The University of Pittsburgh has begun its search for a new dean for the School of Social Work. Larry Davis, Dean and Donald M. Henderson Professor, announced that he will step down after the current academic year, ending more than a decade-and-a-half-long run in the post.

During his time at the School he founded the nationally renowned Center on Race and Social Problems, helped propel the School into the top 10 in the U.S. News & World Report ranking, and was recognized through numerous awards such as the 2018 Society for Social Work and Research (SSWR) Distinguished Career Achievement Award, and the Council on Social Work Education Career Achievement Award—the only person to receive such recognition from the leading, national social work education and social work research organizations.

Dean Davis helped raise the level of faculty scholarships to one of the most productive in the country, despite our relatively modest faculty size. Through the Center on Race and Social Problems, he instituted annual Fall and Spring Speakers Series, which have brought many of the leading experts on race and social problems to the School and raised the climate of dialogue on race both in the university and the Pittsburgh region. Among his most outstanding achievements was hosting the first ever Race in America Conference at Pitt in 2011, which brought thousands to Pittsburgh to learn from the leading national and local scholars and practitioners. The School now also publishes the highly-regarded Journal on Race and Social Problems.

He also established an annual School of Social Work Lecture Series, which also raised the academic climate in the School and the social work community by featuring national and regional notable speakers on timely social issues and topics. Most recently he has been traveling nationally to talk on his book, Why Are They Angry with Us? Essays on Race. Dean Davis will be leaving a lasting legacy at the School.
The following are continuing education providers in the University/School network for whom the School of Social Work regularly co-sponsors social work continuing education.

Child Welfare Competency-Based Training Program is the statewide training component of the School of Social Work’s Child Welfare for Education and Leadership initiative. www.pacwcbt.pitt.edu

Western Psychiatric Institute & Clinic (WPIC) Office of Educational and Regional Programming www.wpic.pitt.edu/oerp

PA/Mid-Atlantic AIDS Education & Training Center (School of Public Health) www.pamaaetc.org

Pittsburgh Pastoral Institute Pastoral Counseling, Spirituality & More www.ppi-online.org 412-661-1239

Western Pennsylvania Family Center Bowen Theory, Family Therapy, and more www.wpfc.net 412-362-2295

IRETA (Institute for Research, Education & Training in Addiction) www.ireta.org 412-391-4449

Community Care Behavioral Health Mental Health, Managed Behavioral Health, and other training for clinical practice and recovery www.ccbh.com 412-454-2120

Greenbriar Treatment Center - Training www.greenbriartraining.com Ken Montrose, kmontrose@greenbriar.net

If you conduct regular training or have major conferences and programs that we may co-sponsor, we can post those to our co-sponsorship link.

NASW & NASW-PA News Southwest Division Updates

NASW has revise the Social Work Code of Ethics (see page 5) and visit NASW at: www.socialworkers.org

NASW-PA LSW/LCSW Exam Prep Workshop Saturday, April 7, 2018 2017 Cathedral of Learning University of Pittsburgh SSW Register: www.nasw-pa.org

2018 NASW-PA ANNUAL STATE CONFERENCE

September 12-15, 2018 Kalahari Resort, Pocono Manor, PA

Sponsorship Opportunities & Call for Proposals Now Open RFP open until February 9th

www.nasw-pa.org

Join NASW www.nasw-pa.org 1-800-272-6279 Social Workers Stand Up
The School of Social Work's Center on Race and Social Problems offers twice yearly lecture series to provide an opportunity for faculty, students, and members of the public to engage in race-related discussions on timely topics. Each event in the series is held 12:00–1:30 pm in the School’s conference center, 2017 Cathedral of Learning. Lunch is provided, and registration is not required. Join us at these important lectures for Spring 2018:

Keep informed on CRSP research and programs: www.crsp.pitt.edu or 412-624-7382

Wednesday, January 24
Special Presentation - “Criminal Justice in the 21st Century”
Mark A. Nordenberg, Chair, Institute of Politics and Chancellor Emeritus, University of Pittsburgh - with colleagues: Edward P. Mulvey, Frederick W. Thieman, and County Executive, Rich Fitzgerald

