The passage of PA Act 31 in late 2014 brought with it new training requirements for licensed health professional across Pennsylvania for identifying and reporting child abuse. For social workers and other helping professionals, the timeline for certifying that training with license renewal pending in early 2015, these new training certification requirements were a major challenge. Working with the new Department of Human Services, the School of Social Work and its Child Welfare Resource Center (see picture) quickly responded by developing a new online training course that, while initially developed for social workers and related helping professions, was approved for all health professional who are now required to complete certified training to fulfill Act 31 mandates in the state in the wake of the Sandusky scandal.

As of fall 2015, nearly 500,000 health-related professional have now completed this online training. As one might imagine, this massive response to this online training was not without issues; however, the School weathered this crush to complete this new state training certification. We are especially grateful to our capable HelpDesk staff at the Child Welfare Resource Center who were able to individually help those who, for many reasons, experienced delays or glitches with their online training certification. Things have been much quieter since the professional license renewal period has passed, and we will prepare to gear up for the next round of training certification as needed.

For those who still much complete this Act 31 child abuse identification and reporting training for their social work or other health professional license in PA, you can find this training at: www.reportabusepa.pitt.edu
The following are continuing education providers in the University/School network for whom the School of Social Work regularly co-sponsors social work continuing education for a variety of workshops, conferences, and other training.

**Child Welfare Competency-Based Training Program (CBT)** is a component of the School of Social Work’s Child Welfare for Education and Leadership initiative that provides a range of educational and training programs across Pennsylvania.

www.pacwcbt.pitt.edu

**Western Psychiatric Institute & Clinic (WPIC) Office of Educational and Regional Programming (UPMC)**

www.wpic.pitt.edu/oerp

**PA/Mid-Atlantic AIDS Education & Training Center (School of Public Health)**

www.pamaaetc.org

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**Pittsburgh Pastoral Institute**

Pastoral Counseling, Spirituality & More

www.ppi-online.org  412-661-1239

**Western Pennsylvania Family Center**

Bowen Theory, Family Therapy, and more

www.wpfc.net  412-362-2295

**IRETA (Institute for Research, Education & Training in Addiction)**

www.ireta.org  412-391-4449

**Community Care Behavioral Health**

Mental Health, Managed Behavioral Health, and other training for clinical practice and recovery

www.ccbh.com  412-454-2120

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See our online co-sponsorship link on the School’s website

WWW.SOCIALWORK.PITT.EDU

Send us your CE Links and info we will gladly share them on our CE website

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**NASW & NASW-PA News**

Southwest Division Updates

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2015 NASW-PA STATE CONFERENCES

*Info: www.nasw-pa.org*  
October, 15-17, 2015  
The Penn Stater Hotel & Conference Center  
State College, PA

Requests for Proposals  
Opportunities for Sponsorship  
and Award Nominations  
are available online

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**LSW Exam Prep Workshops at Pitt**  
Saturdays November 21, 2015  
(See page 4 for details)

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**SOCIAL WORK PAVES THE WAY FOR**

NASW AT 60

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Join NASW  
www.nasw-pa.org  
1-800-272-6279  
Social Workers Help Starts Here
The School of Social Work’s Center on Race and Social Problems offers an annual lecture series to provide an opportunity for faculty, students, and members of the public to engage in race-related discussions on timely topics. Each event in the series is held 12:00–1:30 pm in the School’s conference center, 2017 Cathedral of Learning. Lunch is provided, and registration is not required. Join us at these important lectures for Fall 2013:

Keep informed on CRSP research and programs. Videos of past lectures are also available online at: www.crsp.pitt.edu or 412-624-7382

Thursday, September 17
“Policing Reform, Community, & Ethical Leadership”
Cameron McLay - Chief of Police, Pittsburgh Police Department

Thursday, October 8
“Black-White Differences in Intergenerational Economic Mobility in the United States”
Bhashkar Mazumder - Senior Economist & Research Advisor, Federal Reserve Bank of Chicago Executive Director, Chicago Census Research Data Center

Wednesday, November 11
“Birth of a White Nation”
Jacqueline Battalora - Attorney, Professor of Sociology, Anthropology, and Criminal Justice, Saint Xavier University

Thursday, December 10
“Multiracial in the Workplace: A New Kind of Discrimination?”
Tanya Hernandez - Professor of Law, Fordham University

