

EDUCATION AND CONSULTATIVE SERVICES

of UPMC Western Psychiatric Hospital

UPMC | WESTERN PSYCHIATRIC
HOSPITAL

40th Annual Pittsburgh Schizophrenia Conference (EC16)

Friday, November 17, 2023

8:30 AM to 5:00 PM

ZOOM/Virtual

Zoom links, instructions, and information will be sent out a day prior to the event.

Course Director:

K.N. Roy Chengappa, MD

Recovery and Wellness: The Journey Starts Here

**A Joint Effort Sponsored by Community Care Behavioral Health Organization and UPMC
Western Psychiatric Hospital**

Introduction

The Pittsburgh Schizophrenia Conference is typically an annual in person meeting at which the advances in schizophrenia research and treatment are reviewed by experts in the field. This year's meeting will utilize a virtual online format.

Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award

Professor Gerard Hogarty was a faculty member of the Department of Psychiatry and a member of the UPMC Western Psychiatric Hospital for more than 30 years. Until his passing in 2006, Professor Hogarty pursued important questions related to the nature and treatment of schizophrenia – namely relapse prevention and inter-episodic social function. His career in clinical research led to major advancements in the treatment of individuals with schizophrenia and his work continues to be recognized both nationally and internationally. In addition to his research endeavors, Professor Hogarty was a very talented teacher and mentor who played a significant role in the career development of many respected researchers and clinicians in the field.

Attendees will hear a music performance by persons with mental illness moderated by an internationally known music conductor and composer.

Educational Objectives

At the completion of this program, participants should be able to:

1. Recognize peripheral dopamine as a key modulator of pancreatic hormone secretion and its involvement in the metabolic dysfunction produced by antipsychotic medications.
2. Review and recognize the evidence demonstrating bidirectional relationships between insulin action in the brain and schizophrenia pathophysiology, and how addressing this overlap can lead to newer therapeutic strategies.
3. Demonstrate knowledge of the available resources on SMI Adviser's educational catalog and knowledge base and outline the process of accessing SMI Adviser's consultation service.
4. Review the evidence for Cognitive Enhancement Therapy (CET) in aiding recovery in schizophrenia.
5. Explain risks to patients of COVID, Paxlovid and clozapine toxicity.

Who Should Attend:

The conference is designed to disseminate the latest clinical and research findings to a wide audience: psychiatrists and other mental health clinicians, including nurses, social workers, psychologists, service coordinators, researchers, patients and their relatives, mental health policy administrators and others who intend to keep current regarding treatment and research in schizophrenia.

Course Director

K.N. Roy Chengappa, MD

Professor of Psychiatry

University of Pittsburgh School of Medicine

Chief, Comprehensive Recovery Services

UPMC Western Psychiatric Hospital

Pittsburgh, PA

2023 Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Award Winner

Shaun M. Eack, PhD

James and Noel Browne Endowed Chair

Associate Dean for Research

Professor, School of Social Work

Professor, Department of Psychiatry

University of Pittsburgh

Pittsburgh, PA

Faculty

Mahavir Agarwal, MBBS, MD, PhD

Staff Psychiatrist and Clinician-Scientist

Medical Head, Clinical Research

Schizophrenia Division, Centre for Addiction and Mental Health (CAMH)

Associate Professor

Department of Psychiatry, University of Toronto

Zachary Z Freyberg, MD, PhD

Associate Professor of Psychiatry and Cell Biology

University of Pittsburgh

Pittsburgh, PA

Robert Cotes, MD, DFAPA

Physician Expert, SMI Adviser

Associate Professor

Director, Clinical & Research Program for Psychosis at Grady Health System

Director, Project ARROW

Emory University School of Medicine

Department of Psychiatry and Behavioral Sciences

Elizabeth A Kistler, MD

Assistant Professor of Psychiatry

University of Pittsburgh

Pittsburgh, PA

Patrick Frailey, MD

Psychiatry Residency PGY4
UPMC Western Psychiatric Hospital

Mariel Piechowicz, MD

Psychiatry Residency PGY4
UPMC Western Psychiatric Hospital

Rohan Ganguli, MD

Professor of Psychiatry, University of Pittsburgh
Chair, Department of Psychiatry, UPMC Mercy Hospital
Adjunct Professor of Psychiatry & Public Health, University of Toronto

Jessica M. Gannon, MD

Medical Director of WPH Ambulatory eRecord
Medical Director of the CRS Ambulatory Clinics
CRS Director of Education and Training
Associate Professor, University of Pittsburgh School of Medicine
Attending Psychiatrist, Western Psychiatric Hospital UPMC
Pittsburgh, PA

Susan Hogarty, RN, MSN

Psychiatric Clinical Nurse Specialist
Research Program Administrator
ASCEND Program
UPMC Western Psychiatric Hospital
Pittsburgh, PA

Flavio Chamis

Composer, Conductor, Educator, Music Consultant and Producer
Pittsburgh, PA

For additional information regarding the speakers and/or presentations, contact Nancy Mundy at mundnl@upmc.edu

During the breaks and lunch, the Comprehensive Recovery Services art sale will be available for you to view. This annual event has adapted with the times, and we have gone virtual. We invite you to click the link that will be provided prior to the conference, and view the artwork presented in the slides. The artwork will be available for purchase between 8:30 AM and 4:00 PM during the conference on Friday, November 17th. All items are created by clients of the Psych Rehab Art Therapy Program at the Oxford Building or related UPMC programs. The artists set their own prices and 100 % of the proceeds go directly to the artists.