Tuesday, February 20
“No Way Out: Precarious Living in the Shadow of Poverty”
Waverly Duck, Associate Professor, Department of Sociology, University of Pittsburgh

Thursday, March 22
“Race and Compounded Adversity: Evidence from the New York City Longitudinal Survey of Well-being”
Kathryn Neckerman, Senior Research Scientist, Columbia University Population Research Center

Thursday, April 5
“The Real Record on Racial Attitudes“
Camille Zubrinsky Charles, Annenberg Professor in Social Science; Professor of Sociology, Africana Studies, and Education; Director of Center for Africana Studies, University of Pennsylvania

SSW 100th Anniversary—the Celebration Continues
Join the School of Social Work as we continue our 100th Anniversary

CENTENNIAL LECTURE
February 21, 2018
CENTENNIAL CELEBRATION
AND ALL CLASS REUNION
April 20, 2018
(See details on page 4)
When the Commonwealth of Pennsylvania enacted a new legislation (Act 31) around child abuse prevention and intervention in the wake of the Sandusky scandal, the state promulgated a series of new regulations that affected the work of helping professionals. The Department of Human Services enacted regulations under this law that requires training for all licensed health-related professionals in Pennsylvania - including LSW/LCSWs, LPCs, and LMFTs - each license renewal period on recognizing and reporting child abuse.

The School of Social Work at the University of Pittsburgh, through its Child Welfare Resource Center and Continuing Education Program, has established a free Act 31 Online Training that meets all PA requirements for health-related professions that has been in place since Fall 2014.

This free online training has now been made available to all health-related professionals in Pennsylvania, and the School is pleased to note that over 1,000,000 licensed professionals have now taken this free online course.

Our online Act 31 training will be updated for the next license renewal period, (March 1, 2017 - February 28, 2019) and with Department of Human Service guidance, we hope to continue to revise the online training as needed to meet future needs or requirements for licensed professionals in PA.

If you are applying for your license for the first time or planning on renewing your license in PA, please take advantage of this well-regarded and free online training workshop.

Online training is available at:

www.reportabusepa.pitt.edu

SSW 100th Anniversary— the Celebration Continues

Join the School of Social Work as we continue our 100th Anniversary with following Spring Events

CENTENNIAL LECTURE
“An Interactive Social Work Timeline”
Professor Emeritus Edward Sites
University of Pittsburgh School of Social Work
February 21, 2018 from 12 Noon - 1:30 pm
in 2017 Cathedral of Learning
Lunch provided

CENTENNIAL CELEBRATION AND ALL-CLASS REUNION
Friday, April 20, 2018 from 3:00 - 8:00 pm
University Club, Ballroom B
University of Pittsburgh
Keynote speaker: Michael Sherraden & Response Panel
George Warren Brown Distinguished University Professor, and Founder/Director of the Center for Social Development (CSD), Washington University in St. Louis
Speaker & Panel (3 - 6 pm) & Reception (6 - 8 pm)
There are three approved avenues for social work continuing education in Pennsylvania:

**Pre-Approved Providers:** Six pre-approved providers are noted in Pennsylvania’s enabling legislation for social work licensing, including the Council on Social Work Education - accredited schools of social work, NASW Chapters and their divisions.

**Individual Approval:** Any social worker may request an individual continuing education approval for attending an event on your own, e.g., national or state conference. However, you must submit an application (it can be faxed) at least 24 hours prior to attending the continuing education event. Forms can be requested from the state board or online (See URL above).

Current PA regulations for social work continuing education are available online, as are the regulations for licensed marriage and family therapists and professional counselors.