Fall 2015 Series is generously underwritten by BUCHANAN INGERSOLL & ROONEY PC
LSW EXAM PREP FALL WORKSHOP

LSW/LCSW EXAM PREPARATION
Sponsored by NASW-PA

Becoming a Licensed Social Worker or Licensed Clinical Social Worker in Pennsylvania requires a computerized examination at the intermediate level as conducted by the Association of Social Work Boards (ASWB). This workshop will overview both LSW & LCSW preparation and
• Review suggestions for study and readings, including review of the Manual.
• Review the Social Work Code of Ethics as essential to the exams
• Learn helpful test-taking and exam preparation hints, as well as the ASWB procedures.
• Complete and review a practice exam

Faculty: Virginia “Ginny” Vayda, LCSW, ACSW
Dates: Saturday, November 21 2015
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee*: See NASW-PA website www.nasw-pa.org

Register for Exam Prep Workshops
only at:  www.nasw-pa.org
Or NASW-PA 1-800-272-6279
Join NASW for registration discount

PA ACT 31 CHILD ABUSE REPORTING TRAINING

The Commonwealth of Pennsylvania recently enacted a new legislation (Act 31) around child abuse prevention and intervention in the wake of the Sandusky scandal, and now Act 31 has promulgated a series of new regulations that affect the work of helping professionals. This fall the Department of Welfare - now the Department of Human Services—enacted regulations under this law that require new training for all licensed health-related professionals in Pennsylvania, including LSW/LCSWs, LPCs, and LMFTs to address “recognizing and reporting child abuse.” The School of Social Work at the University of Pittsburgh through its Child Welfare Resource Center and Continuing Education Program have in place a free Act 31 Online Training that meets all PA requirements for health-related professions.

Online training is available at:
www.reportabusepa.pitt.edu

FALL DISTINGUISHED ALUMNI EVENT

JOIN US FOR HOMECOMING WEEK

Alumni and Field Instructors are invited to join School of Social Work Faculty, Students, and Staff at the Annual Distinguished Alumni Lecture and Lunch. This program will include a light lunch and a panel presentation featuring our Distinguished Alumni in Education and Practice and our Outstanding Alumni and Field Instructors who will be briefly recognized with awards at this event. This will be a free program open to Alumni and Field Instructors, and the SSW faculty, students, and staff, and two hours of continuing education will be provided for those signing up at the event. The School will also host other activities following the lunch event and host a Network Reception at 5:30 pm at the Pittsburgh Athletic Association.

School of Social Work
DISTINGUISHED ALUMNI PANEL PROGRAM
Featuring our Distinguished & Outstanding Alumni
Wednesday, October 7, 2015
12:00 - 2:00 PM
2017 Cathedral of Learning
(includes lunch and 2 hours CE)
Registration Open to Alumni & Field Instruction and SSW Faculty, Students, and Staff
Open Activities from 2:00 - 5:00 pm
Open House at the New SSW Career Center
Sit in on Classes, Learn about CRSP, and More
NETWORKING RECEPTION
5:30 - 7:30 PM
Pittsburgh Athletic Association
There are three approved avenues for social work continuing education in Pennsylvania:

**Pre-Approved Providers:** Six pre-approved providers are noted in Pennsylvania’s enabling legislation for social work licensing, including the Council on Social Work Education - accredited schools of social work, NASW Chapters and their divisions.

**Provider Approval:** CE certificates from these programs must show the PA licensing board approval number.

**Individual Approval:** Any social worker may request an individual continuing education approval for attending an event on your own, e.g., national or state conference. However, you must submit an application (it can be faxed) **at least 24 hours prior to attending** the continuing education event. Forms can be requested from the state board or online (See URL above)

Current PA regulations for social work continuing education are available online, as are the regulations for licensed marriage and family therapist and professional counselors.

