., Chugani, C. D., VonVille, H., Coulter, R.W.S., Miller, E. Preventing violence against sexual and gender minority students in U.S. and Canadian educational settings: A scoping review.

## MANUSCRIPTS IN PREPARATION

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1. **Smith, E.K.**, Gartner, R. E., Sterzing, P., Coulter, R. W. S. Understanding multi-victimization: Identifying socioecological supports among adolescents. (R&R)
2. **Smith E. K.**, Sullivan, S., Harrop, E.N. Weight stigma as a barrier to care for transgender adults: Findings from a state-wide survey.
3. **Smith, E. K.**, Cruce, A., Peña, F., Sansone, H., Ramon, J. Hazel, C., Gartner, R. E., Coulter, R. W. S. Visioning eating disorder aware trans-affirming primary care: Centering trans adults' perspectives.
4. Gartner, R. E., **Smith, E. K.**, Campbell, W., Hayostek, D., Benson, C. Circle Up: Preventing campus sexual violence through community building and connection.

## REFEREED PRESENTATIONS

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1. **Smith, E. K.** (2026). *Trans-affirming primary care providers' perspectives on addressing disordered eating*. Society for Social Work Research. Washington, DC. [Oral]
2. **Smith E. K.**, Sullivan, S., Harrop, E. N. (2026). *Weight stigma as a barrier to healthcare access among transgender and gender diverse adults*. Society for Social Work Research. Washington, DC. [Flash Talk]
3. **Smith, E. K.**, Flores, A., Suslovic, B., Silva, C., Shelton, J. (2025). *Bodily autonomy in social work: Ethics and action for justice across systems*. Council of Social Work Education Annual Meeting. Denver, Colorado. [Roundtable]
4. Sullivan, S. A., Harrop, E. N., **Smith, E. K.**, & Holloway, B. (2025). *Prevalence, disability, and mental health correlates with eating disorders in trans-nonbinary Coloradans*. Council of Social Work Education Annual Meeting. Denver, Colorado. [Oral]
5. **Smith, E. K.** (2025). *Trans adults' perspectives on improving trans-affirming primary care for patients with disordered eating*. GLMA: Healthcare professionals advancing LGBTQ+ Equality Annual Conference. Minneapolis, Minnesota. [Oral]
6. **Smith, E. K.** (2025). *"Are they gonna come back?": Trans-affirming primary care providers' concerns about addressing disordered eating*. International Conference on Communication in Healthcare (ICCH). Ottawa, Ontario. [Oral]
7. **Smith, E. K.** (2025). *"The coolest patients in the world": Primary care providers perspectives on trans-affirming primary care*. LGBTQ+ Research Symposium. Virtual Conference. [Oral]
8. Gartner, R.E., **Smith, E. K.**, Cruce, A. (2025). *Centering queer and trans voices: Co-design for sexual and gender minority health*. LGBTQ+ Research Symposium. Virtual Conference. [Workshop/Training]
9. Gartner, R., Fatcher, R., **Smith, E. K.**, Haney, C., Coulter, R. W. S., & Miller, E. (2025, May 12). *Community Co-Design and Implementation of a Trans-Affirming Provider*

*Training for College Health and Counseling Centers*. 14th Annual Rainbow Research Symposium. Pittsburgh, PA. [Poster]