**New Regulations:** The PA Board of Examiners will now approve social work continuing education programs for one (1) hour - previously the minimal allowance was 2 hours of CE. In addition, with the licensing period starting March 1, 2017, LSW/LCSW, LPC, and LMFT licensees must complete one (1) hour in Suicide Awareness and Prevention, as well as the long-standing 3-hour ethics continuing education requirement for license renewal.
CONTINUING EDUCATION

CE SPRING CALENDAR

MARCH
2 ASSESSMENT, INTERVENTION, AND PREVENTION OF SUICIDE IN OLDER ADULTS: An Inter-professional Approach
23 A CREED FOR UNDERSTANDING AND TRAVELING WITH BLACK MALES ON THE JOURNEY TO MENTAL HEALTH

APRIL
6 REVITALIZE YOURSELF, YOUR PRACTICE, AND YOUR CLIENTS WITH ENERGY-BASED AND BODY-ORIENTED TECHNIQUES & INTERVENTIONS
13 ADOLESCENT SUICIDE ASSESSMENT, INTERVENTION, AND PREVENTION
20 RESTORATIVE JUSTICE: A Framework for Community Building (Rescheduled to 9/28)
27 EMPOWERING CLIENTS TO BE CHANGE AGENTS: Transformative Skills to Strengthen Adult-to-Adult Relationship

MAY
4 PERINATAL MENTAL HEALTH: What It Is, Why It Matters, and How You Can Help
5 SOCIAL WORK ETHICS UPDATE: Ethics in the Workplace
11 TRAUMA AND HEALING: Treatment Through Energy and Body Work
18- CLINICAL SUPERVISION - Two-Day Institute
19

JUNE
1 EXPLORING THE IMPACT OF AND HEALING OF VIOLENCE
8 OVERCOMING COMPASSION FATIGUE: Refuel. Renew. And Re-Center Your Work-Life Demands

INTERNET COURSES & ACT 31 CERTIFICATION TRAINING

IDENTIFYING & REPORTING CHILD ABUSE

Satisfy your Pennsylvania-mandated Act 31 continuing education requirements for license renewal with our free and online Child Abuse Identification and Reporting course. The School of Social Work is pleased to offer this training developed and managed by our Child Welfare Resource Center in collaboration with our Continuing Education Program. Over 1,00,000 licensed professionals and mandated reporters in PA have now completed this online training program.

Date: Up to you
Place: Your home or office computer
Time: When it works best for you
CE: 3 hours
Fee: Free
To register use the following link:
www.reportabusepapa.pitt.edu

CLINICAL UPDATES IN DEMENTIA WEBINAR SERIES
Archived Webinars
No Registration Fee*

Session 1: Assessment of Dementia Through the Use of Evidence-Based Measures
https://pitteti.wufoo.com/forms/z115f0l1hu60ji/

Session 2: Pharmacologic Interventions for Dementia Syndromes
https://pitteti.wufoo.com/forms/z1eh7w8107zpcq

CE: 1.5 hr .each - L/LCSW, LPC, LMFT (PA) & Nursing
*$10 CE certification fee for processing
Program supported by HRSA grant funds
(Rescheduled to September 28th)

RESTORATIVE JUSTICE: A Framework for Community Building

Restorative Justice (RJ) is a relational way of responding to crime and wrong-doing, which supports offenders to hear and repair the harm that their actions have caused to individual victims and communities. In contrast to traditional systems’ focus on punishment, Restorative Justice facilitates empowering conversations in which the people directly involved have the opportunity to speak for themselves and choose the best responses. This interactive workshop will introduce the principles of restorative justice, explore the experience of RJ dialogue participants, overview a range of RJ practice, and consider the potential applications of RJ frameworks in community settings. Through this workshop, participants will be able to:

- Name the key principles of restorative justice
- Describe a restorative justice process
- Identify a range of applications for restorative justice principles
- Apply an element of restorative justice practice in their life

Faculty: Dawn Lehman, BASW, MA
Dates: Rescheduled to September 28
Time: 9:00 AM - 12:00 PM
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 hrs (L/LCSW, LPC, LMFT)

SOCIAL WORK ETHICS UPDATE: Ethics in the Workplace

Licensed Social Workers and Licensed Clinical Social Workers in Pennsylvania are required to complete at least three hours of continuing education on ethics content each license renewal period as part of their 30 hours of continuing education. This workshop is our final opportunity this licensing period to address this requirement. In this workshop you will:

- Use the Social Work Code of Ethics as a guideline, you will review common ethical principles that impact everyday practice
- Learn ethical decision-making frameworks and tools that you can apply in your practice
- Work on cases to help strengthen your understanding of issues, guidelines and tools for effective and ethical social work practice.