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**AFFORDABLE HEALTH CARE IS HERE**

Enroll America has been active in Pennsylvania in 2014-2015 with thousands signed up for with affordable health care options. Offices are open in both Philadelphia and Pittsburgh and Field Staff will again be organizing around the state. The work of EA will focus on conducting grassroots work to inform person’s presumptively eligible for health coverage through the Affordable Care Act. With the recent Supreme Court decision supporting the Affordable Care Act, new enrollment will reopen nationwide in November

**Enroll America** is a nonpartisan 501(c)(3) organization whose mission is to maximize the number of uninsured Americans who enroll in health coverage made available by the Affordable Care Act. Enroll America is a collaborative organization, working with partners that span the gamut of health coverage stakeholders—health insurers, hospitals, doctors, pharmaceutical companies, employers, consumer groups, faith-based organizations, civic organizations, and philanthropies—to engage many different voices in support of an easy, accessible, and widely available enrollment process. For further information and to learn how to connect with and become involved, please visit [www.enrollamerica.org](http://www.enrollamerica.org)

**2015/2016 INFO/ENROLLMENT SESSION**

**2017 CATHEDRAL OF LEARNING**

**WEDNESDAYS FROM 12:00 - 6:00 PM**

- **NOVEMBER 4, 2015**
- **DECEMBER 2, 2015**
- **JANUARY 20, 2016**

Uninsured ID Forms Now Available Online

If someone is uninsured or just interested in how one could sign up for health care, they can fill it out online form and will immediately be added to Enroll America’s contact list, and they will reach out to. Them, especially if they are Medicaid eligible. Visit at: [https://www.getcoveredamerica.org/commit/](https://www.getcoveredamerica.org/commit/)
INTRODUCTION TO CANCELLED INTERGENERATIONAL PROGRAMS

This course is on-line, interactive experience based on the success of Generations Together Intergenerational Training Institute at the University of Pittsburgh. The fall on-line course is designed to help you develop the skills needed for success in the intergenerational field. Students read course materials, do on-line assignments, discuss the content with fellow students and instructors, and follow step-by-step procedures to complete the individual units.

In this abridged summer version of our 12-week course (See page 4) students learn useful, concrete principles that can help enhance your professional development. After completing the course, you will have a better understanding of skills needed to develop intergenerational programs and how to apply them.

After completing this course, you will be able to:

- Explain the rationale for intergenerational programs as a social intervention model
- Formulate a design/plan for an intergenerational program
- Develop a process to engage community support for intergenerational programming
- Develop the basic skills to implement intergenerational program components
- Recruit, train, and manage participants and staff in intergenerational programming
- Evaluate an intergenerational program

Faculty: Cathy Tompkins, PhD, Course Coordinator and Generations Together Training Program Faculty
Dates: 13 weeks September 12 - December 12 2015
Time: your convenience  Place: your computer
Fee: $350 + text ($40)  
CE: 30 hrs (L/CLSW, LMFT, LPC, NBCC)
Tuition: Per credit rate + part-time student fees & text
Credits: 2 graduate (College of General Studies only)

For course information: COURSE CANCELLED
Cathy Tompkins, course Coordinator
703-993-2838 or ctompkin@gmu.edu
For course registration: Contact the CE Office
412-624-6902 or drn8@pitt.edu

CITIZEN SOLDIER SUPPORT PROGRAM - ONLINE COURSES

You can help. As a first responder, medical, or behavioral health professional in the community, you may now or soon be caring for a Veteran or their Family Member. By participating in the "Treating the Invisible Wounds of War (IWW)" on-line training series, you can develop a better understanding of the culture in which veterans and their families live, and learn how to properly identify, assess and treat the unique behavioral health issues that result from the trauma of war.

The "Citizen Soldier Support Program" series of courses available free of program charge (but a $10 fee applies for CE Certification) through a national partnership with Army OneSource, North Carolina Area Health Education Center (AHEC), and the Citizen Soldier Support Program (CSSP), NASW and other. A number of on-line courses are offered for social work continuing education at the noted hours (separate, CE certification) including:

- Treating the Invisible Wounds of War  CE: 4 hours
- Issues of Women Returning from Combat  CE: 3 hours
- Understanding Military Family Issues  CE: 3 hours

You have the power to help. Please complete the Citizen Soldier Support Program course sand provide the specialized care our soldiers and their family members need and deserve. Help soldiers and their families live the lives they deserve.

