

## Mary Elizabeth Rauktis Ph.D.

The University of Pittsburgh  
School of Social Work, Child Welfare Education and Research Program  
2326 Cathedral of Learning  
Pittsburgh, PA 15260  
412-648-1225  
[Mar104@pitt.edu](mailto:Mar104@pitt.edu); [Mrauktisphd@comcast.net](mailto:Mrauktisphd@comcast.net)

### Education

- 1993 University of Pittsburgh  
Pittsburgh, Pennsylvania  
**Ph.D.** School of Social Work
- 1985 University of Pittsburgh  
Pittsburgh, Pennsylvania  
**M.Ed.** School of Education
- 1981 Duquesne University  
Pittsburgh, Pennsylvania  
**B.S.N.** cum laude. Major: Nursing

### Research and Evaluation Experience

**Assistant Research Professor, Child Welfare Education and Research Program, University of Pittsburgh** (Pittsburgh, PA)

10/2007 to present

Responsible for the planning and implementation of statewide research and evaluation activities in child welfare and for teaching and advising graduate students in the school of social work.

**Director, Evaluation and Research, Pressley Ridge** (Pittsburgh PA)

10/2001 to 10/2007

Responsible for directing research and evaluation activities for Pressley Ridge, an international nonprofit organization for troubled and troubling youth.

**Evaluation Coordinator, Community Connections for Families** (Allegheny County Department of Human Services, Child and Adolescent Division)

2/1999-12/2001

Responsible for coordinating an outcomes evaluation and directing quality assurance for a children's System of Care grant in Allegheny County (Center for Mental Health Services-SAMHSA).

**Independent Consultant**

Conducted focus groups for the Office of Child Development on Children's Medical Home (October, 2005); Provided evaluation and information consultant services to the State of Connecticut Department of Children and Families ( May, 2001).

**Evaluation Liaison**, (Early Childhood Initiative, United Way of Allegheny County), 1998-1999)

Responsible for interpreting evaluation data and working with the evaluation subcontractor. Also responsible for writing updates, grants, policy development and general research on child-care and early education.

**Evaluation Specialist**, (Allegheny County Planning, Information & Evaluation Division), Great Lakes Behavioral Research Institute, Pittsburgh, Pennsylvania, 1993-1998.

Analyzed data from extant data bases (primarily State Hospital downsizing patient data). Worked extensively on the early implementation of "HealthChoices", the mandatory Medicaid initiative for behavioral health in Western Pennsylvania. Wrote a SAMHSA grant for an innovative children's mental health service program that received over five million in funding for 1999-2005.

**Project Coordinator**, (Clinical Assessment and Research Study), Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, 1991-1993.  
Coordinated a family study of Schizophrenia

**Project Coordinator**, (Molecular Genetics of Affective Disorders), Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, 1989-1991.  
Responsible for the administration and operation of a MacArthur Foundation grant which examined the effects of genetics on the development of recurrent unipolar depression.

## **Teaching Experience**

**Adjunct Faculty**, (Robert Morris University, School of Business, Nonprofit Management Program) 2006 to 2008.  
Responsible for creating and teaching "program evaluation in nonprofit organizations".

**Adjunct Faculty**, (University of Pittsburgh, Graduate School of Social Work), 1995-2001; 2006  
Responsible for teaching "community assessment" and "single subject research".

**Guest Faculty**, (University of Minho, Braga, Portugal) 2004; 2006-2007  
Responsible for teaching Evaluation of Programs for Children and At-Risk Youth to graduate students at the University of Minho, Child Studies Institute and supervising the fellowships of 3 graduate students.

**Instructor**, Pittsburgh Institute of Mortuary Science, 1987-1988.  
Developed and taught a course entitled "Children and Death" to the Associate Degree students.

## **Practice Experience**

**Specialty Counselor I**, (Treatment of Rape Victims), Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania, 1986-1991.  
Conducted research interviews and provided therapy to victims of sexual and physical assault.

Outreach/Caseworker, Northern Communities, Mental Health, Mental Retardation Agency, Pittsburgh, Pennsylvania, 1985-1986.

Staff Nurse, Magee-Womens Hospital, Pittsburgh, Pennsylvania, 1981-1985.

