In the 2012 *U.S. News and World Report*’s ranking of professional schools of social work, the University of Pittsburgh’s School of Social Work climbed from 14th to 11th among the 233 MSW programs in the country accredited by the Council on Social Work Education. While our School has always been highly ranked, this latest advance moves the University of Pittsburgh into the top 5% among all schools of social work and marks us as the top school of social work in Pennsylvania. Not looking to rest on this latest recognition, the School has recently been reaccredited without any reservations and has set a goal of moving into the top 10 tier among schools of social work. This notable rise in our national rankings reflects well on our many alumni and our current and future students.

Contributing to this rise in the rankings has been the strong scholarship from its faculty, now with one of the highest publication rates of any SSW faculty. In addition, the growing reputation of our Center on Race and Social Problems, including the 2010 *Race in America Conference* and the establishment of the *Journal on Race and Social Problems*, as well as our continued strong direct and community practice concentration and recent office of career service, have enhanced our national ranking.
CO-SPONSORED PROGRAMS
Social Work Continuing Education Resources

The following are continuing education providers in the University/School network for whom the School of Social Work regularly co-sponsors social work continuing education for a variety of workshops, conferences, and other training.

Child Welfare Competency-Based Training Program (CBT) is a component of the School of Social Work’s Child Welfare for Education and Leadership initiative that provides a range of educational and training programs across Pennsylvania.

www.pacwcbt.pitt.edu

Western Psychiatric Institute & Clinic (WPIC) Office of Educational and Regional Programming (UPMC)
www.wpic.pitt.edu/oerp

PA/Mid-Atlantic AIDS Education & Training Center (School of Public Health)
www.pamaaetc.org

Pittsburgh Pastoral Institute
Pastoral Counseling, Spirituality & More
www.ppi-online.org  412-661-1239

Western Pennsylvania Family Center
Bowen Theory, Family Therapy, and more
www.wpfc.net  412-362-2295

Mid Atlantic Network for Youth & Family Services (MANY)
www.manynet.org  412-366-6562

IRETA (Institute for Research, Education & Training in Addiction)
www.ireta.org  412-391-4449

Community Care Behavioral Health
Mental Health, Managed Behavioral Health, and other training for clinical practice and recovery
www.ccbh.com  412-454-2120

SEE OUR ONLINE CO-SPONSORSHIP LINK

NASW & NASW-PA News
Southwest Division Updates

MARCH IS SOCIAL WORK MONTH
Celebrate March 2013 as a proud social worker and join in the many activities throughout the month starting with the Southwest PA Division’s CE Forum and Celebration Luncheon in co-sponsorship with the schools of social work in our Southwest PA region.

LOOK FOR DETAILS HERE

2012 NASW-PA CONFERENCE
Reforming Social Services:
Our Evidence-Based Future
October 11-13, 2012
Radisson Valley Forge Hotel & Casino

JOIN US IN EXTENDING FAREWELL AND THANKS TO OUTGOING NASW-PA EXECUTIVE DIRECTOR JENNA MEHNERT, MSW WHO IS HEADING TO MAINE

Join NASW
www.nasw-pa.org
1-800-272-6279
Social Workers Help Starts Here
The School of Social Work’s Center on Race and Social Problems offers an annual speaker series to provide an opportunity for faculty, students, and members of the public to engage in race-related discussions on timely topics. Each event in the series is held 12:00–1:30 pm in the School’s conference center, 2017 Cathedral of Learning. Lunch is provided, and registration is not required. Join us at these important lectures for Fall 2012:

Thursday, September 13
“Obama’s Campaigns and Presidency: No Post-Racial America”
Dr. Joe Feagin, Ella C. McFadden Professor of Liberal Arts, Dept. of Sociology, Texas A&M Univ.