CE: (as indicated for each course)
Fee: Courses Free - but CE Certificate - $10/course
To register use the following link:
www.aheconnect.com/citizensoldier
Registration Code: AOSCESWPA01

Info or Problems: Stephanie Grimes, PA
State Coordinator (412) 315-9151
or SGrimes@afsc.com

CONTINUING EDUCATION
INTERNET-BASED PROGRAMS

INTERNET-BASED COURSE

SOCIAL WORK CONNECTIONS
PROGRAMS & EVENTS
COMMUNITY BUILDING AND HUMAN SERVICES MANAGEMENT

HITTING THE GROUND RUNNING: A ONE-DAY WORKSHOP FOR NEW SUPERVISORS (OR THOSE ASPIRING TO BECOME SUPERVISORS)

This is a fast-paced workshop designed to help new supervisors develop an awareness of what is involved in moving into the role of supervision, and provide an understanding of the best way to establish credibility and build respect as a new supervisor. At the end of this workshop participants will be able to:

- Understand supervisory responsibilities
- Avoid common first-time supervisory mistakes
- Know the 5 strategies for transitioning from a ‘doer’ to a supervisor
- Understand the basics of coaching, giving effective feedback, and documenting employee performance in order to do an effective performance evaluations
- Understand how to supervise former co-workers/friends, maintain professional boundaries, and how to avoid dual-role relationships
- Effectively use the tools of individual conferences and unit meetings

Faculty: Ruth McMonagle, LISW-S, LSW, MBA
Date: September 18, 2015
Time: 9:00 am- 4:00 pm
Place: 2017 CL
CE: 6 hours (LSW/LCSW, LPC, LMFT)

JOIN RUTH FOR NEXT WORKSHOP 11-13-15

CONDUCTING PERFORMANCE EVALUATIONS

One of the most difficult tasks of many supervisors is appraising the performance of workers. Evaluating an employee’s performance involves far more than a pat on the back or complying with an organizational directive to complete a performance appraisal form. To be meaningful, performance appraisal must be viewed as a process, not an annual event, consisting of steps which begin when the employee is hired and culminating in a formal discussion with the employee. This one-day workshop is designed to develop a supervisor’s understanding of the performance appraisal process and to build confidence and skills in conducting the performance appraisal interview. At the end of this workshop, you’ll be able to:

- Understand the many and varied uses of performance appraisals
- Define the purpose of documentation and its importance in the appraisal interview
- Understand the process of performance appraisal and the necessity of using regular feedback and informal progress review discussions
- Know the types of individual biases and ways of overcoming them
- Practice setting and writing performance goals and objectives
- Know the 7 Key Steps of the Performance Appraisal Process and develop and Action Plan for enhancing future performance appraisals

Faculty: Ruth McMonagle, LISW-S, LSW, MBA
Date: November 13, 2015
Time: 9:00 am- 4:00 pm
Place: 2017 CL
CE: 6 hours (LSW/LCSW, LPC, LMFT)
AFROCENTRIC INTERVENTION PARADIGM: AN OVERVIEW OF INTERVENTION PERSPECTIVES, CONTENT, AND APPLICATION METHODS

Successful use of Afrocentric ideas, theories, and frameworks in human service programs illustrates that many African Americans respond and engage more readily because the interventions uniquely value and understand their historical experiences and include their cultural influences as “protective” factors. A critical assertion is that many therapists and counselors misdiagnose and mislabel African Americans’ emotional and mental disorders by excluding analysis of the effects of various forms of “risk” and “protective” factors in their diagnoses and treatment process. Thus, this workshop reviews how human service interventions can be designed to be culturally proficient by incorporating the Afrocentric paradigm. This workshop’s major learning goals are to understand and able to articulate:

- Major components of Afrocentric Intervention Paradigm.
- Common socio-cultural risk vs. protective factors among contemporary African Americans.
- How troubled African Americans need to be debriefed of the impacts of past and modern threats.
- Unique definitions of ten (10) culture-related intervention terms that directly reflect the Afrocentric paradigm.
- Successful case examples of the theory and intervention application

Faculty: T. Rashad Byrdsong
Date: October 30, 2015
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 Hours (L/LCSW, LPC, LMFT, Psych, NBCC)

SOCIAL WORK ETHICS UPDATE

Licensed Social Workers and Licensed Clinical Social Workers in Pennsylvania are required to complete at least three hours of continuing education on ethics content each license renewal period as part of their 30 hours of continuing education. This workshop is our final opportunity this licensing period to address this requirement. In this workshop you will:

- Use the Social Work Code of Ethics as a guideline, you will review common ethical principles that impact everyday practice
- Learn ethical decision-making frameworks and tools that you can apply in your practice
- Work on cases to help strengthen your understanding of issues, guidelines and tools for effective and ethical social work practice.