10. Gartner, R. G., Fatcher, R., **Smith, E. K.**, Coulter, R., Miller, L. (2025). *Intervention co-design: Community collaboration to build trans-affirming provider training for college health and counseling centers*. Community Engaged Scholarship Forum. Pittsburgh, P.A. [Poster]
11. **Smith, E. K.**, Gzesh, A., Kattari, K. S., Gartner, R.G., Harner, V., Cuneo, J. (2025). *Trans-affirming care: The role of social work research and practice*. Society for Social Work Research. Seattle, W.A. [Roundtable]
12. Gartner, R. E., **Smith, E. K.**, Fatcher, R., Coulter, R. W. S., Miller, L. (2025). *Centering gender affirming Resources in Education (CARE): Intervention co-design*. Society for Social Work and Research. Seattle, W.A. [Roundtable]
13. **Smith, E. K.** (2025). *Improving trans-affirming primary care for patients with eating disorders: Co-design strategies for participant-engaged thematic analysis*. Society for Social Work Research. Seattle, WA. [Poster]
14. Chisholm, A. D., **Smith, E. K.**, Rofey, D. L. (2024). *Disordered eating and the gender diverse experience*. Transforming Care Conference. Pittsburgh, P.A. [Oral].
15. **Smith, E. K.**, (2024). *Co-design as a methodological tool for qualitative analysis: Improving trans-affirming primary care for patients with eating disorders*. International Transgender Studies Conference. Evanston, IL. [Oral]
16. **Smith, E. K.** (2024). *Trans-affirming primary care and eating disorders: Lived experience of transgender and gender diverse adults*. Society for Social Work Research. Washington, D.C. [Oral]
17. Gartner, R., **Smith, E. K.**, Klein, L.B., Cruys, C., Kattari, S. K. (2024). *Advancing anti-carceral approaches to campus sexual violence prevention*. Society for Social Work Research. Washington, D.C. [Roundtable]
18. Gartner, R. E. & **Smith, E. K.**, Panichelli, M., Ballard, A. J. (2024). *Campus sexual violence and the cost of protecting institutions: Carceral systems and trans student wellbeing*. Society for Social Work Research. Washington, D.C. [Oral]
19. **Smith, E. K.** (2023). *Trans-affirming primary care and eating disorders: Lived experience of transgender and gender diverse adults*. American Public Health Association. Atlanta, GA. [Oral]
20. **Smith, E. K.**, Rofey, D. (2023). *Eating disorders in transgender and gender diverse youth*. University of Pittsburgh Medical Center (UPMC) Trans Health Conference. Pittsburgh, PA. [Oral]

21. Bohrman, C., **Smith, E. K.**, Panichelli, M., Jones, N. (January 2023). *Abolitionist mental health: A roundtable discussion*. Society for Social Work Research. Phoenix, AZ. [Roundtable]
22. Gartner, R. E., Ballard, A. J., **Smith, E. K.**, Chugani, C. D., Miller, E. (2023). *Centering trans students' climate experiences to transform campus sexual violence prevention and response*. Society for Social Work Research. Phoenix, AZ. [Poster]
23. **Smith, E. K.**, Panichelli, M. (2022). *Teaching collaborative, trauma-informed, critical suicide assessment*. Council for Social Work Education Annual Program Meeting. Anaheim, CA. [Interactive Workshop]
24. **Smith, E. K.**, Rofey, D. (2022). *Eating disorders in transgender and gender diverse youth*. University of Pittsburgh Medical Center (UPMC) Trans Health Conference. Pittsburgh, PA. [Oral]
25. **Smith, E. K.**, Rosenstein, H., Kiesnowski, A., Hollomon, J. (2020). *Come for the pizza...Stay for the medical, mental health, and social services*. Collaborative Family Healthcare Association Annual Conference. Philadelphia, PA. [Oral]
26. **Smith, E. K.**, Whitman L. (2019). *Intersectional eating disorder treatment for the LGBTQ+ community: Identification, considerations, and patient-centered treatment*. Transforming Care Conference. Columbus, OH. [Oral]
27. Byers, D. S., Vider, S., & **Smith, E. K.** (2019). *Emergent understandings of LGBTQ+ affirmative care at the Eromin Center, Philadelphia, 1973-1983*. Council of Social Work Education (CSWE) Denver, CO. [Oral]
28. **Smith, E. K.**, Whitman L. (2019). *Intersectional eating disorder treatment for the T/NB/GNC community: Identification, considerations, and patient-centered treatment*. Philadelphia Trans Wellness Conference (PTWC) Philadelphia, PA. [Oral]