Thursday, October 25
"Bodies Don’t Just Tell Stories, They Tell Histories: Embodiment of Historical Trauma and Micro-aggression Distress"
Dr. Karina Walters, Professor, School of Social Work, University of Washington

Wednesday, November 7
“The Successful Elimination of Racial/Ethnic Disparities in Children’s Health & Healthcare”
Glenn Flores, Director, Division of General Pediatrics-University of Texas

Tuesday December 11
“The Legacy of the Slave Ship”
Dr. Marcus Rediker, Distinguished Professor of Atlantic History-University of Pittsburgh

Keep informed on CRSP research and programs
www.crsp.pitt.edu or 412-624-7382

The Fall 2012 Series is generously underwritten by the Law Firm of Reed Smith
### NEW ONLINE REGISTRATION SYSTEM IN PLACE

The School of Social Work Continuing Education Program officially launched its new online Registration and Database. Early this year the CE Program began transferring all co-sponsored programs for the new licensing period, which began March 1, 2011, into the new ActiveNet online database system. We are now looking forward to providing a self-serve registration system that will also track your participation in programs sponsored or co-sponsored through the School. As with any new computer system, we expect a period of fine tuning small issues, tweaking the system, and managing the learning curve. We appreciate your patience and cooperation as we work to assure this new system is working for you...and us.

### NOW YOU CAN REGISTER ONLINE VISIT OUR NEW ONLINE REGISTRATION SYSTEM AND CREATE YOUR OWN ACCOUNT

Go To Continuing Education on our Social Work Webpage at www.socialwork.pitt.edu and click on the Online Registration Link

### FALL ALUMNI AWARDS CALL FOR NOMINATIONS

#### ANNUAL ALUMNI AWARDS LUNCHEON & FALL CONTINUING EDUCATION FORUM

Join alumni and friends of the School of Social Work for our second fall Alumni Awards Recognition Luncheon and Continuing Education Forum featuring timely and topical presentations from our School’s “Distinguished Alumni” in Social Work Education and Practice. Our Outstanding Alumni and Field Instructor awards will provide a local response to these national presentations. Come for the continuing education forum (2 hours of CE) and stay to recognize and celebrate our alumni awardees. It’s Homecoming!

**Faculty: Distinguished and Outstanding Alumni**
**Date:** Friday, October 12, 2012 (Homecoming Weekend)
**Time:** 10:00 am – 12:00 Noon & 12 Noon - 1:00 pm
**Place:** Pittsburgh Athletic Association - Pitt Campus
**Fee:** $25 (includes luncheon)
**CE:** 2 hours (LSW/LCSW)

*To Nominate an Alumnus Find the Information online at: http://www.socialwork.pitt.edu/alumni/distinguished-alumni.php*

### CELEBRATING “225 YEARS” AT THE UNIVERSITY OF PITTSBURGH

The University of Pittsburgh has been celebrating its 225th Anniversary this 2012 with a series of events and celebration. As the oldest University west of the Alleghenies, Pitt is proud of its history and traditions. This extended celebration began with the University’s Honor Convocation in February 2102 and will wrap-up with the Homecoming Week festivities the week of October 8-14 with special Homecoming events and anniversary celebration October 12-13, 2012. We hope our social work alumni and friends will help the University in celebrating this impressive milestone.

#### 225 Acts of Caring and Kindness

A special way the University of Pittsburgh is recognizing its 225th anniversary is a nearly year-long display of 225 Acts of Caring and Kindness, which celebrates the importance of the university’s service to Western PA. Over 225 service activities are being carried out by faculty, staff, students, and alumni at all campuses in the University of Pittsburgh system. This special celebration will culminate with Pitt’s annual United Way Day of Caring (October 19th) for faculty and staff and the Pitt Make a Difference Day (October 20th) for thousands of student volunteers.
There are three approved avenues for social work continuing education in Pennsylvania:

**Pre-Approved Providers:** Six pre-approved providers are noted in Pennsylvania’s enabling legislation for social work licensing, including the Council on Social Work Education - accredited schools of social work, NASW Chapters and their divisions.

**Provider Approval:** CE certificates from these programs must show the PA licensing board approval number.

**Individual Approval:** Any social worker may request an individual continuing education approval for attending an event on your own, e.g., national or state conference. However, you must submit an application (it can be faxed) at least 24 hours prior to attending the continuing education event. Forms can be requested from the state board or online (See URL above)

Current PA regulations for social work continuing education are available online, as are the regulations for licensed marriage and family therapist and professional counselors.