Faculty: Virginia “Ginny” Vayda, LCSW, ACSW
Dates: Saturday, December 12, 2013
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 hours (L/LCSW, LPC, LMFT) for Ethics

HOMECOMING WEEK
Distinguished Alumni Event
Join Us for a Lecture over Lunch With our Panel of Outstanding Alumni

Wednesday, October 7, 2015
2017 Cathedral of Learning
12:00 Noon - 2:00 PM
No Registration Needed
Alumni & Field Instructors Welcome (2.0 hrs. CE will be available at the program)
CE PROGRAMS & EVENTS
(Clinical Programs Co-Sponsored by Western Psychiatric Institute and Clinic)

CHILDREN & YOUTH

BULLYING PREVENTION AND AWARENESS

This informative workshop will teach staff who work directly with children, foster parents, parents, adopted parents or caregivers how to teach their children to deal with “bullies.” Our certified trainer will use materials from the Olweus Bullying Prevention Program that have been designed to give participants a better awareness and understanding of their responsibility to provide safety to and for the youth they serve. Trainees will learn what and how to present this bullying information to school personnel, camp counselors, afterschool staff and other children/youth workers. Through this training you will learn to:

• Help children deal with bullies and what they can and must do.
• Empower your staff, parents, foster parents, or adoptive parents to help children deal with bullies
• Talk, share, inspire, and deal with problematic issues regarding bullying

Faculty: Sr. Madeleine Rybicki, CSFN, MS
Dates: October 23, 2015
Time: 9:00 AM - 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hrs (L/LCSW, LPC, LMFT, NBCC)

BECOME A CE PRESENTER

The School of Social Work’s Continuing Education Program is always looking for exciting new continuing education programs and presenters. If you would like to present your workshop in the School’s CE Program, email program description, learning objectives, and brief bio to:
Tracy Soska at: tsssw@pitt.edu

GERONTOLOGY

PALLIATIVE CARE AND OLDER ADULTS: A GOOD IDEA FACING CHALLENGES

Two of every three older adults have multiple chronic conditions to manage, and their treatment makes up about 66% of the nation’s health care costs (CDC, 2013). By definition these conditions are not “curable,” and chronic conditions are the leading causes of death among older adults with heart disease, cancer, chronic lower respiratory diseases, stroke, Alzheimer’s disease, and diabetes representing nearly 70% of all older adult deaths for 2007-2009 (CDC, 2013). These conditions can lead to diminished quality of life and reduction in independence often lasting for extended periods prior to their becoming life limiting. Palliative care by definition—care provided by an interdisciplinary team which relieves symptoms, pain, and stress and improves quality of life for patients with serious illness and their families (Center to Advance Palliative Care, 2014)—provides a response to this challenge. This program will define and explore palliative care. We will discuss core social work skills which can be used to help patients and families use it as to guide treatment. We will explore evidenced based practices for advance care planning that are consistent with palliative care. Finally, we will explore social work’s unique role on the palliative interdisciplinary team. By the end of this presentation, participants will:

• Be able to articulate what palliative care is and distinguish it from other forms of care;
• Articulate the social worker’s role on the palliative care team;
• Place palliative care in the context of advance care planning and evidence based practices in advance care planning; and
• Identify social work skills which are particularly helpful for palliative care social work

Faculty: Elizabeth Mulvaney, MSW, LCSW
Date: October 2, 2015
Time: 9:00 am – 12 Noon
Place: 2017 CL
Fee: $75
CE: 3 hours (L/LCSW, LPC, LMFT)
Recent Clinical Practitioners
Join Us For A Three Workshop Series

INSTITUTE FOR CLINICAL SKILL DEVELOPMENT: A WORKSHOP SERIES FOR NEW CLINICAL PRACTITIONERS

This nine-hour workshop series over three Saturday mornings is designed for master level clinicians with less than three years of experience in direct practice and for clinicians who are interested in transitioning into direct practice from another area of focus. Developed from the unique perspective of a clinical supervisor and supervisee, this curriculum is designed to fill the gap between graduate education and professional clinical field work. The course will help clinicians evaluate and use supervision effectively to enhance client care, identify ethical issues faced by new clinicians, and assess clinical strengths and weaknesses by analyzing current caseloads. This institute offers the following three sessions:

OCT. 3 THE USE OF SUPERVISION AND OTHER NETWORKS TO ENHANCE CLIENT CARE
Upon completing this session, you should be able to:

- Summarize the requirements for licensure in Pennsylvania and describe the various avenues to achieve advanced licensure.
- Summarize the responsibilities of licensed clinicians in several key areas related to direct practice.
- Explain the components of task supervision and clinical supervision and describe what constitutes good supervision in each area.

OCT. 10 THE USE OF SUPERVISION AND OTHER NETWORKS TO ENHANCE CLIENT CARE
Upon completing this session, you should be able to:

- Describe ethical pitfalls for new clinicians in the mental health field.
- Describe common boundary issues in direct practice and identify boundary concerns in your own cases.
- Describe how boundary crossings can lead to unethical behaviors in clinical work.
- Identify techniques you can use to avoid common ethical and boundary mistakes.
- Identify and assess ethical concerns in your workplace and describe how they affect client care and clinical development.

OCT. 24 THE USE OF SUPERVISION AND OTHER NETWORKS TO ENHANCE CLIENT CARE
Upon completing this session, you should be able to:

- Describe the components of effective clinical care for your workplace.
- Assess your caseload to determine trends that highlight clinical strengths and weaknesses.
- Identify areas of future clinical development and learn how to implement new clinical skills with clients in the field.
- Assess your responses to difficult cases, an overwhelming caseload, or a difficult work environment, and identify ways to avoid impacting clinical care.
- Identify signs of burnout and describe the potential effects on client care and clinician effectiveness.

Faculty: Heather Martin, MSW, LCSW and Laura Fauble, MSW, LSW

Dates: October 3, 10, & 24, 2015
Time: 9:00 AM - 12:00 Noon (each Saturday)
Place: 2017 Cathedral of Learning
Fee: $175
CE: 9 hrs (L/LCSW, LPC, LMFT, NBCC, Psych)
THE GREIF REVOLUTION: INNOVATIVE GREIF INTERVENTIONS

Therapeutic interventions which are most beneficial for addressing grief are still being revealed to us. Research shows that traditional methods can be insufficient. In this workshop, we will discuss the groundbreaking idea of how traditional therapeutic and metaphysical methods can merge to enhance and possibly reduce the pain and quicken the grieving process for clients. You will leave this workshop with an understanding of the history, research and limitations of traditional grief therapy and how incorporating metaphysical concepts in sessions with your grieving clients may be the combination needed for you to help your clients resolve their emotional pain. Come with an open mind. Leave with revolutionary methods to add to your therapy practice. Through this workshop you will
• understand that grief behaviors and treatment have a cultural connection that changes over time
• learn historical theories and models and the role they played in traditional grief
• discuss grief symptoms as found in DSM 5
• understand various methods of after-death communication (ADC) and the benefits they have for client
• learn about the research outcomes of after-death communication in relation to grief resolution and various theoretical interventions
• identify ways for integration of after-death communication in the therapeutic process using Ad- cotherapy

Faculty: Debbie Pakler, PhD, LSW, MSW, MA
Date: October 9
Time: 9:00 AM - 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $75
CE: 63hrs (L/LCSW. LPC, LMFT, NBCC, Psych)

Two Workshops with Community Care Behavioral Health Organization

DEVELOPING EMPATHY FOR THE LIVED EXPERIENCE OF PSYCHIATRIC DISABILITY: A SIMULATION OF HEARING DISTRESSING VOICES (9:00 AM - 12:00 Noon)

"Hearing Distressing Voices" is a ground breaking training developed by Pat Deegan, Ph.D., that helps mental health professionals understand the challenges that face people with psychiatric disabilities. During the three-hour training participants listen to distressing voices through headphones while completing a series of tasks such as taking a mental status exam in a mock psychiatric emergency room. Strategies for individuals to help manage their distressing voices will also be discussed and explored. You will learn:
• The types and varieties of voice hearing experiences.
• To increase empathy and understanding of the experience of hearing distressing voices.
• Effective ways of helping people who hear distressing voices