#### **INVITED PRESENTATIONS (Select)**

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1. Silverstein, S., **Smith E. K.** (2026). *Treating eating disorders in a gendered and politicized body*. Presented at The Academy of Eating Disorders. Virtual.
2. **Smith, E.K.** (2026). *Disordered eating in diverse trans populations*. Presented at Thomas Jefferson University Hospital—Department of Psychiatry and Human Behavior Grand Rounds. Philadelphia, PA.
3. **Smith, E. K.** (FEDUP Collective) (2023). *Identifying and treating eating disorders among transgender and gender diverse clients: Early detection, diagnosis, and tips for healthcare professionals*. Presented at The Dorm Treatment Center. <https://thedorm.com/blog/eating-disorders-transgender-youths/>
4. **Smith, E. K.**, Rofey, D. (2022). *Eating disorders in transgender and gender diverse youth*. Presented at University of Pittsburgh Medical Center (UPMC) Continuing Education Series. Pittsburgh, PA.

5. **Smith E. K.** (2022). *Supporting LGBTQ+ patients in substance use treatment*. Presented at Great Lakes Recovery Centers, Inc. Marquette, MI.
6. *Panelist*: Treating substance use disorder in LGBTQ populations (2022). University of Pittsburgh Coalition for Opioid and Addiction Leadership (COAL) Fellowship. Pittsburgh, PA.
7. *Panelist*: COVID-19 and the intersections of being a professional and a family member (2021). PA-NASW Social Justice Symposium. Pennsylvania (Virtual).
8. **Smith, E. K.** (2021). *Clinical considerations in working with trans/gender non-conforming youth in primary care*. Presented at St. Christopher's Hospital for Children. Philadelphia, PA.

## **ADDITIONAL RESEARCH EXPERIENCE**

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### **Centering gender Affirming Resources through Education (CARE)**

#### ***Graduate Student Assistant***

University of Pittsburgh School of Social Work (2023-present)

R01AA023260; PI: Liz Miller, Supervising Faculty: Rachel E. Gartner

Co-develop a stakeholder-informed e-learning intervention to enhance ability of college health centers to provide sexual violence prevention education to transgender and gender diverse college students in collaboration with a community advisory board.

### **Translating TGQN Campus Climate Findings into Practice**

#### ***Graduate Student Assistant***

University of Pittsburgh School of Social Work (2021-2023)

PI: Rachel E. Gartner

Analyze qualitative focus group data, conduct scoping review, develop report of findings.

#### ***Research Assistant***

Smith College School of Social Work and Bryn Mawr School for Social Welfare and Social Research (2016-2018)

PI: David Byers, Stephen Vider

Recruit participants and conduct oral history interviews with social service providers worked with LGBT communities from 1960-1987 in Philadelphia, PA and Minneapolis, MN.

## **CLINICAL EXPERIENCE**

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### **Owner and Psychotherapist**

2021-present

*Embodied Healing, LLC*

Private-practice outpatient therapy focusing on supporting trans clients and trauma recovery.

### **Intensive Outpatient Program (IOP) Therapist**

2020-2021

*Sanare Today*

Developed and led the first LGBTQ+ Mental Health IOP in Southeastern PA. Provided trainings and consultation on LGBTQ+-related topics.

### **Behavioral Health Consultant (BHC)**

2018-2021

*Mazzoni Community and Family Medicine*

*Clinical Specialties:* Youth Drop-in Clinic, PACTS (Pediatric and Adolescent Trans Care Team)

Delivered short-term behavioral health interventions in a LGBTQ+ health center. Advised administration on behavioral health-related systems and data collection. Served as liaison to the behavioral health community at large. Developed and facilitated training for agency staff (i.e., medical providers, care services, and behavioral health).

**Bilingual Primary Care Behavioral Health Clinician**

2017-2018

*Behavioral Health Network*

*Baystate Medical Center- Mason Square Neighborhood Health Center*

Provided consultation, referrals, crisis services and weekly therapy to LGBTQ and Spanish speaking patients. Collaborated with interdisciplinary specialty teams; ob-gyn, diabetes, HIV, suboxone clinic, and a clinic to support Puerto Rican families displaced by Hurricane Maria. Facilitated weekly support groups in English and Spanish.