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**Online CE - Working with Military/Vets**

The School of Social Work is proud to partner with Army OneSource in a new online continuing education initiative to educate helping professionals in Western Pennsylvania and across the state to gain awareness and knowledge about “Treating the Invisible Wounds of War.”

This new online course is offering free to those working with active military, veterans, and their families, through Army OneSource. The School will provide CE Certification for a small fee ($10) to encourage social workers and other helping professionals to take this multi-course online program. You can earn continuing education hours as you learn to help our men and women in service. Army OneSource will verify your course completion for us. (See page 6)

[www.aheconnect.com/citizenssoldier](http://www.aheconnect.com/citizenssoldier)

**Registration Code:** AOSCESWPA01

**Info:** Stephanie Grimes, W. PA Community Support Coordinator (412) 315-9151

Stephanie.Grimes@serco-na.com

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**Center on Race & Social Problems at 10 Years**

Congratulations to the Center on Race and Social Problems for marking its 10th Anniversary. Established 10 years ago by then new Dean, Larry E. Davis, PhD, CRSP, as it is often called, has become a regional and national beacon for dialogue and scholarship about race and its impact on a myriad of social problems in America. With leadership from Dean Davis and Associate Director, Dr. Ralph Bangs, CRSP has established a highly popular lecture series to engage the regional community and cutting-edge summer institutes to develop the next generation of scholars studying in the field of racial disparities. Among its signature impacts during this first ten years were the 2010 Race in America National Conference at the University of Pittsburgh and the establishment of the Journal on Race and Social Problems. From the inaugural CRSP lecture featuring Civil Rights Leader and former UN Ambassador and Congressman, Julian Bond to its 10th anniversary celebration lecture by NAACP President, Benjamin Jealous, CRSP has made the School a very timely and topical place in America.
CONTINUING EDUCATION

INTERNET-BASED PROGRAMS

TREATING THE INVISIBLE WOUNDS OF WAR - A 2-PART ONLINE COURSE

You can help. As a first responder, medical, or behavioral health professional in the community, you may now or soon be caring for a Veteran or their Family Member. By participating in the "Treating the Invisible Wounds of War (IWW)" on-line training series, you can develop a better understanding of the culture in which veterans and their families live, and learn how to properly identify, assess and treat the unique behavioral health issues that result from the trauma of war. The "Treating the Invisible Wounds of War" series is available free of charge ($10 fee for CE Certification) through a national partnership with Army OneSource, North Carolina Area Health Education Center (AHEC), and the Citizen Soldier Support Program (CSSP). The on-line courses cover:

- Post-traumatic Stress Disorder
- Traumatic Brain Injury
- Issues of Women Returning from Combat
- A Primary Care Approach

This online course is free to helping professionals working with military, vets and their families. “Treating the Invisible Wounds of War” is a 7 hour course taught in two parts:

Part 1 - Post Traumatic Stress Disorder and Traumatic Brain Injury  CE: 4 hours
Part 2 - Issues of Women Returning from Combat  CE: 3 hours

And Several New Course Modules have been added

You have the power to help. Please complete the Invisible Wounds of War course and provide the specialized care our Soldiers and their Family Members need and deserve. [http://www.aheconnect.com/citizensoldier/](http://www.aheconnect.com/citizensoldier/)

Help soldiers and their families live the lives they deserve.

CE: 7 hrs in two parts (4 hrs & 3 hrs)
Fee: Courses Free/CE Certificate - $10
To register use the following link
[www.aheconnect.com/citizensoldier](http://www.aheconnect.com/citizensoldier)
Registration Code: AOSCESWPA01
Info or Problems:  Stephanie Grimes, W. PA Community Support Coordinator (412) 315-9151
Stephanie.Grimes@serco-na.com

