The University of Pittsburgh School of Social Work is launching its 100th anniversary celebration this fall marking one hundred years as a recognized School of Social Work. This is an important milestone for us and number of other schools marking their centennial in social work education.

Our 100th Anniversary will kick-off on Tuesday October 10, 2017 with a kick-off event Celebrating 100 Years of People, Policy, and Practice on Tuesday, October 10, 2017 at the University Club. From 2-4 pm, this event will feature a keynote address by Michael Reisch, distinguished professor of Social Work at the University of Maryland and a discussion panel about the role and history of social work, social justice, and what lies ahead from 2-4 pm. The school will also recognize its annual Alumni Award winners and toast their success and that of the school with a reception from 4-6 pm. Two (2) hours of continuing education (CE) are available for the keynote and panel discussion program. RSVP to: http://www.socialwork.pitt.edu/alumni/distinguished-alumni/centennial-celebration-and-annual-awards-program-rsvp

Please Join Us in celebrating our 100th Anniversary kick-off and in recognizing the following alumni awardees:

Distinguished Alumni – Social Work Education: Melinda Hohman (MSW ’82, BASW ’77); Director, San Diego State University School of Social Work

Distinguished Alumni – Social Work Practice: Tonya Slawinski (PhD ’03, MSW ’86); Owner, Turn Key Consulting; Founder and former Owner and President, Supportive Solutions, Inc.

Outstanding Alumni Award: John Silipigni (MSW ’81); Director, Health Management Department, Magee-Women’s Hospital of UPMC

Outstanding Field Instructor – Direct Practice: Romodore Mullen-Abdullah (MSW ’04); Drug and Alcohol Therapist/Nurses Group, Gateway Rehabilitation Center

Outstanding Field Instructor – Community, Organization, and Social Action (COSA): Ann Sanders (MSW ’08); Volunteer Coordinator, Just Harvest

Rising Star – Direct Practice: Julius Boatwright (MSW ’11); Founder and CEO, Steel Smiling; Executive Director, Will Allen Foundation

Rising Star – Community, Organization, and Social Action (COSA): Demi Kolke (MSW ’11); Senior Planner/Neighborhood Planner, City of Pittsburgh
The following are continuing education providers in the University/School network for whom the School of Social Work regularly co-sponsors social work continuing education.

Child Welfare Competency-Based Training Program is the statewide training component of the School of Social Work’s Child Welfare for Education and Leadership initiative. www.pacwcbt.pitt.edu

Western Psychiatric Institute & Clinic (WPIC) Office of Educational and Regional Programming www.wpic.pitt.edu/oerp

PA/Mid-Atlantic AIDS Education & Training Center (School of Public Health) www.pamaaetc.org

Pittsburgh Pastoral Institute Pastoral Counseling, Spirituality & More www.ppi-online.org 412-661-1239

Western Pennsylvania Family Center Bowen Theory, Family Therapy, and more www.wpfc.net 412-362-2295

IRETA (Institute for Research, Education & Training in Addiction) www.ireta.org 412-391-4449

Community Care Behavioral Health Mental Health, Managed Behavioral Health, and other training for clinical practice and recovery www.ccbh.com 412-454-2120

Greenbrier Treatment Center - Training www.greenbriartraining.com Ken Montrose, kmontrose@greenbriar.net

CO-SPONSORED PROGRAMS
Social Work Continuing Education Resources

If you conduct regular training or have major conferences and programs that we may co-sponsor, we can post those to our co-sponsorship link.

NASW & NASW-PA News
Southwest Division Updates

SOCIAL WORK ON SOCIAL POLICY
NASW Speaks Out
For details on NASW’s Policy Agenda
Visit NASW at:
www.socialworkers.org

NASW-PA LSW/LCSW Exam Prep Workshop
Saturday, November 4, 2017
2017 Cathedral of Learning
University of Pittsburgh SSW
Register: www.nasw-pa.org

2017 NASW-PA ANNUAL STATE CONFERENCE
September 17-20, 2017
Kalahari Resort,
Pocono Manor, PA

Sponsorship Opportunities
Continuing Education & More

www.nasw-pa.org
The School of Social Work’s **Center on Race and Social Problems** offers an annual lecture series to provide an opportunity for faculty, students, and members of the public to engage in race-related discussions on timely topics. Each event in the series is held 12:00–1:30 pm in the School’s conference center, 2017 Cathedral of Learning. Lunch is provided, and registration is not required. Join us at these important lectures for Spring 2017:

**Keep informed on CRSP research and programs:**
www.crsp.pitt.edu or 412-624-7382

**Fall 2017 Lectures**

**Tuesday, September 26:**
“**Toxic Inequality**”
**Tom Shapiro, Ph.D.,** Pokross Professor of Law and Social Policy and Director, Institute on Assets and Social Policy, Brandeis University

**Wednesday, October 25:**
“Parental human-capital, low skilled jobs, and racial disparities in child poverty in immigrant families.”
**Kevin Thomas, Ph.D.,** Sociology, Demography, and African Studies, Pennsylvania State University

**Thursday, November 2:**
“Navigating Schools Inequality: How Parents Pursue Magnet School Admissions.”
**Littisha Bates, Ph.D.,** Associate Professor of Sociology, University of Cincinnati.

**Thursday, December 7:**
“Race and Multi-partner Family Dynamics “
**Karen Guzzo, Ph.D.,** Associate Professor of Sociology, Bowling Green State University.

Each year the School of Social Work presents a series of engaging and timely lectures as visiting and local speakers enlighten and enliven the academic climate of the School and our social work community. **Join us in our conference center 2017 Cathedral of Learning from 12:00-1:30 pm CE: 1.5 hrs* (Lunch is Provided)**

www.socialwork.pitt.edu

**September 18**

**Place-based Engagement: The University of Pittsburgh’s Community Engagement Centers**
Lina Dostilio, PhD, Assistant Vice Chancellor for Community Engagement; University of Pittsburgh

**October 30**

**Another World is Possible: A Radical Political Agenda for Social Work**
Carl Redwood, Jr, MSW, Co-Executive Director, Hill District Consensus Group, Community and Labor Organizer, and Adjunct Professor, School of Social Work

**February 13**

**Social Innovation and Social Work: Buzzword or Field Change?**
Stephanie Berzin, PhD, Associate Dean & Co-Director, Center for Innovation at Boston College School of Social Work

**March 20 - World Social Work Day Lecture**

**The New Global Inequities: Trends & Challenges for Today’s Social Change Agents**
Dr. Julia Watkins, former Executive Director, Council on Social Work Education

*We are pleased that we can now provide 1.5 hour of Social Work Continuing Education or our School Speakers Series events at a $10 fee. CE applications will be available at each lecture.*
When the Commonwealth of Pennsylvania enacted a new legislation (Act 31) around child abuse prevention and intervention in the wake of the Sandusky scandal, the state promulgated a series of new regulations that affected the work of helping professionals. The Department of Human Services enacted regulations under this law that requires training for all licensed health-related professionals in Pennsylvania - including LSW/LCSWs, LPCs, and LMFTs - each license renewal period on recognizing and reporting child abuse. The School of Social Work at the University of Pittsburgh, through its Child Welfare Resource Center and Continuing Education Program, has established a free Act 31 Online Training that meets all PA requirements for health-related professions that has been in place since Fall 2014.

This free online training has now been made available to all health-related professionals in Pennsylvania, and the School is pleased to note that over 1,000,000 licensed professionals have now taken this free online course.

**Our online Act 31 training will be updated for the next license renewal period,** (March 1, 2017 - February 28, 2019) and with Department of Human Service guidance, we hope to continue to revise the online training as needed to meet future needs or requirements for licensed professionals in PA.

If you are applying for your license for the first time or planning on renewing your license in PA, please take advantage of this well-regarded and free online training workshop. Online training is available at:

www.reportabusepa.pitt.edu

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**Be part of social work history! (and win some free stuff!)**

The School of Social Work is looking for photos, and other mementos from your time here:

- Orientation?
- Studying with friends?
- Field or classroom work?
- Your favorite professors?
- Come on...we know you have graduation photos!

Visit our website for more details and a chance to share your fondest Pitt Social Work memories!

All respondents will be entered in a raffle for a Pitt swag bag!

http://www.socialwork.pitt.edu/about/100th-anniversary/share-your-ssw-memories
Technology & Social Work New Practice Standards

Social workers use of technology is growing, and it has transformed our ability to serve those in need. Social workers today are able to provide services to clients through online counseling, telephone counseling, videoconferencing, self-guided webinars, electronic social networks, mobile apps, automated tutorials, e-mail, text messaging, and many other modalities. Our use of technology has generated new forms of communication and interaction that raise new questions about the nature of the social working-client relationship.