## **Selected Publications, Posters, Reports, Measures and Presentations**

### *Publications—Peer reviewed*

Rauktis, M. E., Huefner, J., O'Brien, K., Pecora, P., Doucette, A. & Thompson, R. Measuring Restrictiveness of Living Environments for Children and Youth: Re-conceptualizing Restriction. In The Journal of Emotional and Behavioral Disorders. Journal of Emotional and Behavioral Disorders 2008 0: 106342660832337

Manso, A., Rauktis, M. E., & Boyd, A. S. (2008). Youth expectations about therapeutic alliance in a residential setting. Residential Treatment for Children and Youth, vol. 25, (1), 55-72.

Sarmiento, P., Almeida, K., Rauktis, M. E., & Bernardo S. (2008). Promoting Social Competence and Inclusion for At-Risk African-Portuguese Youth: Taking "Alternative Paths" ("Trilhos Alternativos") Reclaiming Children and Youth, vol. 16, 4, 47-54.

Boyd, A. S., Einbinder, S. D., Rauktis, M. E. Portwood, S. G. (2007). Building Research Capacity in Residential Treatment Centers: An Approach for Empirical Studies. Child and Youth Care Forum Volume 36, Issue 1.

Rauktis, M. E., Andrade, A. R., Doucette, A., McDonough, L., & Reinhart, S.(2005) Treatment Foster Care and Relationships: Understanding the role of therapeutic alliance between youth and treatment parent. International Journal of Child & Family Welfare, vol. 8, 4, December .

Boyd, A. S., Rauktis, M. B., & Kurnot-Moore, J. & Rumberger, D. (2004). Conducting applied research in therapeutic wilderness camp settings: The research, administrative and clinical perspectives. The Journal of Therapeutic Wilderness Camping, 4(1), 8-17.

Bickman, L., Vides de Andrade, A. R., Lambert, E. W., Doucette, A., Sapyta, J., Boyd, A. S., with Rumberger, D. T., Moore-Kurnot, J. L., McDonough, L. C., & Rauktis, M. B. (2004). Youth therapeutic alliance in intensive treatment settings. Journal of Behavioral Health and Services Research, 31(2).

Rauktis, M. E. The impact of deinstitutionalization on the elderly persistently mentally ill." The Journal of Mental Health and Aging, Vol 7., Number 3, Fall 2001.

Rauktis, M. E., Feidler, K. & Wood, J. Focus Groups and the Mentally Ill: A case study. Journal of Health and Social Policy Vol.10,2 1998.

Koeske, G, Koeske, R, Kirk, S, & Rauktis, M. E.  
Measuring the Monday Blues: Validation of a job satisfaction scale for the human services. Social Work Research and Abstracts, Vol. 18, No. 1, 1994.

Rauktis, M. E., Koeske, G. F., & Tereshko, O. Negative social interactions, distress and depression among individuals caring for a seriously and persistently mentally ill relative. American Journal of Community Psychology, April 1995.

Rauktis, M. E., & Koeske, G. Maintaining social worker morale: When supervisor support is not enough. Social Work Administration, Vol. 18, No. 1, 1994.

### ***Chapters in Edited books***

Dollard, N., Rauktis, M.B., Vergon, K.S. & Sliefert, D. (2009). Quality assurance using the CANS and the Service Process Adherence to Needs and Strengths (SPANS). In J.S. Lyons & D. Weiner (Eds.) *Behavioral Health Care Strategies: Total Clinical Outcomes Management*. Kingston, NJ: Civic Research Institute, Inc.

Rauktis, M. E. Para alem das nossas fronteiras: a historia da Pressley Ridge na Europa. In Almedia, K. (Ed.) 2008. *Apprender a RE-Educar. 1988-2008: 20 Anos De Pressley Ridge Em Portugal*. Fundaco Luso-Americana.

Sarmiento, P, Almeida, K, Bernardo, S & Rauktis, M.D. Por Trilhos Alternativos. In Almedia, K. (Ed.) 2008. *Apprender a RE-Educar. 1988-2008: 20 Anos De Pressley Ridge Em Portugal*. Fundaco Luso-Americana.

Rauktis, M. E., Andrade, A. R. & Doucette, A. Therapeutic Alliance and Re-ED: Research on building positive relationships with youth.  
In Cantrell, R.P. & Cantrell, M.L. (Eds.) 2008  
*Helping Troubled and Troubling Children: Continuing Evidence for Re-ED's Ecological Approach*  
(Book 2 in the Troubled and Troubling Child series).  
Published by the American Re-Education Association, Cleveland OH.