LSW/LCSW EXAM PREPARATION
Sponsored by NASW-PA

Becoming a Licensed Social Worker or Licensed Clinical Social Worker in Pennsylvania requires a computerized examination at the intermediate level as conducted by the Association of Social Work Boards (ASWB). This workshop will review the critical areas and issues of social work practice and clinical practice included in this examination. You will receive the ASWB’s Applicant Handbook with helpful test registration information, as well as a PA-NASW License Prep Manual (from NASW) that will be reviewed during the workshop. In this Exam Preparation Workshop you will:

- Review suggestions for study and readings, including review of the Manual.
- Review the Social Work Code of Ethics as essential to the exams
- Learn helpful test-taking and exam preparation hints, as well as the ASWB procedures.
- Complete and review a practice exam

Faculty: Virginia “Ginny” Vayda, LCSW, ACSW
Dates: Saturday, April 14 2012
Time: 9:00 AM – 4:30 PM
Place: 2017 Cathedral of Learning
Fee*: See NASW-PA website [www.nasw-pa.org](http://www.nasw-pa.org)
CE: None

Please Contact NASW-PA
1-800-272-6279
or online at: [www.nasw-pa.org](http://www.nasw-pa.org)
To Register for Exam Prep Workshops at the University of Pittsburgh

Online Course on Hiatus
The Introduction to Intergenerational Programs Course will continue in 2013
Look for Updates this Fall
COMMUNITY BUILDING & SOCIAL ADMINISTRATION

ADVOCACY AND LOBBYING FOR NONPROFIT ORGANIZATIONS

This three-part series will prepare you for how your nonprofit organizations can engage in effective public policy advocacy and lobbying on behalf of your mission and the people it serves. It will also support you in better engaging your board and constituencies in those advocacy and lobbying efforts. Nonprofit executives, key staff, and board members are invited to attend individual sessions or the entire series. Sessions will address two or more skill areas of advocacy and lobbying, and two sessions will have companion lunch forums as noted below.

Session Outline

SESSION 1 – FRAMING ADVOCACY, LEGAL CONSIDERATIONS, AND VOTER ENGAGEMENT
SEPTEMBER 7, 2012  8:30am -12:00noon
- Framing the importance of advocacy and lobbying for nonprofits – what’s at stake
- Legal aspects of lobbying
- The rules of advocacy and lobbying
- National Voter Registration Act
- Voter registration
- Voter engagement – Special Guest: Erin Casey, State Director-Pennsylvania Voice
- The impact of engagement campaigns and tracking Examples in action at 11am: Disability Voter Engagement: Paul O’Hanlon, Staff Attorney-Disability Rights Network of Pennsylvania; Lucy Spruill, Director of Public Policy and Community Relations-UCP CLASS; Al Condeluci, CEO-UCP CLASS

SESSION 2 – TRACKING LEGISLATION AND LEGISLATOR ACTIONS AND WORKING WITH COALITIONS
SEPTEMBER 14, 2012  8:30am-1:00pm (lunch)
- The need for homework – fact finding
- Understanding where to find the facts and how to track the changes
- Developing connections to state and national groups
- Determining why to formally join coalitions for advocacy and lobbying information

SESSION 3 – CREATING AN ADVOCACY PLAN FOR YOUR AGENCY AND EXECUTING IT WELL
SEPTEMBER 21, 2012  8:30am -1:00pm (lunch)
- 10 common elements of a successful advocacy campaign
- Developing an advocacy and lobbying plan
- Establishing the team – the role of staff, board & volunteers
- Outlining the planning process
- Establishing criteria and identifying the issues
- Choosing strategies and tactics
- Implementing the plan
- Lobbying strategies for the agency and the role of staff, Board, and volunteers
*Luncheon panel at noon: Area legislators will discuss their interactions with agency representatives and advocacy coalitions and the input that matters to their decision-making process.