NASW has partnered with the Association of Social Work Boards (ASWB), The Council on Social Work Education (CSWE), and the Clinical Social Work Association (CSWA) to develop a uniform set of technology standards for professional social workers to use as a guide in their practice. The four associations formed the Task Force for Technology Standards in Social Work Practice and jointly developed the Technology Standards in Social Work Practice.

Over two years this task force reviewed technology literature and emerging standards in a variety of professions, as well as relevant statutes and licensing regulations. They sought input and comments from social work practitioners, academics and other groups, including those working on the Social Work Grand Challenges and web-based macro social work groups. They also drew upon the NASW Code and the ASWB Models of Social Work Practice Act, among other sources for standards, including the NASW Code of Ethics and the ASWB Model Social Work Practice Act, along with many other sources. These new standards are available at: http://www.socialworkers.org/includes/newIncludes/homepage/PRA-BRO-33617.TechStandards_FINAL_POSTING.pdf

Pennsylvania Board of Social Workers, Marriage and Family Therapists and Professional Counselors

P.O. Box 2649; Harrisburg, PA 17105-2649
Phone: 717-783-1389 Fax: 717-787-7769
Email: ST-SOCIALWORK@state.pa.us
URL: www.dos.state.pa.us/social

There are three approved avenues for social work continuing education in Pennsylvania:

Pre-Approved Providers: Six pre-approved providers are noted in Pennsylvania’s enabling legislation for social work licensing, including the Council on Social Work Education - accredited schools of social work, NASW Chapters and their divisions.

Provider Approval: Other providers can provide CE certificates for their programs, and these must show the PA licensing board approval number for the approved provider.

Individual Approval: Any social worker may request an individual continuing education approval for attending an event on your own, e.g., national or state conference. However, you must submit an application (it can be faxed) at least 24 hours prior to attending the continuing education event. Forms can be requested from the state board or online (See URL above). Current PA regulations for social work continuing education are available online, as are the regulations for licensed marriage and family therapists and professional counselors.

New Regulations: The PA Board of Examiners will now approve social work continuing education programs for one (1) hour - previously the minimal allowance was 2 hours of CE. In addition, with the licensing period starting March 1, 2017, LSW/LCSW, LPC, and LMFT licensees must complete one (1) hour in Suicide Awareness and Prevention, as well as the long-standing 3-hour ethics continuing education requirement for license renewal.
INTERNET CE PROGRAMS

CLINICAL UPDATES IN DEMENTIA WEBINAR SERIES

Archived Webinars
No Registration Fee*

Session 1: Assessment of Dementia Through the Use of Evidence-Based Measures
https://pitteti.wufoo.com/forms/z115f0l1hu60ji/

Session 2: Pharmacologic Interventions for Dementia Syndromes
https://pitteti.wufoo.com/forms/z1eh7w8107zpcq

CE: 1.5 hr each - L/LCSW, LPC, LMFT (PA) & Nursing
*$10 CE certification fee for processing

Program supported by HRSA grant funds

INTERNET COURSE - ACT 31 CERTIFICATION TRAINING

IDENTIFYING & REPORTING CHILD ABUSE

Satisfy your Pennsylvania-mandated Act 31 continuing education requirements for license renewal with our free and online Child Abuse Identification and Reporting course. The School of Social Work is pleased to offer this training developed and managed by our Child Welfare Resource Center in collaboration with our Continuing Education Program. Over 1,00,000 licensed professionals and mandated reporters in PA have now completed this online training program.

Date: Up to you
Place: Your home or office computer
Time: When it works best for you
CE: 3 hours
Fee: Free

To register use the following link:
www.reportabusepa.pitt.edu

This Online Course has been updated
For the new License Renewal Period

INTEGRATED BEHAVIORAL HEALTH CERTIFICATE

For those interested in emerging opportunities for behavioral health care work in primary health care settings, the School of Social Work’s Continuing Education Program will build from the Integrated Health Certificate in the MSW program to begin a 30-hour series of continuing education workshops leading to a CE Certificate in Integrated Behavioral Health. Programs are noted in this schedule/description:
Tracy Soska at tsssw@pitt.edu

IF YOU ARE INTERESTED IN BEING A CONTINUING EDUCATION INSTRUCTOR FOR THE SSW
Send Overview of CE Workshops and your CV or Bio to:
Tracy M. Soska, LSW
Continuing Education Director
tsssw@pitt.edu
WORKING WITH ADOLESCENT SELF-INJURIOUS BEHAVIOR

Social Workers and other Helping professionals working with adolescent in many youth services settings are often confronted by the many challenging behaviors, and self-injury is reflective of both biological and psychological harm. Understanding and intervening with this adolescent behavior requires helping professionals and youth care workers to:

- Gain an understanding of the multiple perspectives on the etiology of self-injury, including addiction, trauma, and bio-psychiatric theories;
- Identify common misperceptions regarding self-injury;
- Become familiar with the many meanings and motivations associated with the act of self-inflicted violence.