RECOVERY MODELS IN BEHAVIORAL

This workshop will provide an overview of the common recovery models used in mental health and substance use disorder disciplines. The presentation will cover the universal principles of recovery and how these models have incorporated wellness and peer support to promote long-term recovery in the community.
• Identify recovery principles found in mental health and substance use disorders models of recovery
• Appreciate three universal principles found in both recovery models
• Examine how wellness and peer support strategies have been incorporated into these models to promote long term recovery
COGNITIVE ENHANCEMENT THERAPY

Cognitive Enhancement Therapy (CET) is a performance-based developmental approach to the rehabilitation of social and neuropsychological cognitive deficits among those with schizophrenia and related disorders. Participants are asked to work on their recovery through structured exercises, rather than simply talk about difficulties and strategies. CET has been shown to have remarkable and enduring effects among schizophrenic and schizoaffective disorder subjects in a large, long-term, randomized study (Hogarty et al., 2004).

Overall, CET attempts to increase mental stamina, active information processing, and the spontaneous negotiation of unrehearsed social challenges. It does so with a focus on enhancing perspective taking, social context appraisal, and other components of social cognition. It has been designed as a recovery phase intervention for symptomatically stable persons with severe mental illness, who nonetheless remain socially and vocationally disabled. Through this half-day workshop you will learn to:

- Define trauma and its symptom presentations
- Understand how trauma is stored differently in the brain from other memories and the five senses
- Explore examples from the literature on the use of creative and expressive arts to work with trauma
- Appreciate the difference between being a certified creative arts therapist and integrating creative approaches into cognitive behavioral therapy
- Applied concepts and skills through experiential exercises.

Faculty: **Maralee Litschge, MSW**
Dates: December 4, 2015
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 hours (L/LCSW, LPC, LMFT, Psych)
**CE FACULTY**

**T. Rashad Byrdsong** Community Empowerment Association Inc. (CEA) in 1994 to address the needs of the children, youth, adults, and families among African American communities. CEA utilizes an Afrocentric strategy of integrating culture, social identity and empowerment techniques to effectively achieve desirable intervention goals and objectives. Since its inception in 1994, CEA has served over 14,000 children, youth and families residing in 48 neighborhoods, enrolled in 74 schools and 9 school districts within Pittsburgh and Allegheny County. Mr. Byrdsong has received numerous professional awards, and his Afrocentric model at CEA has been studied and reviewed in academic journals.

**Lynn Coghill, LCSW,** is the MSW Program Director at the University of Pittsburgh School of Social Work and a professor who teaches courses on Cognitive Behavioral Therapy and other clinical skills. She is also a private practicing therapist specializing in CBT and expressive therapies. She has also served as a mental health trauma social worker in national and international disaster and crisis response. A former ballet dance and instructor, she continues to perform as a dancer.

**Laura Fauble, MSW, LSW,** is a Clinical Educator in Prevention Education & Student Assistance Program (SAP) Services in Addiction Medicine Services of Western Psychiatric Institute & Clinic of UPMC. In an effort to meet the identified needs of communities, Laura develops and implements prevention education and skill development programs. Prior to this, she was the Director of Program Services at a local non-profit organization. Laura earned a Bachelor of Social Work (BSW) from Chatham University in 2011 and a Master of Social Work (MSW) from the University of Pittsburgh in 2012. She is pursuing certification as a Licensed Clinical Social Worker (LCSW).

**Maralee Litschge, MSW,** Research Project Clinician (2010) for the Advanced Support and Cognitive Enhancement for Neurodevelopmental Disorders (ASCEND) Program, founded and directed by Assistant Professor Dr. Shaun Eack. It is dedicated to advancing science on the treatment of neurodevelopmental conditions. Ms. Litschge is responsible for the implementation of Cognitive Enhancement Therapy and Enriched Supportive Therapy to participants in the PERSPECTIVES and ESSENCE research projects. She earned both her Bachelor’s and Master's degrees in Social Work from the University of Pittsburgh. Ms. Litschge has over 8 years of experience working with children and adolescents with autism spectrum disorders and adult psychiatric patients with schizophrenia and related disorders. She has also acquired extensive research experience by working on protocols that focus on the treatment of adults with schizophrenia and schizoaffective disorder.