Faculty: David Coplan, MSW/MPA
Dates: Fridays September 7, 14, & 21, 2012
Time: 8:30 AM – 12:00 Noon (some luncheons*)
Place: 2017 Cathedral of Learning
Fee: $50 per session or $125 series
GPNP Members - $25 per session & $75 series
CE: 4 hours per session up to 12 hours for series
**GENERAL SOCIAL WORK**

**MINDFULNESS & SOCIAL WORK**

Mindfulness is a joyful practice. Although research has firmly established several practical benefits of mindfulness, including stress reduction, it is not simply a technique, something we “do” to ourselves or others. Instead, we commit to simply “be with” our experience in a non-judgmental way and remain open to an expanded awareness of ourselves, others, the systems in which we participate or the world at large. Over time, mindfulness can lead us to new insights and more options for action in the face of complex challenges. Though mindfulness is used by Social Workers in a variety of contexts to support clinical outcomes, it is best viewed as a process to cultivate awareness and joy in the here and now. Approached in this way, it can have a powerfully positive effect on professionals and their clients – individuals, families, groups, organizations or communities.

In this two-day workshop, participants will learn how to practice and apply a number of tools to support mindfulness, review relevant research and have ample time for collegial dialogue on mindfulness and its relevance to Social Work practice. Participants will gain increased knowledge, skill and understanding of the practice of Mindfulness and its application to a range of personal and professional settings. Specifically, you will:
- Directly experience four foundations of mindfulness,
- Increase your understanding of the potential benefits of mindfulness in daily life,
- Engage in looking and listening deeply to allow for new insights on familiar issues or challenges,
- Learn specific mindful exercises and their relevance to professional work,
- Review the latest scientific data related to mindfulness and well being.

**Faculty:** Denys Candy, MSW and Colleague

**Dates:** January 11-12, 2013  
**Time:** 9:00 AM - 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee:** $195 ($115 for January 11 only)  
**CE:** to 12 hours (LSW/LCSW, LPC, LMFT, Psych)

**CHILDREN & YOUTH**

**ADOLESCENT SUICIDE PREVENTION AND INTERVENTION**

Adolescent and youth care workers must appreciate the prevalence of depression and emotional issues affecting the youth in their charge, as well as the potential for suicide among this vulnerable population. This workshop will help you to:
- Better understand the nature and incidence of depression and suicide among adolescents
- Recognize and address your own issues around suicide in adolescent care settings
- Assess suicide risk, address crisis intervention, and help with coping in the wake of suicide.
- Address agencies’ policies and procedures, as well as reporting and documenting potential for suicide and in response to a suicide.
- Develop a personal plan of action for working more effectively in these critical areas.

**Faculty:** Sr. Madeleine Rybicki, CSFN, MS

**Dates:** November 16, 2012  
**Time:** 9:00 AM - 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee:** $115  
**CE:** 6 hours (LSW/LCSW, LPC, LMFT, Psych)

**SSW ALUMNI AND STUDENTS**

**Join Us for the**

**Alumni Awards Luncheon & Continuing Education Forum**

**Date:** Friday, October 12, 2012  
**CE Forum:** 10:00 am – 12:00 pm  
**Awards Luncheon:** 12:00 – 1:00 pm  
**at the**

**Pittsburgh Athletic Association**  
**University of Pittsburgh**  
**CE:** 2 hours (LSW/LCSW)  
**Fee:** $25 (includes lunch)  
**It’s Homecoming Weekend**
# CE Programs & Events
(Clinical Programs Co-Sponsored by Western Psychiatric Institute and Clinic)

## Clinical Practice

The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs. Each of the noted programs is being offered for the designated number of continuing education credits.

### In Collaboration with Community Care Behavioral Health Organization

#### Hearing Voices

"Hearing Voices" is a groundbreaking training developed by Pat Deegan, Ph.D., that helps mental health professionals understand the challenges that face people with psychiatric disabilities. During the three-hour training participants listen to distressing voices through headphones while completing a series of tasks such as taking a mental status exam in a mock psychiatric emergency room. Afterwards, during the debriefing, even veteran mental health practitioners say that they have gleaned new insights into the strength and resilience of those of us with psychiatric disabilities.

Through this half-day workshop you will learn:
- The types and varieties of voice hearing experiences.
- To increase empathy and understanding of the experience of hearing distressing voices.
- Effective ways of helping people who hear distressing voices.