Faculty: Virginia Vayda, LCSW, ACSW, CCM
Date: May 5
Time: 9:00 AM – 12:00 Noon (each workshop)
Place: 2017 Cathedral of Learning
Fee: $75
CE: 3 hours (L/LCSW, LPC, LMFT) for Ethics

IF YOU ARE INTERESTED IN BEING A CONTINUING EDUCATION INSTRUCTOR FOR THE SSW

Send Overview of CE Workshop(s) and your CV, Resume, or Bio to:

Tracy M. Soska, LSW
Continuing Education Director
tsssw@pitt.edu
OVERCOMING COMPASSION FATIGUE

This workshop is inspired by my second publication, *Walking the Tight Rope of Life: Refuel, Renew and Re-Center Your Work-Life Demands*, and dedicated to helping professions. As helping professions we give so much, so often, and to so many. This profession can sometimes appear to be thankless and exhausting. Throughout my 18 years of experience in the social work field, I had the pleasure of working with some of the most skilled, compassionate, dedicated and selfless individuals this field has to offer. We have affected positive and lasting changes in many communities, which is the most rewarding part of this work. This workshop is dedicated to self-care for the helpers, which will ultimately result in building stronger communities and supporting those with whom we work. Invest the time need to practice good self-care, model and teach the importance of good self-care to clients, and learn to be more effective in balancing your personal and professional lives. Through this workshop, you will:

- Identify and implement positive coping skills for balancing personal and professional lives
- Identify & implement the parallel process of healthy boundary setting & self-advocacy from practitioner to client.
- Model and teach good self-care, healthy boundary setting and positive coping skills to clients.
- Recognizing the signs of burn out and practicing good self-care.
- Practice important techniques and exercises to enhance your understanding

**Faculty:** Sharise Nance, LCSW, CCTP  
**Date:** June 8  
**Time:** 9:00 am – 12:00 pm  
**Place:** 2017 (CL)  
**CE:** 3 hours (L/LCSW, LPC, LMFT)  
**Fee:** $75  

Co-Sponsored by the Schools of Social Work, Nursing, and Medicine at the University of Pittsburgh

AWARENESS, INTERVENTION, AND PREVENTION OF SUICIDE IN OLDER ADULTS: An Inter-professional Approach
(This program fulfills new PA requirements for CE)

One older adult dies by suicide every 80 minutes in the United States, 18 people every day. All professionals working with older adults need to understand risk factors for late life suicide, as well as how to assess and respond to these signs. This program will highlight what we know and still need to learn about suicide in older adults, with particular emphasis on validated tools and evidence-based approaches to intervention and prevention. By the end of this program, participants will:

- Articulate risk factors for late life suicide
- Understand how to screen for suicide in older adults
- Be aware of intervention strategies to respond to older adults who experience suicidal ideation, planning, and/or behavior.
- Consider how to implement prevention strategies across settings serving older adults
- Recognize the role of all professionals, regardless of setting, in preventing and intervening with older adults.
## CLINICAL PRACTICE

**Faculty:** Beth Mulvaney, MSW, LCSW, Ann Mitchell, PhD, RN, FAAN, Ellyn Whyte, MD, and Afshan Rnajha, MD

**Date:** March 2  
**Time:** 9:00 am – 12:00 pm  
**Place:** 2017 (CL)  
**CE:** 3 hours (L/LCSW, LPC, LMFT, RN, Psych*)  
**Fee:** $75 (50% scholarships for co-sponsor schools)

### A CREED FOR UNDERSTANDING AND TRAVELING WITH BLACK MALES ON JOURNEY TOWARD MENTAL HEALTH

Helping professionals working with Black males, especially young Black males, need particular understanding and sensitivity to the challenges these young men face on their journey in life. Their life experiences impact mental health and well-being, and helping professionals need to have an approach for their work with these young males. This workshop offers you a CREED to guide your work, and through this workshop, you will learn:

- **C**aring for Black boys and young men - pay attention, watch your words, feed their souls with respect (re-define respect based on child/human development)
- **R**esilience is an early mandate - daily hassles from ages 0-3 and beyond
- **E**mbodyment and epigenetics - history has not been erased
- **E**mptiness, esteem, and respect - will someone please put some respect on my name
- **D**aily threats to well-being can be countered with affirmation, empathy, education, and engagement that empowers – affirmation, empathy, education, and engagement strategies that heal.