Finnell, S., Erickson, S. W., Rauktis, M. E., Gruber, A., & Almeida, K.  
Beyond our Borders: Pressley Ridge brings Re-Education back to Europe.  
In Cantrell, R.P. & Cantrell, M.L. (Eds.) 2008  
*Helping Troubled and Troubling Children: Continuing Evidence for Re-ED's Ecological Approach*  
(Book 2 in the Troubled and Troubling Child series).  
Published by the American Re-Education Association, Cleveland OH.

### ***Published Monographs***

Finnell, B.F., Erickson, S., Rauktis, M. E. et al. (2007) *The Impact of Neuroscience Advances on Nonprofit behavioral health: financial modeling of neuro-imaging*

utilization. Alliance for Children and Families and the Robert Wood Johnson Foundation.

***Published Conference Proceedings***

Rauktis, M.W. & Sliefert, D. Improving Quality in Systems of Care: Treatment fidelity and the Child and Adolescent Needs and Strengths Measure. Conference Proceedings 15<sup>th</sup> Annual Research Conference University of South Florida, A System of Care for Children's Mental Health, March 4-6, 2002.

Rauktis, M.E. & Miller, C. "Caregiving strain and child strengths: is there a relationship?" Conference Proceedings 14<sup>th</sup> Annual Research Conference University of South Florida, A System of Care for Children's Mental Health, February 25-28, 2001.

Lyons, Sokol, Rauktis and Hladio. "The child and adolescent needs and strengths assessment: An approach to partnering and accountability in assessment" Conference Proceedings 14<sup>th</sup> Annual Research Conference University of South Florida, A System of Care for Children's Mental Health, February 25-28, 2001.

***Posters***

Huefner, J., Thompson, R., Doucette, A., Rauktis, M. E., O'Brien, K., & Pecora, P. Revising the Restriction of Living Environment Scale. The 20<sup>th</sup> Annual Research Conference, A System of Care, March 6-8, 2007.

Rauktis, M. E., Andrade, A., Doucette, A., McDonough, L., & Reinhart, S. (2005) Extending Therapeutic Alliance to Treatment Foster Care. The 18<sup>th</sup> Annual Research Conference, A System of Care, March 6-9<sup>th</sup>, 2005.

Boyd, A.S., Pinkard, T., Rauktis, M. & Kurnot, J. Establishing favorable relationships between clinicians and youth in therapeutic day school and wilderness camp settings: A qualitative study. The Seventh Annual Conference of the Society for Social Work and Research, January 16 - 19, 2003 Washington DC.

Rauktis et al. Parents Connecting Parents: Documenting the Work of the Family Support Professional. Center for Mental Health, System of Care Conference, October 22, 2001, Stamford, Ct.

Scholle, S. H., Copeland, V. C., & Rauktis, M. E. Measuring Cultural Competence in a System of Care. Center for Mental Health, System of Care Conference, October 22, 2001, Stamford, Ct.

Haas, G., Rauktis, M. E., & Sweeney, J. A. Gender, Neurocognitive Deficits and Vulnerability to Social Stress in Schizophrenia. Poster presented at the International Schizophrenia Conference, Denver, April 1993. Schizophrenia Bulletin, Vol. 9, No. 2, 1993.

Constantino, R., Rauktis, M. E., Tereshko, O., Evans, E. & Haas, G.

Family Environment Factors and Suicidal Behavior in Schizophrenia.  
Poster presented at the International Schizophrenia Conference, Denver, April 1993  
Schizophrenia Bulletin, Vol. 9, No. 2, 1993.

### ***Reports***

Family Group Decision Making: A profile of practices in Pennsylvania 2008  
Final Report December 1, 2008. Rauktis, M. E. University of Pittsburgh.

Early Skill Assessment in the Early Childhood Initiative and the Proposed Pennsylvania Academic Standards for Third Grade. (1998) Rauktis, M.E., Bagnato, S. J., & McIntyre, K. ECI, United Way of Allegheny County, Pittsburgh, PA.

Early Intervention Self- Assessment of Family Centered Practices in Allegheny County (1997). Rauktis, M. E. & Brookfield, J. Allegheny County MH/MR/D&A/H&H, Program Planning, Information and Evaluation Division, Pittsburgh, PA.

A Qualitative Assessment of Psychosocial Needs of Seriously and Persistently Mentally Ill Consumers in Allegheny County. (1997). Allegheny County MH/MR/D&A/H&H, Program Planning, Information and Evaluation Division, Pittsburgh, PA.