Faculty: Sr. Madeleine Rybicki, CSFN, MS

Dates: October 13, 2017
Time: 9:00 AM - 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hrs (L/LCSW, LPC, LMFT, Psych)*

SOCIAL WORK ETHICS UPDATE:
Ethics in the Workplace

Licensed Social Workers and Licensed Clinical Social Workers in Pennsylvania are required to complete at least three hours of continuing education on ethics content each license renewal period as part of their 30 hours of continuing education. This workshop is our final opportunity this licensing period to address this requirement. In this workshop you will:

- Use the Social Work Code of Ethics as a guideline, you will review common ethical principles that impact everyday practice;
- Learn ethical decision-making frameworks and tools that you can apply in your practice;
- Work on cases to help strengthen your understanding of issues, guidelines and tools for effective and ethical social work practice.

Faculty: Virginia Vayda, LCSW, ACSW, CCM
Date: October 28, 2017
Time: 9:00 AM – 12:00 Noon (each workshop)
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 hours (L/LCSW, LPC, LMFT) for Ethics

100th Anniversary and Alumni Recognition Program

Join the School of Social Work as we kick-off our 100th Anniversary year and recognize our Distinguished, Outstanding & Rising Star Alumni awardees.

Tuesday, October 10, 2017 at the University Club, University of Pittsburgh
2:00—4:00 Keynote Address and Panel Discussion Program (2 hrs. CE)
Immediately followed by our Alumni Award Recognition Event with Celebration Reception from 4:00—6:00 PM

RSVP to: http://www.socialwork.pitt.edu/alumni/distinguished-alumni/centennial-celebration-and-annual-awards-program-rsvp
Understand the Scope of and Approaches to Working in the Opioid Epidemic

NO ONE CALLS YOU A HERO: Opioid Use and Harm Reduction Approaches in Allegheny County

This 3-hour workshop will provide updated information regarding the state of opioid use in Allegheny County. Emphasis will be placed on women who use opioids, neonatal abstinence syndrome, and harm reduction approaches to engage people who use substances in care. Through this workshop you will:

• Become familiar with current data on opioid use and overdosing in Allegheny County and the policies and initiatives seeking to reduce the impact in Pennsylvania
• Appreciate gender and sex differences in substance use and treatment, including neonatal abstinence syndrome and best practice in providing women-specific services
• Learn to define harm-reduction principles and approaches to care and reducing risks of opioid use, including community-based naloxone distribution and other harm reduction strategies
• Be able to identify resources to support clients who use substances and opportunities for additional learning

Faculty: Mary Hawk, DPH, LSW
Date: September 29, 2017
Time: 9:00 am – 12:00 pm
Place: 2017 (CL)
Fee: $75
CE: 3 hours (L/LCSW, LPC, LMFT, Psych*)

Join us for this workshop with Social Workers from 2 Reality in Connecticut

SOCIAL MEDIA: The Good, The Bad & The Ugly from a Social Work Perspective

The workshop provides psycho-educational learning opportunities to students, educators, and parents that incorporates our knowledge of human behavior and the need for acceptance to help individuals identify why they make the choices they make online. By examining the impact social media, music, and advertisement has on today’s society we will explore how overexposure to certain media outlets can have the ability to influence how young people make decisions on moral issues, peer relationships, and value systems, especially for individuals who have experienced trauma and significant losses. We look to raise awareness of media literacy by educating and empowering individuals to use critical thinking skills to see the direct and unintended consequences associated with technology as well as on issues of human trafficking and the importance of legislative advocacy associated in this area. Through this workshop you will:

• Explore the history of technology and the operational definition of media literacy
• Discuss the technological advancements in communication and explore how the evolution of these devices has impacted socialization
• Explore how media (auditory and visual) messaging can misguide young people who internalize messages as being real and plausible
• Examine the benefits and drawbacks immediate/ongoing access to technology and social media has on learning, connectivity, and interpersonal relationships
• Evaluate the history of television by comparing and contrasting how the content of prime-time television has drastically changed over time.
• Appreciate how the overexposure of sexuality and violence impact morals, values, and traditions
• Identify ways unsupervised internet access can put students and families at risk
• Examine the social, emotional, and psychological implications of someone who’s been bullying online, and how to recognize possible symptoms
• Explore and evaluate key characteristics found in messages in advertisement and how marketing has an ability to shape perception.