AGENDA

8:30 to 8:45 am	ZOOM Sign-In
8:45 to 9:00 am	Introduction and Background <i>K.N. Roy Chengappa, MD</i>
9:00 to 10:00 am	Antipsychotic Drugs and their Effects on the Endocrine Functions of the Pancreas. <i>Zachary Z Freyberg, MD, PhD</i>
10:00 to 10:15 am	Break – visit the Art Show
10:15 to 11:15 am	Insulin, Glucose, and the Brain: What does this mean for persons with Schizophrenia. <i>Mahavir Agarwal, MBBS, MD, PhD</i>
11:15 to 11:30 pm	Rohan Ganguli – Lifetime Achievement Award <i>K.N. Roy Chengappa, MD</i>
11:30 to 12:00	Lorraine Williams scholarships announced <i>Jessica Gannon, MD</i>
12:00 to 1:00	Lunch – Visit the Art Show
1:00 to 2:15 pm	Presentation of Hogarty Award <i>Review of Work – Matcheri Keshavan, MD</i> <i>Presentation of Plaque– Susan Hogarty, RN, MSN</i>
	Gerard E. Hogarty Excellence in Schizophrenia Research Memorial Lecture: Advancing Psychosocial Treatment for Schizophrenia <i>Shaun M. Eack, PhD</i>
2:15 to 3:15 pm	Your Guide to SMI Adviser - Building Community and Advancing Interdisciplinary Care <i>Robert Cotes, MD, DFAPA</i>
3:15 to 3:30 pm	Break – visit the Art Show
3:30 to 4:15	Panel - Developing Written Materials for Patients with Schizophrenia on the Effects of COVID-19 infection, Paxlovid Use and Clozapine Levels. <i>Elizabeth Kistler MD, Patrick Frailey MD, Mariel Piechowicz, MD</i>
4:15 to 4:45 pm	Peer Musicians <i>Flavio Chamis, Music Director, and Composer</i>
4:55 pm	Closing Remarks and Adjournment <i>K.N. Roy Chengappa, MD</i>

All presentations are introductory to intermediate instructional levels.

Continuing Education Credit

In support of improving patient care, the University of Pittsburgh is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician (CME)

The University of Pittsburgh designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Psychologists

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer psychology continuing education by the American Psychological Association. University of Pittsburgh maintains responsibility for this course. Psychologists completing this course receive 5.25 continuing education credits.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

As a Jointly Accredited Organization, University of Pittsburgh is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. University of Pittsburgh maintains responsibility for this course. Social workers completing this course receive 5.0 continuing education credits.

Counselors



Education and Consultative Services of UPMC Western Psychiatric Hospital has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Education and Consultative Services of UPMC Western Psychiatric Hospital is solely responsible for all aspects of the programs. This conference is approved for 5.25 hours.

Other Healthcare Professionals

Nurses and other health care professionals are awarded maximum of .525 Continuing Education Units (CEU's) for this day of the conference. One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming a maximum of up to 5.25 hours of continuing education for this day of the conference. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania.

- *Please retain your certificates in a safe place. Replacements cost \$30 for those that come from our office (Gen. CEU; NCC).*
- *Participants requesting Continuing Education credits must attend the entire day. Variable credits are not provided. Your attendance is recorded on the Zoom attendance list.*
- *Although the evaluation is not mandatory, we appreciate your participation. Please expect the certificates from our office in four to six weeks post-conference. Those obtained from the registration site can be accessed immediately.*

Registration Information

Please register by November 10, 2023, at: [40th Annual Pittsburgh Schizophrenia Conference | UPMC - Center for Continuing Education in the Health Sciences](#)

Fee Schedule

Physicians and Professionals (not affiliated as noted below)	\$40
UPMC, Pitt, WPH, WBH Network, VA, State (PA), Community Mental Health Professionals	\$30
Students/Interns/Family Members/Others (No continuing education/no continuing medical education credits)	\$20
Patients (No continuing education/no continuing medical education credits)	no charge

Tuition includes:

- * All registration, online conference materials, and visits to the virtual breakout room sessions.
- * Continuing education credits at the professional fee schedule

Full tuition must accompany your registration. A \$10 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.

A Departmental Journal Transfer form for UPMC participants can be found [here](#) Please have your supervisor complete it **BEFORE YOU REGISTER**.



*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by contacting Nancy Mundy at mundnl@upmc.edu.*