Unified Systems Program Evaluation: A 12 month follow-up of elderly patients discharged to the community from state psychiatric hospitals (1996). Allegheny County MH/MR/D&A/H&H, Program Planning, Information and Evaluation Division, Pittsburgh, PA.

An Evaluation of Early Intervention Services in Allegheny County (1994). Allegheny County MH/MR/D&A/H&H, Program Planning, Information and Evaluation Division, Pittsburgh, PA.

### ***Presentations***

22<sup>nd</sup> Annual Research Conference University of South Florida, A System of Care for Children's Mental Health. . Measuring Restriction of Living Environments for Children and Youth. March 1-4, 2009. Tampa, FLA.

Society for Social Work Research. Measuring Restriction of Living Environments for Children and Youth. Huefner, Rauktis. January 16-18, 2009 New Orleans, LA.

Council on Social Work Education. Fidelity to Family Group Decision Making in Pennsylvania: Do practices mirror principles. CSWE Annual Program Meeting October 30th to November 2nd, 2008 Philadelphia PA.

*Keynote Speaker* Luso-Americana Fundacao Aprender A Re-EDucar: Quando formar nao chega!. Lisbon, Portugal, May 15-17, 2008.

XIth European Regional conference on Child Abuse and Neglect (ISPCAN) Lisbon, Portugal Nov. 18-21, 2007. Taking Alternative Paths.

Foster Family Treatment Association (FFTA), Orlando, Fla, Aug 1-4<sup>th</sup> , 2007.  
Re-Conceptualizing restrictiveness of living environments

First International Congress; Intervention with children, youth and families. University of Minho, Portugal February 8-10<sup>th</sup> , 2007.

- Paper Presentation: Mechanisms of Change in Evidence-Based Home and Community Services
- Workshop: Evaluating interventions in the community.

American Evaluation Association, Portland OR Nov 1-5, 2006

- Re-Conceptualizing restrictiveness of living environments
- Taking Alternative Paths: An evaluation of an alternative program for African-Portuguese youth

Foster Family Treatment Association (FFTA), Pittsburgh PA July 18-20, 2006

- Re-Conceptualizing restrictiveness of living environments
- Treatment Foster Care and Therapeutic Alliance

19<sup>th</sup> Annual Research Conference: A system of Care for Children's Mental Health. February 23-25, 2006

- The Service process adherence to needs and strengths.
- Revising the ROLES: re-conceptualizing the restrictiveness of living environments

CHARPP Portland, Oregon, September 2005

- Extending Therapeutic Alliance to Treatment Foster Care.

CANS Conference, Northwestern University, Chicago. May 2005

- Using the SPANS to determine treatment fidelity

AACRC 48<sup>th</sup> Annual Meeting, Boston , MA October 15, 2004

- Agency Based Research in Residential Treatment Centers: A model for empirical studies

CHARPP Portland, Oregon, September 2004

- Therapeutic Alliance: Understanding Process and Outcome (Doucette, Andrade, Rauktis, Pleczkowski & Boley.

American Re-ED Association, Baltimore, MD August 4-5, 2004

- Therapeutic Alliance and Re-ED: what can we learn?

FFTA, Nashville TN. July, 2004

- Monitoring fidelity to TFC practice models
- Therapeutic Alliance in treatment foster care
- Benchmarking Institute

16<sup>th</sup> Annual Research Conference University of South Florida, A System of Care for Children's Mental Health, February 29-March 3, 2004. Tampa, FLA.

- "Promoting Favorable Outcomes: Understanding and Enhancing Therapeutic Alliance Between Youth and Intervening Adults

Performance Institute, Washington DC, February 10, 2004.

- Monitoring Fidelity to Treatment Foster Care Practice Models through CQI Initiatives.

10<sup>th</sup> Annual NATWC Conference, September 16, 2003.

- "Research in the Therapeutic Wilderness Camp Setting: The Research, Administrative and Clinical Perspectives".

FFTA, Universal City, California. July 21-23, 2003.

