Evolve Coaching

At the office and on college campuses, Evolve Coaching provides unique and individualized coaching support to adults in the areas of organization, time management and communication. Our coaches utilize elements of traditional coaching, behaviorism, cognitive therapy, and rational emotive behavior therapy. Amazing clients come to us in hopes of seeking success in the following areas: Academics & Organization; Nonverbal Communication; Executive Function; Friendship Building and Maintenance; Employment and Career Pursuits.

The majority of clients we encounter are diagnosed with autism spectrum disorders. Individual and group sessions are provided. We also provide employer and staff awareness and sensitivity trainings for organizations and companies that currently employ individuals with ASD or would like to learn more.

Last year, Evolve Coaching became a nonprofit (501c3) organization, which provides a unique opportunity for students to participate in field education with our organization. Students will be given opportunities to shadow with and/or facilitate therapeutic coaching meetings as well as participate in social skill groups for young adults with autism spectrum disorders. Students will learn about the process of running a nonprofit by researching and applying for grants, maintaining a social media presence, updating a monthly newsletter, as well as learning methods of monitoring and assessing clients' abilities and skill acquisition. This placement could be appropriate for both direct practice and COSA students.