## CLINICAL PRACTICE

**Faculty:** Lovie Foster Jackson, PhD, MSW

**Dates:** March 23  
**Time:** 9:00 AM - 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**CE:** 6 hrs (L/LCSW. LPC, LMFT, Psych*)  
**Fee:** $125

### REVITALIZE YOURSELF, YOUR PRACTICE, AND YOUR CLIENTS WITH ENERGY-BASED AND BODY-ORIENTED TECHNIQUES AND INTERVENTIONS

Gestalt theory and practice, somatically based interventions, and emerging Energy Therapies offer us a wealth of dynamic resources for grounding and supporting ourselves in the therapeutic relationship. As therapists, we often focus on our clients so much that we neglect to tend to our own embodiment and energy during sessions. The embodied, grounded, and attuned therapist is actually the most powerful and essential intervention in therapeutic work. Through our own presence and embodiment, we influence the resonance of the therapy environment and the nervous systems of our clients.

This workshop is very experiential and structured around Gestalt Theory, neuroscience, Energy Psychology, and Gestalt and somatic psychotherapy. Mini lectures will include these four areas. We will spend time in large and small group exercises and discussions to help you learn and practice effective and evidence-based grounding and centering exercises, attunement techniques, and body-based self-supports. These will help you maintain and enliven your energy (and energy field), as well as provide clarity and effectiveness with your clients so that you can utilize and actively integrate these skills in ses-
### CLINICAL PRACTICE

Sessions with your clients. In this lively workshop, you will learn:

- Gestalt theory and field theory apply to the therapeutic relationship
- To Identify the neurological and relational basis for attunement
- Four Energy Psychology techniques to fine-tuning your and your client’s nervous systems and energy fields
- Practice two embodied approaches to grounding
- A simple “centering” exercise for yourself and your clients
- To Describe the therapeutic basis for using somatic interventions with clients

Faculty: Renee Jennings, MA, MSW, LCSW  
Dates: April 6  
Time: 9:00 AM - 4:00 PM  
Place: 2017 Cathedral of Learning  
Fee: $125  
CE: 6 hrs (L/LCSW, LPC, LMFT, Psych*)

### CLINICAL PRACTICE

- Develop a personal plan of action for working more effectively in these critical areas.

Faculty: Sr. Madeleine Rybicki, CSFN, MS  
Dates: April 13  
Time: 9:00 AM - 4:00 PM  
Place: 2017 Cathedral of Learning  
Fee: $125  
CE: 6 hrs (L/LCSW, LPC, LMFT, Psych*)

### ADOLESCENT SUICIDE ASSESSMENT, INTERVENTION, AND PREVENTION  
(This program fulfills new PA requirement for CE)

Adolescent and youth care workers must appreciate the prevalence of depression and emotional issues affecting the youth in their charge, as well as the potential for suicide among this vulnerable population. This workshop will help you to:

- Better understand the nature and incidence of depression and suicide among adolescents
- Recognize and address your own issues around suicide in adolescent care settings
- Assess suicide risk, address crisis intervention, and help with coping in the wake of suicide.
- Address agencies’ policies and procedures, as well as reporting and documenting potential for suicide and in response to a suicide.

### EMPOWERING CLIENTS TO BE CHANGE AGENTS: Transformative Skills to Strengthen Adult-to-Adult Relationships

As our clients grow older they change and mature emotionally, but this does not automatically translate into functional and harmonious adult family relationships between parents, adult children and siblings. When these adults in their families come back together emotionally and/or physically, they may want more fulfilling relationships or they may need to attend to important business. However, they find themselves confounded by old patterns that will not shift, even as they work for these changes. This workshop gives new and transforming skills for clients that have any of these relational goals.