**Heather Martin, MSW, LCSW,** is an Adjunct Faculty Instructor in the MSW Program at the University of Pittsburgh School of Social Work, a full-time private practice clinician, and a clinical supervisor to both new and experienced social workers. As an Adjunct Faculty Instructor, Heather has the perspective of seeing students develop into new clinicians beginning their careers and developed this course to fill the gap between graduate education and professional clinical field work. Prior to opening her private practice, Heather was a Clinical Supervisor at a community-based mental health agency in Brooklyn, NY. In her current practice, she specializes in eating disorders and is developing a new specialization in working with transgender and gender-variant adults.

**Ruth McMonagle LISW-S, LSW, MBA,** has over 35 years professional experience (including 13 years in the child welfare field) in behavioral science and human relations and possesses a sound understanding of human behavior. Her background includes extensive management, supervisory, personnel and sales experience in both a “hands-on” and consultative role. Ruth has trained at all levels of the organizational structure in settings as diverse as hospitals, government and private social service agencies, utility companies, banking, retail, engineering design firms, manufacturing and fabricating settings. In addition, Ruth has been an adjunct faculty member for several Ohio colleges and universities, and she received the Distinguished Service in Training Award from the National Staff Development and Training Association in 2008.

**Elizabeth Mulvaney, MSW, LCSW** is a lecturer at the University of Pittsburgh School of Social Work. She coordinated the School’s Hartford Partnership Program for Aging Education from 2005-2011. Beth has 15 years practice experience as a gerontological social worker providing care management and program administration, as well as experience in long-term care, with an emphasis on behavioral care planning, dementia care and end of life care. Her current research and practice interests include gerontology, ethics, palliative care and gambling prevention for older adults.

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CERTIFICATIONS

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LSW/LCSW: As a Council on Social Work Education accredited school of social work the School is a Pennsylvania pre-approved provider for social work continuing education. Programs also provide continuing education for LPC and LMFT.

National Board of Certified Counselors (NBCC): The University of Pittsburgh is an approved continuing education provider for counselors; please note your NBCC practitioner number when registering for programs.

Certified Addiction Counseling (CAC): The School maintains its status as an approved continuing education provider under the Pennsylvania Board on Addiction.

Certified Employee Assistance Professional (CEAP): Certification for professional development hours is provided under the auspices of the Employee Assistance Accrediting Commission of the Employee Assistance Professional Association.

Psychologists (Psych): The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs and their content. Each program is being offered for the designated number of continuing education credits.

NCGC: Gambling Counseling programs are approved for continuing education by the National Council on Problem Gambling.

FACULTY

Debbie Pakler, PhD, LSW, MSW, MA, is a psychotherapist, licensed social worker and teacher, she is uniquely qualified to discuss the partnering of psychotherapy and after-death communication. Debbie started her professional career in music education as a public school music teacher. She has also held positions as a school counselor and college administrator Debbie teaches psychic development courses regularly in the Community Education Department of the Community College of Allegheny County. Throughout the last eighteen years she has given many presentations and workshops on metaphysical concepts. Debbie’s experience as a counselor, psychotherapist and teacher merge very well with her psychic development work to employ a very holistic approach in her workshops. Her presentation style is both educational and entertaining as she uses humor, real-life stories, small groups, video segments, and practical exercises for achieving course objectives.

Sr. Madeleine Rybicki, CSFN, MS, is a training consultant with Holy Family Institute who presented regionally, nationally, and internationally on children and youth care. She has also been an adjunct faculty member for the School of Social Work and the University’s Child Development and Child Care Program of which she is an alumna and a recent School of Education distinguished alumna. Sr. Madeleine has served as coordinator of the Education and Training Committee of the National Organization of Child Care Workers and as president of the Academy of Child & Youth Care Professionals.

Ginny Vayda, LCSW ACSW, CMC, is Supervisor of Social Work, OEF/OIF/OND, Homeless Care Continuum and Veteran Employment Services at the James E. Van Zandt VA Medical Center, Altoona, PA. She was formerly The Victim Advocate Supervisor for MHN Government Services-HealthNet, Inc., working with clinical services to active military members and their families. She is also an adjunct faculty member at several schools of social work. She has more than twenty years experience in medical social work.

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