**Faculty:** Paul Wittman, MSW, LSW, MPA  
**Date:** October 5, 2012  
**Time:** 9:00 AM – 12:00 Noon  
**Place:** 2017 Cathedral of Learning  
**Fee:** $65  
**CE:** 3 hours (L/CSW, LPC, LMFT, Psych)

### Understanding and Treating Eating Disorders

This training aims to heighten awareness of both the nature and prevalence of eating disorders (ED), as well as increase awareness of clinician’s knowledge of eating disorders and the therapeutic skills to assess individuals with ED. You will learn basic clinical techniques in working with individuals with ED and gain resources for sharing with clients. In this training participant will learn:
- About disordered eating, including facts, research and recognition.
- What is an eating disorder using a continuum to identify particular behaviors, thoughts and emotions.
- To implement a formal assessment.
- Various therapeutic stances to take in working with individuals with ED.

**Faculty:** Gina M. Fitzmartin, M.Ed. CAC, LPC  
**Date:** October 19, 2012  
**Time:** 9:00 AM – 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee:** $115  
**CE:** 6 hours (L/CSW, LPC, LMFT, Psych)

### Working with Traumatized Clients

This continuing education training is for beginning and advanced clinicians in agency and private settings who come into contact with clients with both recent and long-term trauma histories. We will explore the impact of traumatic experiences on the client, the varied presentations of traumatized clients in a clinical setting, and ways to work safely to achieve more favorable outcomes. The day will combine lecture, experiential exercises, discussion of case examples from participants' and the trainer's practice, as
as small and full group discussion to cover the following learning objectives:

- Post Traumatic Stress Disorder (PTSD) and Complex PTSD
- Coping skills and adaptations to trauma for trauma survivors
- Therapeutic boundaries in working with trauma survivors
- Developing a "safe container" for working with trauma survivors
- Clinical skills in working with trauma survivors—managing disclosures, taking a trauma history, when (and when not!) to work with traumatic material/memories

Faculty: Christie L. Hudson, MPA, MSW, LCSW
Date: October 26, 2012
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hours (L/CSW, LPC, LMFT, Psych)

THE PERENNIAL TASK: HELPING CLIENTS BREAK THROUGH FEAR TO INNER COURAGE

Every forward-moving person, particularly marginalized populations social workers serve, struggle with the challenges of neutralizing fear and it’s far-reaching effects while, at the same time, drawing from an inner courage to achieve positive goals. Pragmatic helping professionals are well advised to recognize that internal work is not a philosophical question, but a real, essential, and critical component of the work their clients face. Being a clear-minded, effective advocate-supporter requires a familiarity with the origin and framework of fear common to us all and client-specific. Equally important is helping clients find, trust and work the durability of courage within. This workshop provides an examination of the questions, challenges, and inevitabilities that fear arouses, and is devoted to discovering practical approaches - beyond just CBT - toward promoting and building the kind of courage-based orientation and behavior clients need to constructively focus their lives. Through this workshop you will be able to:

- Identify 5 destructive patterns of behavior the dynamics of unexamined fear propagate.
- Describe the origin of fear in human developmental psychology and the two-stage intra-psychic means by which fear is commonly though unwittingly supported
- Name the fundamental core message fear embodies and communicates (hint: it is not survival).
- Identify the major contributions and limitations of the CBT, Psychodynamic, and Narrative Therapy models in conceptualizing and managing fear responses in clients.
- Describe 5 essential aspects of a courage-based model of conceptualizing and neutralizing fear-oriented behaviors.
- Describe immediate areas of applicability a courage-based model in social work practice may yield for specific populations served by workshop participants.

Faculty: Kevin Henry, MEd., MSW, LSW
Date: November 2, 2012
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $115
CE: 6 hours (L/CSW, LPC, LMFT, Psych)
SOCIAL WORK ETHICS UPDATE

Licensed Social Workers and Licensed Clinical Social Workers in Pennsylvania are required to complete at least three hours of continuing education on ethics content each license renewal period as part of their 30 hours of continuing education. This workshop is our final opportunity this licensing period to address this requirement. In this workshop you will:

- Using the Social Work Code of Ethics as a guideline, you will review common ethical principles that impact everyday practice
- Learn ethical decision-making frameworks and tools that you can apply in your practice
- Work on cases to help strengthen your understanding of issues, guidelines and tools for effective and ethical social work practice.