Nancy Wood (Hey Nance) combines options from many therapeutic modalities to provide practical skills and transformative ideas to help family members turn toward one another and empower clients to become an effective Change Agent in their relationships. Through this workshop you will learn:

- Effective and easily accessible tools for self-awareness and understanding family relationships
- A framework for personal transformation in family relationships
- Applications of usual and new communication tools in a transformed relationship.
PERINATAL MENTAL HEALTH: What It Is, Why It Matters, and How You Can Help

Perinatal mental health issues are underdiagnosed and mistreated. Perinatal mood and anxiety disorders affect 1 in 7 mothers. More than 400,000 infants are born to mothers who are depressed each year, making perinatal depression the most common obstetric complication in the United States. Societal expectations of motherhood are incongruent with families’ real experiences, and further complications arise when families become aware of their mental health needs and then struggle to locate or access appropriate care. This presentation will frame the problems and barriers families face, explore existing assessment and intervention techniques, and make recommendations for improving services systemically. Through this workshop, you will learn to:

- Define perinatal mental health and why it is important
- Understand the obstacles mothers face around expectations vs. reality of a new baby, the difficulties associated with finding appropriate or adequate care, and the systemic failure in regard to mother and baby mental health.
- Diagnoses associated with perinatal or maternal mental health.
- Identify the appropriate interventions to support families and the complexity of their care.
- Collect resources to support mothers and families within our community and online.

TRAUMA AND HEALING: Treatment through Body and Energy Work

Each one of us handles stress and adversity in different ways using various approaches. How we respond to stress, adversity, and trauma will have a correlated impact on our entire being, our health and wellbeing. We will discuss trauma, adversity, and stress and the various ways we can assess a client through physical process as well as behavioral, energetic, and relational observations. Taking pages from the playbooks of Gestalt Therapy and Brennan Healing Science, the presenters will demonstrate how to approach a treatment plan and how to approach treating trauma in a client by applying the modalities of their respective disciplines. This workshop will utilize lecture, discussion, and hands-on experientials to help facilitated the learning for each participant. We will be present you with useful skills and tools to assess and treat stress and trauma by using body and energy focused techniques, and in this workshop, you will learn:

- How to define, assess, and work with stress, adversity, and trauma on various levels
- Understand the effects of trauma on the physical, psychosomatic, psychological, and energetic levels
- How to approach and treat trauma using proven techniques
EXPLORING THE IMPACT OF AND
HEALING OF VIOLENCE

Adults, Children, Families and Communities all have encountered and dealt with the physical and psychological residuals of violence. Helping professionals face challenges in understanding the impact that violence has played in the lives of those they work with, as well as the effects that unresolved trauma can have in childhood and adulthood. While social workers and other helping professionals can see the physical and psychological symptoms of trauma, providing useful interventions for treatment and coping is an important area for education and training. Through this workshop, you will learn:

- The impact violence has on individuals, adults, children, families and communities
- The effects of unresolved trauma in childhood and adulthood
- How to understand somatic and cognitive symptoms of trauma
- Helpful interventions, treatments and coping tips for all

Faculty: Toya Jones, MSW, LCSW
Dates: June 1
Time: 9:00 AM - 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $125
CE: 6 hrs (L/LCSW, LPC, LMFT, Psych*)
School of Social Work

CERTIFICATIONS

LSW/LCSW: As a Council on Social Work Education accredited school of social work the School is a Pennsylvania pre-approved provider for social work continuing education. Programs also provide continuing education for Professional Counselors LPC and Marriage and Family Therapists LMFT.

National Board of Certified Counselors (NBCC): The University of Pittsburgh is an approved continuing education provider for counselors; please note your NBCC practitioner number when registering for programs. NBCC can be provide upon request.

Psychologists (Psych*): The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs and their content. Each program is being offered for the designated number of continuing education credits.

*WPIC will charge a $35 CE certification process charge for any psychologist seeking CE for these programs.

Other Professional CE: On occasion the School may offer continuing education hours for other professions in co-sponsorship with other schools at the University, including: Nursing, Law, Education, and Medicine and other schools of the Health Sciences. These will be noted for the particular programs in this publication.

Handicapped Access: We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please advise us of any other special accommodation you may need.

