32nd Annual Pittsburgh Schizophrenia Conference

November 6, 2015
Sheraton Station Square
Pittsburgh, Pennsylvania

Course Director:

KN Roy Chengappa, MD

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization
and Western Psychiatric Institute and Clinic
Introduction

The Pittsburgh Schizophrenia Conference is an annual meeting at which the advances in schizophrenia research are reviewed by experts in the field. This year's meeting will cover a range of topics including the use of long-acting injectable antipsychotics, the role of genetics, and the utilization of stress management in the treatment of schizophrenia. Presentation by the faculty awardee of the 2015 Gerard Hogarty Research Excellence Prize focusing on the importance of early intervention will also take place during the meeting. In addition, there will be a panel of persons with schizophrenia, their family members, and others discussing the role of employment and school in recovery.

Who Should Attend

The conference is designed to disseminate the latest research findings to a wide audience: psychiatrists and other mental health clinicians, including nurses, social workers, psychologists, service coordinators, researchers, patients and their relatives, mental health policy administrators and others who intend to keep current regarding etiologic and treatment research in schizophrenia.

Objectives

At the conclusion of the program, participants should be able to:

- Explain the need to routinely consider long-acting injectable antipsychotic medication when making treatment decisions.
- Assess the similarities and differences among the available long-acting antipsychotic medications.
- Evaluate recent research on genetic influences on schizophrenia.
- Describe the concept and recent findings on endophenotypes for schizophrenia.
- Identify how stress alters both mental and physical health.
- Use behaviors and techniques that reduce the effect of stress on health.
- Describe the rationale for early intervention in schizophrenia and the evidence base of early intervention programs for the disorder.
- Identify key characteristics of the schizophrenia prodrome and emerging treatment models for individuals at clinical high risk for the disorder.
Course Director:

K.N. Roy Chengappa, MD
Professor of Psychiatry
University of Pittsburgh School of Medicine
Chief, Comprehensive Recovery Services
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Faculty:

Leslie Citrome, MD, MPH
Clinical Professor of Psychiatry and Behavioral Sciences
New York Medical College
Valhalla, New York

Rohan Ganguli, MD
Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Mercy Hospital ERC
Pittsburgh, Pennsylvania

Thomas H. McGlashan, MD
Professor of Psychiatry
Yale University School of Medicine
New Haven, Connecticut

Michael F. Pogue-Geile, PhD
Professor of Psychology and Psychiatry
Director, Clinical Psychology Program
Department of Psychology
University of Pittsburgh
Pittsburgh, Pennsylvania

Bruce S. Rabin, MD, PhD
Professor of Pathology and Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Division of Clinical Immunopathology
University of Pittsburgh Medical Center

Joy Smith, BS
Area Manger
Certified Community Work Incentive Coordinator
AHEDD
Irwin, PA

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.
Schedule
7:30 a.m.  Registration
8:30 a.m.  Background
          K.N. Roy Chengappa, MD
8:40 a.m.  Long-Acting Injectable Antipsychotics: What's New? What's Different? What's Next
          Leslie Citrome, MD, MPH
9:40 a.m.  Q & A
9:45 a.m.  The Nature of Genetic Causes of Schizophrenia
          Michael F. Pogue-Geile, PhD
10:30 a.m. Q & A
10:40 a.m. Break
11:10 a.m. Stress and How to Cope with It
          Bruce S. Rabin, MD, PhD
          Introduction by Rohan Ganguli, MD
12:00 p.m. Q & A
12:15 p.m. Lunch (on your own)
1:30 p.m.  The Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award
          Thomas H. McGlashan, MD
1:45 p.m.  Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Lecture:
          Early Detection and Intervention in Psychosis: What Have We Done, Where Can We Go?
3:00 p.m.  Break
3:15 p.m.  Panel: Employment and School in the Service of Recovery
          Moderator: Joy Smith, BS
4:15 p.m.  Q & A
4:30 p.m.  Closing Remarks and Adjournment
Continuing Education Credit

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6.0 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.0 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.6 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Location

Sheraton Hotel at Station Square
300 West Station Square Drive
Pittsburgh, Pa 15219
Telephone: 412-261-2000

A block of rooms has been reserved at the Sheraton Station Square where the conference will be held. The room rate is $189, plus tax, for a single or a double room. When calling for reservations, please identify yourself as being with the “32nd Annual Pittsburgh Schizophrenia Conference” to benefit from these reduced rates. Room availability cannot be guaranteed after Friday, October 16, 2015.

Registration Information

Fee Schedule (Please circle the appropriate fee)

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<tr>
<th></th>
<th>Before 10/23/15</th>
<th>After 10/23/15</th>
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<tr>
<td>Physicians and</td>
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<td>allied health professionals</td>
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<td>UPMC, WPIC, PA</td>
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<td>$105</td>
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<td>state hospital and VA employees</td>
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<tr>
<td>Students</td>
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<tr>
<td>Family Members</td>
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<tr>
<td>Psychiatry Residents</td>
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<td>no charge</td>
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<tr>
<td>Consumers</td>
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</tbody>
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Tuition includes:

* All registration and conference materials
* Refreshments
* Continuing education credits

Full tuition must accompany the form. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by October 23, 2015 to take advantage of the lowest tuition rate.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, PA 15213

Telephone: 412-204-9090
FAX: 412-204-9110
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
Registration Form

32nd Annual Pittsburgh Schizophrenia Conference (MC93)
Friday, November 6, 2015

Please type or print; photocopy for additional registrants.
Register by October 23, 2015 for lowest tuition rate.

Non-UPMC staff can register at classes.upmc.com (Search on Schizophrenia).

Social Security Number (Last five digits only): __________
First Name: __________________________ Last Name: __________________________
Degree(s) to be noted on name badge (e.g. MD, PhD)
Institutional Affiliation: __________________________
Address: __________________________
Address 2: __________________________
City: __________________________ State: __________________________ Zip: __________
County: __________________________
Day Telephone: __________________________
E-Mail Address: __________________________

For Continuing Education purposes, please check if you are:

☐ CADC/CCDP  ☐ CPRP  ☐ CRC  ☐ NBCC Counselor  ☐ Educator/Act 48
☐ Nurse  ☐ Psychologist  ☐ Physician/MD  ☐ Social Worker (LSW/LCSW/LPC/LMFT)
☐ Certified Peer Specialist

Method of Payment:

Tuition amount $ ____________

☐ Check (Payable to OERP/WPIC) Check# ____________

☐ VISA  ☐ MasterCard  ☐ AMEX  ☐ Discover  ☐ UPMC Account

To be completed by Credit Card Users ONLY:

Card Number: __________________________
Expiration Date: __________________________
Signature: __________________________
Security Code (three digits in back of card): __________________________

To be completed for UPMC account transfers ONLY:

Business Unit: __________________________ Account #: __________________________
Administrator's Name: __________________________
Administrator's Signature: __________________________

Please send your fee with this form to:

Attn: Nancy Mundy
OERP/WPIC
3811 O'Hara Street
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