Faculty: Qur-an Webb, MSW & Marcus Stallworth, MSW (from Welcome 2 Reality in Connecticut)
Date: October 27, 2017
Time: 9:00 am – 4:00 pm
Place: 2017 (CL)
CE: 6 hours (L/LCSW, LPC, LMFT, Psych*) Fee: $115

Give Yourself a Little Gift for the Holidays

OVERCOMING COMPASSION FATIQUE: Refuel, Renew, and Re-Center Your Work-Life Demands

This workshop is inspired by my second publication, Walking the Tight Rope of Life: Refuel, Renew and Re-Center Your Work-Life Demands, and dedicated to helping professions. As helping professions we give so much, so often and to so many. This profession can sometimes appear to be thankless and exhausting. Throughout my 18 years of experience in the social work field I had the pleasure of working with some of the most skilled, compassionate, dedicated and self-less individuals this field has to offer. We have affected positive and lasting changes in a lot of communities, which is the most rewarding part of this work.

This workshop is dedicated to self-care for the helpers, which will ultimately result in building stronger communities and supporting those with whom we work. Invest the time need to practice good self-care, model and teach the importance of good self-care to clients, and learn to be more effective in hitting the reset button to better balance your personal and professional lives. Through this workshop you will
• Identify and implement positive coping skills for balancing personal and professional lives
• Identify and implement the parallel process of healthy boundary setting and self-advocacy from practitioner to client.
• Model and teach good self-care, healthy boundary setting and positive coping skills to clients.
• Recognizing the signs of burn out and practicing good self-care.
• Practice important techniques and exercises to enhance your understanding and application for work-life balance

Faculty: Sharise Nance, LCSW, CCTP
Date: December 1, 2017
Time: 9:00 am – 12:00 pm
Place: 2017 (CL)
CE: 3 hours (L/LCSW, LPC, LMFT, Psych*) Fee: $75
### Integrated Behavioral Health Care CE Certificate

**TREATING CO-OCCURRING DISORDERS: MISA (Mental Illness & Substance Abuse)**

This workshop will teach helping professionals the basics of treating co-occurring disorders, while not burning out in the process. It will focus on assessing both illnesses and how they affect the patient physically, mentally, and socially. Focusing on strengths will also be discussed. Participants will look at how both illnesses can make assessment difficult. Part of the workshop will be dedicated to basics of treatment, including dealing with cognitive distortions, the pros/cons and principles of Twelve Step programs, and taking medications appropriately. Lastly, the training will focus on the difficult nature of helping people cope with both mental illness and addiction. We will discuss the importance of monitoring and dealing with one’s own stress. By the end of this training, participants will be able to:

- Differentiate assessment from diagnosis, and explain why assessment is an ongoing process.
- Explain to their clients common cognitive distortions such as black and white thinking, fortune-telling, and mental filter.
- Help clients identify how these thoughts weaken their recovery from addiction and mental illness.

### WORKING WITH SELF-LIMITING BELIEFS AND THE BODY: An Embodied, Gestalt-Oriented Approach

This workshop explores the self-limiting, core beliefs at the heart of many of our clients’ perceptions and narratives of self and world. These beliefs are not simply cognitions that can be changed by doing positive self-talk or affirmations; they are deeply embedded, embodied, neurological patterns of thinking and being that involve shame, self-loathing, anxiety, chronic pain, miserable relationships, and apathy. By listening to our clients’ narratives and attending to how they tell their stories, we have the opportunity to gently elicit these beliefs and offer our clients the possibility of holding – physically and cognitively – these self-limiting beliefs differently. Because the body and nervous system are dynamic, flowing processes, there is the possibility for the emergence of an empowering narrative or belief to arise from places of limitation. Through lecture, experiential exercises (participants will work with some of their own beliefs) and group discussion, participants will learn theory (including gestalt) and specific interventions...