CE FACULTY

Faculty for Awareness, Intervention, and Prevention of Suicide in Older Adults: An Inter-professional Approach

Ann Mitchell, PhD, RN, FAAN, is a Professor in the Department of Health & Community Systems of the University of Pittsburgh’s School of Nursing. She is the Project Director (PI) on two HRSA-funded grants teaching Emergency Department Registered Nurses (EDRNs) the evidence-based practice of screening, brief intervention, referral to treatment (EDRN-SBIRT) for patients who use or misuse alcohol and/or other drugs and teaching inter-professional groups of anesthesia students how to assess and intervene with both patients and colleagues who may be misusing alcohol or other drugs.

Beth Mulvaney, MSW, LCSW, is a Lecturer at the University of Pittsburgh’s School of Social Work and was a former coordinator of the Hartford Partnership Program for Aging Education (HPPAE). She has coordinated care management services to community-dwelling seniors and administered a home delivered meals program. She has 8 years of experience in long-term care, with an emphasis on persons who have dementia and their families, including behavioral care planning related to dementia and depression, end of life care planning, and provision of family support. Her research focus on workforce to meet the needs of people with dementia, promotion of advanced care planning, and preventing/reducing gambling-related harm for older adults.

Afshan Rnajha, MD

Ellyn Whyte, MD
James Andrews, LCSW, BCD, Forensic Fellow, is a clinical social worker with expertise in forensic social work. Mr. Andrews has been practicing in the field of behavioral health for thirty years as a clinical social worker, therapist, administrator, consultant, and educator. He is currently the Field Coordinator/Professor in the Social Work Department of California University of Pennsylvania. He has presented workshops at regional and national conferences, and he is an adjunct faculty at the University of Pittsburgh School of Social Work, Case Western Reserve University at the Mandel School of Applied Social Science, and Simmons College School of Social Work, among other schools where he taught. He also operates two private consulting practices—one addresses forensic witness services and the other HIPAA compliance and risk management.

Gina M Goth M.Ed., CAC, LPC, is in private practice in a suite shared with her husband Helmut. The office is in the Oakland/Shadyside area. She has a BSW and a Masters of Education from the Pennsylvania State University. She has attended the Cleveland Gestalt Institute for various programs including the physical process track. She has specialized in the treatment of eating disorders, physical and sexual abuse, chemical addictions, and works with family members who have lost someone to suicide. Gina has been in this line of work for over 33 years and provides consultations.

Helmut J Goth, BHSP, is a graduate of the Barbara Brennan School of Healing and holds a certificate of Brennan Healing Science Practitioner. In his private practice, he uses his knowledge and skills on clients who come for medical reasons, to get support with psychological issues, or to address other spiritual, personal, or behavioral obstacles in life. Brennan Healing Science is a unique and highly specialized form of energy healing that looks at the human body as one holistic entity where the various levels of the human experience—the physical, the emotional, the mental, and the spiritual—interdependently affect and influence each other.

Jodie Hnatkovich, LPC, is a licensed professional counselor (LPC) with a small group practice, practicing in downtown Pittsburgh. Jodie has over nine years of experience with a focus on grief and trauma recovery. Through personal and professional means, Jodie has organically found a specialty focusing on perinatal mental health including pregnancy loss and traumatic childbirth. Her group practice, Forward Wellness Counseling and Consulting Services, LLC aims to support women and families navigate "the dark-side of motherhood." Jodie is also the Volunteer Regional Coordinator for Postpartum Support International and works to connect families to resources in the area. She is also an advocate for women and families in Pennsylvania. Learn more about Jodie at www.forwardwellnesscounseling.com

Lovie Jackson Foster, PhD, MSW, has taught and conducted research for the past six years as Assistant Professor in the University of Pittsburgh School of Social Work. She is most passionate about children, youth, families, and communities, with a focus on African Americans learning about and healing from traumatic experiences. A major part of Dr. Jackson Foster’s work is her research on mental health and childhood trauma, intergenerational trauma, and using technology for community empowerment. Her current research engages youth, parents, and community members with local technology and video experts to develop a mobile/web app to screen for adolescent mental health problems, educate them about mental health, and help improve their self-care and self-help.