**Social Work Clinical Intern**

2016-2017

*Drexel University College of Medicine Outpatient Psychiatry Service*

Provided brief interventions, assessments, and referrals at a perinatal clinic for patients diagnosed with HIV. Conducted individual therapy, assessments, and group therapy in an outpatient psychiatry clinic. Participated in multi-disciplinary teams including attending psychiatrist, staff clinicians, psychiatry residents, and other trainees.

**Clinical Intern- Team Counselor**

2015-2016

*Windhorse Integrative Mental Health- Northampton*

Provided mental health counseling on multidisciplinary treatment teams for adults with a range of acute psychosocial presenting problems, and facilitated groups (sexuality & dating, yoga).

**OTHER COMPETITIVE AWARDS AND ACADEMIC RECOGNITION**

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Fellow, Accelerating Discovery, Vision and Advancement in Career Excellence and Research (ADVANCER)

2025-present

*University of Pittsburgh Institute for Clinical Research Education*  
Career development fellowship for health science scholars.

Awardee, Wynne Korr Doctoral Student Research Fund

2025

*University of Pittsburgh School of Social Work*  
Funds outstanding social work dissertations.

Awardee, SSWR Conference Scholarship

2023

*Caucus of LGBTQ Faculty and Students (Q-Caucus)*  
Funds travel and registration for SSWR annual meeting.

Awardee, Joseph and Helen Eaton Scholarship

2022

*University of Pittsburgh*

Best single-author work written by a first- or second-year doctoral student.

Finalist, Health Policy Research Scholar (HPRS)

2022

*Robert Wood Johnson Foundation*

Equips diverse doctoral students with advanced training to advance health equity.

Awardee, Dean's Award for Social Justice

2015-2017

*Smith School for Social Work*

Awarded for extensive experience that demonstrates an extraordinary capacity and commitment to serve communities of color and work for social justice.

Awardee, Community Engagement Scholar

2009

*University of Minnesota*

Recognizes a commitment to community engagement by completing over 400 hours of community engagement work and completion of a capstone project.

Awardee, Undergraduate Teaching Opportunity Grant

2009

*University of Minnesota*

Supports development of future instructors in higher education through supervised teaching and curriculum development.

Awardee, Recipient of the Undergraduate Research Opportunity Grant

2008

*University of Minnesota*

Supports undergraduate-faculty research partnerships. Conducted a qualitative project to raise awareness about mental health among undergraduate students.

Awardee, Recipient of National Scholarship

2005-2009

*University of Minnesota*

Awarded for outstanding academic achievement.

## TEACHING EXPERIENCE

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### **Adjunct Instructor**

***University of Pittsburgh School of Social Work- MSW Program***

Mental Health Policy

Spring 2026

Human Behavior and the Social Environment (HBSE): Mental Health

Fall 2025

### **Teaching Assistant**

***University of Pittsburgh Dietrich School of Arts and Sciences***

2023-2024

Undergraduate Sex and Sexualities

Academic Year

- Independently taught two 20-student recitations.
- Participated in development of course content on multi-disciplinary teaching team
- Lectured on health equity and gender diversity related topics