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**CLINICAL PRACTICE**

The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs. Each of the noted programs is being offered for the designated number of continuing education credits.

*WPIC will charge $35 to process CE Certification for psychologists taking these clinical programs.*

**Faculty:** Ken Montrose, LPC, CAC

**Date:** September 8, 2017

**Time:** 9:00 AM – 4:00 PM

**Place:** 2017 Cathedral of Learning

**Fee:** $115

**CE:** 6 hours (L/LCSW, LPC, LMFT, Psych8)
for working with self-limiting beliefs. In this workshop, participants will be able to:
- Understand how beliefs are ‘taken in’ and learned in the developmental process.
- Identify at least one of their own self-limiting beliefs that emerges in their clinical work.
- Understand how attachment, misattunement, and trauma relate to the formation of core self-limiting beliefs.
- Utilize three interventions for working with their clients’ self-limiting beliefs.
- Learn two skills for eliciting and strengthening supportive beliefs.

**Faculty:** Renee Jennings, MA MSW, LCSW  
**Date:** October 6, 2017  
**Time:** 9:00 am – 4:00 pm  
**Place:** 2017 Cathedral  
**Fee:** $115  
**CE:** 6 hours (L/LCSW, LPC, LMFT, Psych*)

**CLINICAL HYPNOSIS: Awakening the Healer Within**

If you think you’ve never been in a trance, you may be wrong. Come and learn about the standard inductions of clinical hypnosis utilized to guide individuals into trance and how daily life offers the opportunity to use this unique intervention with clients as well. Key concepts of hypnosis, standard inductions, and the efficacy thereof will be discussed along with video of a session. This can be utilized with medical and mental health clients. Clinical hypnosis is appropriate for most clinical settings particularly when clients are faced with life changing decisions. This interactive workshop will use didactic, videos of noted hypnotherapists, and experiential learning to exposure you to the meaning, methods, and application to self and others. Through this workshop you will learn

- The meaning of clinical hypnosis, how it is best utilized with clients, and what client population is best suited for this intervention.
- Stages of trance work, cues for deepening trance and positive language that encourages a positive outcome.

Instructions on self-hypnosis and how that relates to general application

**Faculty:** Bonnie M. Shields, MSW, LSW  
**Date:** November 3, 2017  
**Time:** 9:00 am – 4:00 pm  
**Place:** 2017 (CL)  
**CE:** 6 hours  
**Fee:** $115  
(L/LCSW, LPC, LMFT, Psych*)

**VETERAN SPECIFIC CARE:**  
**Reservist, Deployment, and Mental Health Treatment**

This workshop will provide an overview of Veteran and Military Reservist culture, as well as mental health treatment, common myths and truths, and a brief summary of interventions for providers when working with military families. It will also provide an inside look at the stressors of deployment and the impact on their intimate relationships, esp. children and spouses. Throughout the training we will discuss the barriers to feeling comfortable with treating Veterans and Reservist in the community and/or VA, and how we can become more confident or equipped to serve these Veterans who have served. Through this workshop you will learn:

- Common military stressors for Reservist and military members
- Different mental health services for Veterans
- Effective ways to build rapport and implement interventions specifically to Veterans
- The stressors for Military families and children, especially regarding deployment
Back By Popular Demand -
As Featured in Psychology Today
(June 2016)

IT DIDN’T START WITH YOU:
How Inherited Family Trauma Shapes Who You Are and How to End the Cycle

Unexplained anxiety, Depression, Chronic pain, Phobias, Obsessive thoughts - The evidence is compelling: Scientific research over the past several years, now making headlines, supports what many have long intuited - that traumatic experiences can be inherited from our parents, grandparents, and even great-grandparents.

Mark Wolynn, author of IT DIDN’T START WITH YOU: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle (Viking, 2016) will share his cutting-edge approach to breaking biologically inherited patterns. You will learn how to:
- Become a detective of your family history, uncovering the traumas that could be affecting your health, success, vitality and relationships.
- Interpret the clues in your words, feelings, symptoms and behaviors, and make crucial links to traumatic events in your family history.
- Use dialogue, imagery, ritual and healing sentences as tools for resolution, so that you, your children, and their children, can be free from having to relive the pain of previous generations.
- Identify the Four Unconscious Themes that can hinder our success, health, vitality and relationships.