Faculty: Virginia “Ginny” Vayda, LCSW, ACSW
Dates: Saturday, January 26, 2013
Time: 9:00 AM – 12:00 Noon
Place: 2017 Cathedral of Learning
Fee: $65
CE: 3 hours (L/LCSW, LPC, LMFT) for Ethics

TAPAS ACUPRESSURE TECHNIQUE ®
THE BASICS: TWO-DAY INSTITUTE

Tapas Acupressure Technique TAT was developed in 1993 by Tapas Fleming, a Licensed Acupuncturist in California. Over the years, Tapas Acupressure Technique® (TAT) has been used thousands of times by therapists and individuals around the world to achieve their goals of better health and greater happiness.

Tapas Acupressure Technique® (TAT) is an easy process for healing trauma, reducing allergic reactions and freeing oneself of negative beliefs. TAT is a proven simple and effective technique that delivers inner peace, relaxation, more vibrant health and empowerment in minutes. Through this workshop you will learn:

- Basics of Energy Psychology; human energy systems
- How Tapas Acupressure Technique® was Created and developed
- What Tapas Acupressure Technique® is
- How to use TAT to heal traumas, anxiety disorders, panic disorder and social phobia.
- How to release stress, frustration, feeling overwhelmed, depression and other clinical uses
- Applications for helping children and animals
- How to use TAT in groups

Faculty: Joan Kaylor, MEd, LPC, NCC
Date: February 22-23, 2013
Time: 9:00 AM – 4:00 PM
Place: 2017 Cathedral of Learning
Fee: $225
CE: 12 hours (L/LCSW, LPC, LMFT, Psych)
Note: The workshop text can be downloaded for free by going to www.TATLife.com.
Learn about becoming a certified TAT professional or trainer at: www.JoanKaylor.com/shopping

BECOME A CE PRESENTER

The School of Social Work Continuing Education Program is always looking for exciting new continuing education programs and presenters. If you would like to present your workshop in the School’s CE Program, email program description and bio to Tracy Soska at: tsssw@pitt.edu
Christie L. Hudson, MPA, MSW, LCSW, is in private practice in Mt. Lebanon, PA and currently works as the Managing Director for the Center for Health and Care Work at the University of Pittsburgh. An MSW alumna of the University of Pittsburgh she first worked in trauma as a full-time therapist for Pittsburgh Action Against Rape (PAAR), working exclusively with adult survivors of recent and/or childhood sexual trauma. Christie is fully trained in Eye Movement Desensitization and Reprocessing (EMDR) and developed and ran a program to provide EMDR treatment services to adult clients across PAAR, as well as to clients in private practice.

Joan Kaylor, MSEd, LPC, NCC, is a private practice therapist with individuals, couples and families, and specializes in treating depression, trauma recovery, anxiety and Trichotillomania/OCD. She is trained and practices in cognitive therapy, energy psychology and acupressure techniques (Tapas Acupressure®). Joan has also served as president of the Pennsylvania Counseling Association. Learn about Joan and her work: www.joankaylor.com

Sr. Madeleine Rybicki, CSFN, MS, is a training consultant with Holy Family Institute who presented regionally, nationally, and internationally on children and youth care. She has also been an adjunct faculty member for the School of Social Work and the University’s Child Development and Child Care Program of which she is an alumna and a recent School of Education distinguished alumna. Sr. Madeleine has served as coordinator of the Education and Training Committee of the National Organization of Child Care Workers and as president of the Academy of Child & Youth Care Professionals.

Ginny Vayda, LCSW ACSW, CMC, is Victim Advocate Supervisor for MHN Government Services-HealthNet, Inc., working with clinical services to active military members and their families. She is also an adjunct faculty member at several schools of social work. She has more than twenty years experience in medical social work, including: designing and implementing social work case management programs in acute, community, home health, outpatient and primary care settings.