### **Invited Guest Lecturer/Instructor**

<i>Client-Centered, Trauma-Informed Suicide Assessment</i> , West Chester University School of Social Work. Graduate Course: Advanced Practicum.	Spring 2025
<i>Looking Back/Looking Forward: Challenges and Tools for a Sustainable Career</i> . Behavioral Health Scholars Program (BHSP). University of Pittsburgh School of Social Work.	Fall 2024
<i>Collaborative, Trauma-Informed Suicide Assessment</i> , West Chester University School of Social Work. Graduate Course: Advanced Practicum.	Spring 2024
<i>Eating Disorders and Trans-Affirming Primary Care</i> , University of Pittsburgh Dietrich School of Arts and Sciences, Undergraduate Course: Body Image Across the Globe.	Spring 2024
<i>Eating Disorders and Disordered Eating Among Youth</i> . Graduate Fellowship Program: Behavioral Health Scholars Program (BHSP). University of Pittsburgh School of Social Work.	Fall 2023
<i>Mindfulness and Clinical Social Work Practice</i> , University of Pittsburgh School of Social Work. Course: Cognitive Behavioral Therapy.	Spring 2023
<i>Looking Back/Looking Forward: Challenges and Tools for a Sustainable Career</i> . Coalition for Opioid and Addiction Leadership. University of Pittsburgh School of Social Work.	Spring 2023
<i>Collaborative, Trauma-Informed, Suicide Assessment</i> , West Chester University School of Social Work. Courses: BSW & MSW Practice Courses.	Spring 2022
<i>Collaborative, Trauma-Informed, Suicide Assessment</i> , University of Pittsburgh School of Social Work. Course: Models of Intervention.	Spring 2022
<i>Suicide Assessment</i> , Bryn Mawr School for Social Work and Social Research.	Spring 2021

## **ACADEMIC SERVICE AND COMMUNITY ADVOCACY**

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<i>Ad Hoc Peer Reviewer</i>	
BMC Psychology	2025
MIT Science Policy Review	2025
PLOS One	2024
Transgender Health	2024
American Journal of Preventative Medicine	2023
Clinical Social Work Journal (3)	2023-2025
<b>Student Representative to Diversity, Equity, and Inclusion Committee</b>	2022-2023
University of Pittsburgh School of Social Work	

Represent the interests of social work doctoral students, develop programming and apply for funding to support anti-oppression curricula in the doctoral program, co-developed guidance to promote gender inclusion in the classroom, develop and implement school-wide climate survey.

**Co-Director of Research and Adjunct Member** 2021-2023  
 FEDUP (Fighting Eating Disorders in Underrepresented Populations)  
 Consult and collaborate with researchers from various disciplines to support an approach to eating disorders that centers the impacts of intersectional oppression on symptomatology, mentor citizen scientists, facilitate monthly collective meetings, provide support for weekly live support groups, develop content such as harm reduction guide for eating disorders, and provide training and support to increase trans competency among providers.

**Collective Member and Organizer** 2015-2017  
 Black and Pink- Western Massachusetts  
 Collaborated with Boston, MA chapter to establish Western Massachusetts chapter. Presented report on LGBTQ+ incarceration at local universities and conferences, organized logistical and recruitment efforts to expand a pen pal matching program, organized events to raise awareness about the harms of mass incarceration on the LGBTQ+ community.

**Working Inaugural Board Member, Yoga Teacher** 2011-2015  
 RECLAIM!  
 Supported transition to non-profit organization, worked to increase racial diversity through establishing BIPOC clinical mentorship cohort, organized fundraisers, drafted personnel policies and oversaw budget. Taught trauma informed yoga classes for LGBTQ+ youth and emerging adults (ages 13-25) as member of the integrative health services team.

**PROFESSIONAL AFFILIATIONS**

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Academy of Communication in Healthcare (ACH)	2025
Society for Social Work Research (SSWR)	2021-present
Council for Social Work Education (CSWE)	2022-present
World Professional Association for Transgender Health (WPATH)	2024-present
Transgender Professional Association for Transgender Health (TPATH)	2024-present
American Public Health Association (APHA)	2023-2024
Academy of Eating Disorders (AED)	2021-2023

**CLINICAL LICENSURE**

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Pennsylvania: Licensed Clinical Social Worker	2018-Present
Massachusetts: Licensed Certified Social Worker	2017-2019

## **ADDITIONAL SKILLS AND TRAINING**

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**Post-Graduate Clinical Training:** Sensorimotor Psychotherapy (Level 1), Trauma Focused CBT, Solution Focused Brief Therapy

**Methodological Training:** Human-Centered Design (Luma Institute)

**Languages:** English (native), Spanish (proficient)

**Certificate:** Achievement in Pedagogy (University of Pittsburgh Center for Teaching and Learning), Advancing Access in Higher Education (University of Pittsburgh Writing Institute)