Faculty: Mark Wolynn, Director of the Family Constellation Institute
Date: December 8, 2017
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $125*
CE: 6 hours (L/LCSW, LPC, LMFT, Psych)
CERTIFICATIONS

LSW/LCSW: As a Council on Social Work Education accredited school of social work the School is a Pennsylvania pre-approved provider for social work continuing education. Programs also provide continuing education for Professional Counselor LPC and Marriage and Family Therapists LMFT.

National Board of Certified Counselors (NBCC): The University of Pittsburgh is an approved continuing education provider for counselors; please note your NBCC practitioner number when registering for programs. NBCC can be provide upon request and #

Psychologists (Psych*): The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs and their content. Each program is being offered for the designated number of continuing education credits.

*WPIC will charge a $35 CE certification process charge for any psychologist seeking CE for these programs.

Handicapped Access: We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve

The CE Program is both sad and pleased to inform you that Darlene Davis, our long-time CE Administrative Assistant retired at the end of March 2017. She will be missed. I am sure many of you who have worked with Darlene and enjoyed her friendly, helpful ways will miss her...but wish her well in retirement. We are pleased to now welcome Shana Stein, as the new CE Administrative Assistant.

-- Tracy M. Soska, CE Director

CE FALL CALENDAR

SEPTEMBER

9 TREATING CO-OCCURRING DISORDERS: Mental Illness and Substance Abuse
29 NO ONE CALLS YOU A HERO: Opioid Abuse and Harm Reduction Approaches

OCTOBER

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3 CLINICAL HYPNOSIS: Awakening the Healer Within
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17 INTEGRATED BEHAVIORAL HEALTH CARE

DECEMBER

1 OVERCOMING COMPASSION FATIGUE: Refuel. Renew. And Re-Center Your Work-Life Demands
8 IT DIDN’T START WITH YOU: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle
Mary Hawk, MSW, DPH, has been working in HIV/AIDS in applied settings for more than 20 years, primarily in program development, implementation, and evaluation. Though originally trained as a social worker and experienced in managing interventions designed to mitigate the impact of HIV, she recognized the need to test and replicate structural interventions to improve HIV health disparities, which led her to the doctoral program and subsequent faculty appointment at the University of Pittsburgh Graduate School of Public Health. Her primary research foci include evaluation and implementation of structural interventions to reduce the impact of HIV/AIDS and improve clinical outcomes for those living with the disease, as well as program evaluation to assess outcomes and improve service delivery in public health systems. Her current work includes development of a multi-level intervention for community-based Naloxone distribution; implementation and evaluation research on a CDC-funded vaccine uptake grant; and an NIH-funded R01, which will test the impact of representative payee services on antiretroviral adherence among marginalized people living with HIV. Dr. Hawk is the co-founder of The Open Door, a Pittsburgh-based harm reduction hub.

Jessica Gurley-Randolph, LCSW, is an Licensed Clinical Social Worker with over nine years of mental health experience. She is currently an Inpatient Psychiatric Social Worker for the Veterans Affairs where she serves on VA’s Palliative Care Veteran Community Partnership Pittsburgh and their Recovery Action Committee committees. She has been providing clinical services to diverse populations of children, adults, older adults, families, and Veterans with mild to severe mental illness, addictions, and intellectual disabilities; including those on the autism spectrum. She has advanced knowledge and expert skill in specialized interventions and treatment modalities with complex dual illnesses, including: trauma informed care, applied behavioral analysis, crisis prevention/de-escalation, functional behavioral assessment, CBT, DBT, MI, and strategic family therapy. Jessica has been a behavioral community Treatment tams Clinician, mobile and school-based therapist, and private practice therapist. She also provides career development services, general Social Work consulting, supervision, and mental health trainings for both individuals and organizations through Social Work Consulting and Counseling.

Renee Jennings, MA MSW, LCSW, is a somatic and energy arts practitioner, teacher/trainer and consultant in Pittsburgh, offering an embodied, integrative approach to healing and transformation. Renee is faculty at the Gestalt Institute of Cleveland, a certified EMDR therapist and hypnotherapist, meditation teacher and Reiki master/teacher, and Energy Psychology practitioner. In addition to working with individuals, couples and groups, Renee has presented workshops and trainings at numerous conferences and organizations, including the Esalen Institute, the Association for the Advancement of Gestalt Therapy, The Ohio State University, and the National Association of Social Workers.

