Internship Opportunity – Outpatient Clinic

Family Behavioral Resources provides family focused therapy to consumers and their families across Pennsylvania. FBR’s outpatient services include individual, family, couples and/or group therapy, as well as the availability of psychiatric evaluation and medication management. Outpatient services are delivered in an office setting utilizing the latest approaches to alleviating symptoms of psychological disorders, behavioral challenges and stress related issues. The frequency of services is determined by way of collaboration with each individual and is based on clinical assessment of need. Frequency of services can range from weekly to monthly and may be adjusted to reflect treatment needs and progress. Outpatient therapist will work with individuals and families to identify treatment goals and expected outcomes of therapeutic interventions. FBR outpatient services are individualized to meet individual and family needs. Therapy sessions are private and confidential.

Clinical Opportunities: The candidate for internship at FBR will have the opportunity to improve their clinical experience within individual, family, and group therapy. The candidate will also have the opportunity to participate in professional development trainings.

Outpatient therapy provides support to individuals (children, adolescents, and adults) and families to address needs related to a variety of disorders which may include, but are not limited to:

- Disorders of Childhood, or Adolescence
- Schizophrenia and other Psychotic Disorders
- Adjustment Disorders
- Anxiety Disorder
- Impulse-Control Disorders
- Grief, loss, and bereavement
- Mood Disorders
- Eating Disorders
- Personality Disorders

Therapeutic approaches to treatment may vary based on the clinical background and expertise of each individual clinician. FBR is dedicated to training and development of its staff. Treatment approaches may include: Cognitive-Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Theory, Reality Therapy, Solution-Focused Brief Therapy, Dyadic Developmental Psychotherapy, and Parent-Child Interaction Therapy.

Clinic Information:
- FBR currently has 6 outpatient clinic locations: New Kensington, Greensburg, Uniontown, Indiana, Johnstown, and Ebensburg.
- FBR office hours vary between the six clinics. All clinics have Monday through Friday morning, afternoon and evening hours for therapist to meet their consumer needs. Currently, at the New Kensington Clinic, consumers are able to schedule appointments on Saturday.

Internship Supervision: The intern will be supervised by a licensed Master’s level clinician, and will receive weekly supervision meetings.