Paul Wittman, MSW, LSW, MPA, is Manager of Training and Educational Events for the Community Care Behavioral Health Organization where he is responsible for the design, implementation and administration of training and educational events for the Community Care network of providers and staff. He has worked in the behavioral health field concentrating on addictions, and the forensic populations. Paul is currently a Pennsylvania licensed Social Worker, and serves on the board of directors for Turtle Creek Valley MH/MR, Inc.
**CERTIFICATIONS**

**SOCIAL WORK AND OTHER CONTINUING EDUCATION CERTIFICATION**

**LSW/LCSW:** As a Council on Social Work Education accredited school of social work the School is a **Pennsylvania pre-approved provider** for social work continuing education. Programs also provide continuing education for **LPC and LMFT**.

**National Board of Certified Counselors (NBCC):** The University of Pittsburgh is an approved continuing education provider for counselors; please note your NBCC practitioner number when registering for programs.

**Certified Addiction Counseling (CAC):** The School maintains its status as an approved continuing education provider under the Pennsylvania Board on Addiction.

**Certified Employee Assistance Professional (CEAP):** Certification for professional development hours is provided under the auspices of the Employee Assistance Accrediting Commission of the Employee Assistance Professional Association.

**Psychologists (Psych):** The noted programs are co-sponsored by Western Psychiatric Institute and Clinic (WPIC) and the University of Pittsburgh School of Social Work. WPIC is approved by the American Psychological Association to offer continuing education for Psychologists. WPIC maintains responsibility for these programs and their content. Each program is being offered for the designated number of continuing education credits.

**NCGC:** Gambling Counseling programs are approved for continuing education by the National Council on Problem Gambling.

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**HANDICAPPED ACCESS:** We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please, notify us two weeks in advance of program.

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**GAMBLING COUNSELING**

The School of Social Work continues its professional development for problem gambling counselors in the Southwestern PA region. Join Jody Bechtold, LCSW, NCGC-2, for our training institutes at introductory and advanced levels. Introductory institutes prepare helping professionals to become certified as gambling counselors and advanced institutes help certified gambling counselors to retain their credential through appropriate continuing education. We are pleased to offer the following training institutes in Fall 2012 and Winter 2013:

**ADVANCED GAMBLING COUNSELING**<sup>*</sup>  
**SEPTEMBER 28**  
This Advanced Problem Gambling Counseling Course will review key treatment concepts and interventions and updates in the field of problem gambling treatment. It is targeted to those who are certified as gambling counselors and looking for NCGC continuing education hours or for those who have completed basic gambling counseling training and seeking professional development.

**INTRODUCTORY GAMBLING COUNSELING - NOVEMBER 9**  
This Introductory Problem Gambling Counseling Course will overview key treatment concepts and interventions and updates in the field of problem gambling treatment. It is targeted to those who are seeking to become gambling counselors or looking for professional development to develop competency in private or agency practice.

**ADVANCED GAMBLING COUNSELING**<sup>*</sup>  
**JANUARY 25**  
This Advanced Problem Gambling Counseling Course will address key treatment concepts and ethics, as well as emerging interventions and updates in the field of problem gambling treatment. It is targeted to those who are certified as gambling counselors and looking for NCGC continuing education hours or for those who have completed basic gambling counseling training and seeking professional development.

All Gambling Counseling Institute  
**Faculty:** Jody Bechtold, LCSW, NCGC-2  
**Dates:** See Above  
**Time:** 9:00 AM – 4:00 PM  
**Place:** 2017 Cathedral of Learning  
**Fee:** $115  
**CE:** 6 hours (L/CSW, LPC, LMFT, Psych, NCGC*)
For more information on continuing education, SSW network co-sponsorship, and other issues related to licensing and continuing education, please contact the School of Social Work Continuing Education Program office and staff:

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2025 Cathedral of Learning  
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**Darlene Norman-Davis, Administrative Assistant**  
2117 Cathedral of Learning  
412-624-6902 or drn8@pitt.edu  
Fax: 412-624-6323

**Mailing Address:**  
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University of Pittsburgh; Pittsburgh, PA 15260

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