- “Using evaluation data to manage, improve and market and sustain children’s services”;
  - “Benchmarking—lessons learned from the past”;
  - “Training with the CANS”.
- Ohio Program Evaluator’s Spring Conference, Columbus Ohio, May 30, 2003. “
- Improving Medication Practices in Residential Programs for Youth”.
- 15<sup>th</sup> Annual Research Conference University of South Florida, A System of Care for Children’s Mental Health, March 3-6, 2002, Tampa, FLA.
- “Using the CANS as a quality assurance tool”
- 14<sup>th</sup> Annual Research Conference University of South Florida, A System of Care for Children’s Mental Health, February 25-28, 2001., Tampa, FLA.
- “Child Strengths and Caregiver Strain: Is there a relationship?”
  - “The child and adolescent needs and strengths assessment: an approach to partnering and accountability in assessment”
- Ohio Program Evaluator’s Spring Conference, Columbus Ohio, June 8, 2000.
- “The impact of deinstitutionalization on the elderly persistently mentally ill.”
- University of Pittsburgh Graduate School of Public Health Conference, May, 1997.
- “Evaluation in a Managed Care Environment.”
- University of Pittsburgh School of Social Work Annual Conference, September 27, 1996 "
- Using Focus Groups to Evaluate Mental Health Services for the Seriously Mentally Ill."
- Commonwealth of Pennsylvania, Annual Early Intervention Conference, June 1996
- "Evaluation Partnerships: A Participatory Approach to Evaluating Early Intervention Services."
- Joint Conference, AMI of Pennsylvania and the National Association of Social Workers, Pennsylvania Chapter, October 20, 1995
- "Negative Social Interactions, Distress and Depression Among those Caring for a Seriously and Persistently Mentally Ill Relative."
- Pennsylvania Chapter National Association of Social Workers, March 31, 1995, Pittsburgh, Pennsylvania
- "Negative Social Interactions, Distress and Depression Among those Caring for a Seriously and Persistently Mentally Ill Relative."

### *Measures*

Huefner, Rauktis, Doucette, Pecora, Thompson & Kirk (2006). REM-Y ; REM-S Restrictiveness of Living Environment Measure for Youth 2006

Rauktis, M. E., Dollard, N. & Vergon, K. (2005) The SPANS (service process adherence to needs and strengths)

Lyons, J., Hladio, J., Rauktis, M. (2000). Child and Adolescent Needs and Strengths For children and families with mental health challenges served in Allegheny County

Rauktis, M. E. (1993). A Measure of Negative Social Interaction.

## **Journal Reviewer**

Reviewer for The Journal of Behavioral Health Services and Research  
Reviewer for Residential Treatment for Children and Youth

## **Relevant Training**

### Computer

Proficient in SPSS and the DOS versions of SPSS; Access, Excel, Project, and other Microsoft products. Familiar with qualitative analytic software such as NVivo.

### Psychotherapy

Trained in Interpersonal Psychotherapy (IPT) and supervised by Cleon Cornes, M.D.  
Certified in Basic Critical Incident Stress Debriefing (CISD)

### Research

Trained in the administration and coding of the Camberwell Family Interview  
Trained in the administration and scoring of the Diagnostic Interview Schedule (DIS),  
Washington University School of Medicine, St. Louis, Missouri  
CANS (Child and adolescent needs and strengths) trainer

## **Awards and Honors**

2007	Nicholas Hobbs Award for Preserving and Advancing Pressley Ridge Culture
1995	Staff Excellence Award, Allegheny County MH/MR.
1994	Honorable Mention, Seventh Symposium on Doctoral Research & Social Work Practice, April, 1994, Ohio State University.
1993	Dissertation passed with distinction.
1992	Competency passed with distinction.

## **Languages**

Basic Portuguese (European and Brazilian) & English

## **Certification and Licensure**

Registered Nurse RN245502L  
Commonwealth of Pennsylvania

Licensed Social Worker SW 008736-L  
Commonwealth of Pennsylvania  
(Currently inactive status)

## **Memberships and Associations**

American Evaluation Association  
Foster Family Treatment Association Research Committee  
Council on Social Work Education  
Society for Social Work Research

## **References**

Peter Pecora, Ph.D.  
Senior Director of Research Services  
Casey Family Programs  
[ppecora@casey.org](mailto:ppecora@casey.org)  
1300 Dexter Ave North, Floor 3  
Seattle WA 98109  
206-270-4936

Gary Koeske Ph.D.  
University of Pittsburgh  
Associate Professor  
School of Social Work  
[Gkoeske@pitt.edu](mailto:Gkoeske@pitt.edu)  
Cathedral Of Learning  
4200 Fifth Avenue  
Pittsburgh, PA. 15260  
(412-624-6321)