Renee Jennings, MA MSW, LCSW, is a somatic and energy arts practitioner, teacher/trainer and consultant in Pittsburgh, offering an embodied, integrative approach to healing and transformation. Renee is faculty at the Gestalt Institute of Cleveland, a certified EMDR therapist and hypnotherapist, meditation teacher and Reiki master/teacher, and Energy Psychology practitioner. In addition to working with individuals, couples and groups, Renee has presented workshops and trainings at numerous conferences and organizations, including the Esalen Institute, the Association for the Advancement of Gestalt Therapy, The Ohio State University, and NASW.

Toya Jones, MSW, LCSW, is a Clinical Lecturer at the School of Social Work and private practice therapist. She was formerly a Child and Family Therapist for the Center for Victims (CV). She is also founder and president of Freedom Indeed LLC, which focuses on empowering ex-offenders and promoting positive mental health/healthy living through groups and individual therapy. For over 15 years, she has provided crisis intervention, counseling and community education programs that address the causes and impacts violence and crime. Toya conducts individual, family, and group therapy for those directly and indirectly affected by violence. She also conducts trainings for ex-offenders, survivors of crime, clinicians, professionals and the community on the impact of trauma on children and adults, teen violence, signs and symptoms of PTSD, treatment modalities (such as TF-CBT, expressive and play therapies) for children and adults impacted by trauma and overcoming unresolved trauma.

Dawn Lehman, BASW, MA, has worked for well over fifteen years in the fields of Restorative Justice and Conflict (Continued on page 15)
Laura McCarthy, LCSW, PCD(DONA) has always been passionate about issues facing women, beginning her social work career at a women’s shelter hotline 15 years ago. She blends an eclectic mix of skills as a clinical social worker, certified postpartum doula, and certified baby-wearing educator to serve families in the perinatal period. Laura has worked part-time in the inpatient psychiatric setting for the past 11 years, maintains an independent postpartum doula practice, and provides both volunteer and professional baby-wearing education to local families, businesses and birth-workers. Laura obtained her social work degrees from Carlow and the University of Pittsburgh, and went on to get additional training and certification through DONA International and the Baby-wearing Institute. Learn more about Laura at: www.wearyourlittleone.com.

Sharise M. Nance, LCSW, CCTP has over 16 years of experience in the helping profession. Besides being a Licensed Clinical Social Worker she is a Certified Clinical Trauma Professional, and an award winning author. She has presented keynotes and seminars nationally for young professional, entrepreneurs, parents, and adolescents. She has also been featured on local TV shows and in newspaper, magazines, and national podcasts. Ms. Nance is co-owner/co-founder of HandinHand Counseling Services, LLC, a private consulting practice dedicated to promoting Hope, Health, and Healing to individual and families dealing with generational and situational obstacles.

Sr. Madeleine Rybicki, CSFN, MS, is a training specialist with Holy Family Institute who presents regionally, nationally, and internationally on children and youth care. She has also been an adjunct faculty member for the School of Social Work and the University’s Child Development and Child Care Program from which she received the distinguished alumni awardee. Sr. Madeleine has served as coordinator of the Education and Training Committee of the National Organization of Child Care Workers and as president of the Academy of Child & Youth Care Professionals.

Ginny Vayda, LCSW/ACSW, CMC, is Supervisor Social Work, OEF/OIF/OND, Homeless Care Continuum and Veteran Employment Services at the James E. Van Zandt VA Medical Center, Altoona, PA. She was formerly The Victim Advocate Supervisor for MHN Government Services-HealthNet, Inc., working with clinical services to active military members and their families. She is also an adjunct faculty member at several schools of social work. She has more than twenty years of experience in medical social work.

Nancy Wood (Hey Nance), LSW, BSN, founded Families Turning, LLC to address the needs of adult family members as they come back together emotionally and/or physically in order to live more harmoniously and attend to important business. She writes and provides workshops on the cognitive and behavioral aspects of adult-to-adult family relationships. By developing concrete skills and awareness of how we are woven into the fabric of our family, anyone can become a positive change agent within their families. Nancy combines her decades of work as a home care, spinal cord, head trauma and ALS nurse with a background in direct counseling and passion for the power of intergenerational living to provide practical accessible skills and insights. Her BSN and MSW are from the University of Pittsburgh.
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