James H. Mercuri, LCSW, has 10 years of experience as a clinical social worker in a variety of settings, including an inpatient hospital setting, community mental health clinic, and specialty clinics. He is currently a supervisor of the integrated behavioral health program at UPMC St. Margaret’s family medicine residency which affords him the opportunity to continue clinical work while developing an integrated model of care that is being taught to new physicians alongside behavioral health workers. His expertise is in the efficient and effective treatment of chronically ill individuals in the community by assembling a multidisciplinary team. Jim has served on numerous UPMC committees, councils, and work groups to improve care and services.

Ken Montrose, LPC, CAC is the Director of Training and Publications for Greenbriar Treatment Center, where he’s worked since 1999. For eight years he worked as an addiction specialist on a schizophrenia unit of a psychiatric hospital. He was the Director of Clinical Services for Greenbriar for two years. A Certified Addictions Counselor, he also holds a Master’s degree in Developmental Psychology. He has been sober since October 2, 1988. Ken has provided training for numerous mental health and chemical dependency treatment agencies regionally and nationally.
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He is the author or co-author of numerous publications and home-study courses. His life’s work has focused on incorporating treatment for mental illness and substance abuse.

Sharise M. Nance, LCSW, CCTP has over 16 years of experience in the helping profession. Besides being a Licensed Clinical Social Worker she is a Certified Clinical Trauma Professional, and an award winning author. She has presented keynotes and seminars nationally for young professional, entrepreneurs, parents, and adolescents. She has also been featured on local TV shows and in newspaper, magazines, and national podcasts. Ms. Nance is co-owner and co-founder of HandinHand Counseling Services, LLC, a private consulting practice dedicated to promoting Hope, Health, and Healing to individual and families dealing with generational and situational obstacles.

Sr. Madeleine Rybicki, CSFN, MS, is a training specialist with Holy Family Institute who presents regionally, nationally, and internationally on children and youth care. She has also been an adjunct faculty member for the School of Social Work and the University’s Child Development and Child Care Program from which she received the distinguished alumni awardee. Sr. Madeleine has served as coordinator of the Education and Training Committee of the National Organization of Child Care Workers and as president of the Academy of Child & Youth Care Professionals.

Bonnie Shields, BS Ed, MSW, LSW, is a Senior Clinical Social Work with the Allegheny Health Network Cancer Institute in Pittsburgh. Her early work with the Pittsburgh Cancer Institute and with patients who experience cancers were important to her continued work in medical social work at UPMC Montefiore and Shadyside Hospitals, FMC Dialysis of Pittsburgh, the Cancer Caring Center, where she was Director of Support Services, and now her current work with Allegheny Health Network. He vision is to provide the tools to reduce emotional pain and anxiety associated with cancer to achieve a better quality of life. She is grateful for the privilege to study with Dr. Carl Srodes in Pittsburgh and H. Forester Miller at Duke University’s Clinical Hypnosis program over the last five years.

Marcus Stallworth, MSW, is the Director of Learning and Organizational Development at Welcome 2 Reality. He is an author of a journal article published in the 23rd volume of Child Welfare League of America’s Children’s Voice. Marcus is a national consultant and trainer for Child Welfare League of America and professor at the University of Bridgeport and Post University

Ginny Vayda, LCSW ACSW, CMC, is Supervisor Social Work, OEF/OIF/OND, Homeless Care Continuum and Veteran Employment Services at the James E. Van Zandt VA Medical Center, Altoona, PA. She was formerly The Victim Advocate Supervisor for MHN Government Services-HealthNet, Inc., working with clinical services to active military members and their families. She is also an adjunct faculty member at several schools of social work. She has more than twenty years of experience in medical social work.

Qur-an Webb, MSW, is the Director of Operations at Welcome 2 Reality. He is a wealth knowledge and experience in Child Welfare. Qur-an an independent contractor and graduate of the Elm City Fellowship for Children and Families sponsored by the Annie E. Casey Foundation. Qur-an teaches at the University of Bridgeport.

Mark Wolynn is Director of The Family Constellation Institute, The Inherited Family Trauma Center and The Hellinger Institute of Northern California, Mark is North America’s leader in Inherited Family Trauma. and leads workshops at hospitals, clinics, conferences, and teaching centers around the world. He is the author of the book IT DIDN’T START WITH YOU: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle (Viking, April 2016). Mark specializes in working with depression, anxiety, obsessive thoughts, fears, panic disorders, self-injury, chronic pain and persistent symptoms and conditions. Visit: www.markwolynn.com. See Mark’s interview in Psychology Today (June 23, 2016).
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